

**Safe Schools/Healthy Students Initiative  
Washington Involving Neighborhoods  
California Healthy Kids Survey, Spring 2011  
Summary Report**

**June 2011**

**Conducted by:**

**Michael Butler  
Leah Rapalee  
Hoky Lin**

**Public Works, Inc.  
90 North Daisy Avenue  
Pasadena, CA 91107  
(626) 564-9890  
(626) 564-0657 fax**

## Table of Contents

**Part I – Introduction and Methodology.....1**

**Part II – Elementary (5<sup>th</sup> Grade) Student Results.....5**

Element 1: Safe School Environments and Violence Prevention  
Element 2: Alcohol, Tobacco, and Other Drug Prevention  
Element 3: Student Behavioral, Social, and Emotional Supports  
(Bullying/Harassment)  
Summary of 5<sup>th</sup> Grade Results: Encouraging Results and Areas for Focus

**Part III – Middle (7<sup>th</sup> Grade) Student Results.....11**

Element 1: Safe School Environments and Violence Prevention  
Element 2: Alcohol, Tobacco, and Other Drug Prevention  
Element 3: Student Behavioral, Social, and Emotional Supports  
(Bullying/Harassment)  
Element 4: Mental Health Services  
Summary of 7<sup>th</sup> Grade Results: Encouraging Results and Areas for Focus

**Part IV – High (9<sup>th</sup>, 11<sup>th</sup>, Continuation) Student Results.....21**

Element 1: Safe School Environments and Violence Prevention  
Element 2: Alcohol, Tobacco, and Other Drug Prevention  
Element 3: Student Behavioral, Social, and Emotional Supports  
(Bullying/Harassment)  
Element 4: Mental Health Services  
Summary of High School Results: Encouraging Results and Areas for Focus

**Part V – Appendices**

Appendix A: CHKS Response Rates by School, Spring 2011  
Appendix B: Grade-level Comparisons on Selected Indicators  
Appendix C: Elementary (5<sup>th</sup> Grade) CHKS Frequencies  
Appendix D: Middle (7<sup>th</sup> Grade) CHKS Frequencies  
Appendix E: 9<sup>th</sup> Grade CHKS Frequencies  
Appendix F: 11<sup>th</sup> Grade CHKS Frequencies  
Appendix G: Continuation High CHKS Frequencies

## PART I: Introduction and Methodology

### Overview of the Safe Schools/Healthy Students Initiative

The Safe Schools/Healthy Students (SS/HS) Initiative is a grant program collaboratively created and funded by the U.S. Departments of Education, Health and Human Services, and Justice that aims to improve school safety and student health through school-based community partnerships. Since the initiative's creation in 1999, almost 300 school districts nationwide have received grant funding through the program. All SS/HS initiatives must address the following five elements:

1. Safe School Environments and Violence Prevention Activities
2. Alcohol, Tobacco, and Other Drug Prevention Activities
3. Student Behavioral, Social, and Emotional Supports
4. Mental Health Services
5. Early Childhood Social and Emotional Learning Programs

In 2008, the Washington Involving Neighborhoods (WIN) SS/HS Initiative at the Washington Preparatory Senior High School Complex in the Los Angeles Unified School District (LAUSD) was one of 60 sites to receive funding nationwide. The WIN Initiative is a comprehensive model to foster safe and respectful school climates through sustainable school-family-community partnerships and the use of research-based prevention and early intervention programs, policies, and procedures. Facilitated by Local District 8 of LAUSD, the WIN Initiative involves a total of 17 schools in 2010 (down from 20 at the beginning of grant funding):

- LAUSD Secondary: Washington Prep Senior High, Duke Ellington Continuation High, Henry Clay Middle, Bret Harte Preparatory Middle
- LAUSD Elementary: 95<sup>th</sup> Street, 135<sup>th</sup> Street, Avalon Gardens, Century Park, Cimarron Avenue, La Salle Avenue, Manchester Avenue (Local District 7), Manhattan Place, Purche Avenue, West Athens, Woodcrest
- Private: Woodcrest Nazarene Christian School (K-6), St. Michael's Catholic School (K-8)

County-, school-, and community-based service providers and law enforcement agencies are vital partners in the WIN Initiative and include: the Los Angeles County Departments of Children and Family Services, Mental Health, Probation, and Public Health as well as the Educational Coordinating Council, the L.A. County Commission on Human Relations, the L.A. County Sheriff's Department, the L.A. School Police Department, LAUSD School Mental Health, Cedars Sinai Psychological Trauma Center, Centinela Youth Services, Catholic Big Brothers Big Sisters, and the Nurse Family Partnership Program.

Representatives from many of the organizations listed above meet monthly with the WIN Project Director, support staff, and representatives from the local evaluation firm, Public Works, Inc., as the initiative's Core Management Team (CMT). The CMT is responsible for providing leadership, guidance, troubleshooting and problem-solving as well as supporting the Project Director in managing tasks from start-up through implementation and sustainability.

Another key component of the WIN Initiative is the Wellness Facilitator position. Eight Wellness Facilitators (WF) work on-site at the 20 participating schools to help improve the coordination and delivery of services related to the five elements of the grant. Their responsibilities include, but are not limited to:

- Facilitating each school's Coordination of Services Team
- Coordinating outreach to the community on topics relating to mental health and other elements of the grant
- Providing students and families with referrals and linkages to school programs and county and community services
- Working with school staff to implement research-based prevention and early intervention programs.

Additionally, beginning in 2010-11, a Wellness Coordinator maintains the Wellness Center at Washington Prep, a hub for all grant initiative activity.

In addition to the Wellness Facilitators, the WIN Initiative partners with the L.A. County Department of Mental Health to provide a Mental Health Navigator for the 20 participating schools. The Mental Health Navigator helps increase student and family access to mental health services by:

- Supporting the referral process
- Providing education on mental health symptoms and treatment options to WIN and school staff
- Linking eligible students and families to appropriate mental health services and other resources
- Tracking the referral and treatment processes to ensure that students and families are receiving the services that they need.

The Navigator meets with the Wellness Facilitators, Project Director, local evaluator, and service providers to discuss the implementation of WIN Initiative activities, share success stories, and troubleshoot as necessary.

## **Public Works, Inc. Evaluation**

As required by the U.S. Department of Education, districts receiving Safe Schools/Healthy Students grants are required to hire a third-party local evaluator to help grantees comply with federal reporting requirements and provide additional data to aid project implementation. Thus, in order to fulfill this requirement, Local District 8 of LAUSD contracted with Public *Works*, Inc. (PW), a 501c(3) corporation headquartered in Pasadena with a wide range of experience conducting evaluations in education and social service with LAUSD and related partners, including Washington Preparatory High School.

The evaluation conducted by Public *Works*, Inc. encompasses two primary analytic approaches: qualitative and quantitative in order to assess both improvements in school and student outcomes and progress with regard to program implementation. The research questions that form the basis for the evaluation focus on the extent to which the WIN Initiative has enhanced both the safety of the twenty grantee schools and their surrounding

communities and improved the health of students at those schools. More specifically, the evaluation assesses the extent to which the initiative has:

- Decreased violence on school campuses and in the surrounding communities and increased student perception of safety (Element 1)
- Reduced use of alcohol, tobacco, and other drugs among youth (Element 2)
- Improved the behavioral, social and emotional functioning of students in schools and reduced bias-related harassment (Element 3)
- Improved access to mental health services for students, families, and community members (Element 4)
- Improved the physical, social, and emotional health of pregnant teens and their unborn children (Element 5)

In addition, the evaluation examines the extent to which the WIN Initiative has facilitated and improved the coordination and delivery of services through sustainable partnerships among the schools, the community partners, the project team, and the Wellness Facilitators.

### **California Healthy Kids Survey Methodology**

The California Healthy Kids Survey (CHKS) is a comprehensive student survey developed by the non-profit research, development, and service agency WestEd that measures a wide variety of factors in youth risk behavior and resilience. In order to collect data on indicators required for Safe Schools/Healthy Students grant reporting as well as to provide data related to the five elements of the grant to local stakeholders, PW worked with WestEd and WIN CMT members to create customized versions of the CHKS for each grade level. With the help of school staff and Wellness Facilitators, PW administered the CHKS in March-April 2011 to students in grades 5, 7, 9, and 11 at 16 of the 17 schools participating in the WIN Initiative. Woodcrest Nazarene Christian School was excluded from the survey due to negligible enrollment at the targeted grade levels, and all students at Duke Ellington Continuation High School were eligible to participate in the survey, regardless of grade level.

A total of 2,822 students were enrolled at the 16 schools in the targeted grade levels in 2010-11. Students in the 5<sup>th</sup> and 7<sup>th</sup> grades were asked to return an *active* consent form signed by a parent or guardian allowing their participation in the CHKS. Local District 8 mailed a *passive* consent form to parents of all 9<sup>th</sup> and 11<sup>th</sup> grade students at Washington Prep and all students at Duke Ellington, giving parents the option to refuse consent. Students whose parents did not return a form would participate in the survey if they chose to do so.

Overall, 65% of students at the targeted grade levels participated in the survey in Spring 2011. Only a handful of students in 9<sup>th</sup> and 11<sup>th</sup> grade denied consent and 75% of 9<sup>th</sup> and 11<sup>th</sup> graders participated in the survey. In addition, 65% of Duke Ellington students participated in the survey. More than half (51%) of 7<sup>th</sup> graders gave consent and 47% took the survey. Most (71%) of 5<sup>th</sup> graders gave consent and 68% took the survey. Please see **Appendix A** for a chart detailing response rates by school.

Overall 2010-11 response rates remained stable from 2009-10. There were changes, however, by grade span. Elementary response rates increased from 64% in 2009-10 to 68% in 2010-11, middle school response rates decreased from 57% to 47%, and high school response rates increased from 71% to 74%.

To examine survey responses in more depth, PW ran cross-tabulations of survey responses for the following subgroups of students:

- Gender (male responses compared to female responses) (grades 5, 7, 9, and 11)
- Fighters (students who had been in a physical fight in the past 12 months compared to those not involved in fights) (5<sup>th</sup> grade only)
- Safe at School (students reporting that they felt safe at school “all” or “most of the time” compared to those who reported “sometimes” or “not at all”) (5<sup>th</sup> grade only)
- Race/Ethnicity (Hispanic/Latino students compared to African-American students)<sup>1</sup> (grades 7, 9, and 11 only)

Survey responses for these dichotomous subgroups were analyzed using a t-test for significance at the 0.05 level. In other words, we examined the survey data to determine if there was a non-random, statistically significant difference in the categories listed above.

Throughout the report, 2011 results are compared with data from prior survey administrations in 2010 and 2009. See Table 1 below for the number of students surveyed at each grade level in each year of survey administration.

**Table 1: Number of students participating in CHKS, 2009-2011**

Grade level	Spring 2009	Spring 2010	Spring 2011
5 <sup>th</sup>	388	752	763
7 <sup>th</sup>	245	452	348
9 <sup>th</sup>	107	298	290
11 <sup>th</sup>	113	271	348
Continuation high	37	51	70

## Report Organization

The report below summarizes the CHKS results at each grade level. Data from the survey was grouped to correspond with the “elements” or categories of the WIN grant as described above. Only secondary students responded to survey items related to Element 4 (Mental Health Services), and the CHKS did not include questions related to Element 5 (Early Childhood/Teen Pregnancy and Parenting).

Multi-year cross-grade level comparisons on selected survey items have been included as **Appendix B** of this report, and complete survey frequencies by grade level have been included as **Appendices C-G** of this report.

---

<sup>1</sup> Excludes any student who selected a race/ethnicity other than African-American or Hispanic/Latino or who selected both African-American and Hispanic/Latino.

## Part II: Elementary (5<sup>th</sup> Grade) Student Results (n = 762)

Of the 762 fifth grade respondents, 50% were female, 57% reported having moved one or more times during the past year, 59% said that they primarily speak English at home, 35% primarily Spanish, and 6% another language (or equally English and Spanish). Please refer to Appendix C for complete survey frequencies for 5<sup>th</sup> grade.

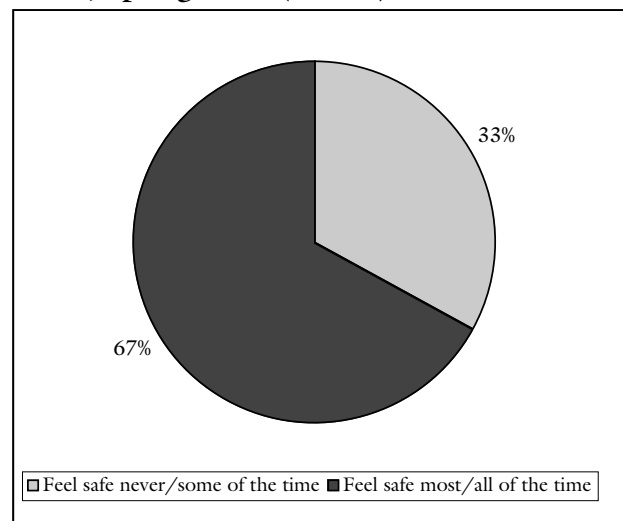
### Element 1: Safe School Environments and Violence Prevention Activities

More 5<sup>th</sup> graders in Spring 2011 reported feeling safe at school than did in Spring 2010, and most other relevant survey items indicate slightly increased safety and decreased violence, however there was no large change across survey items.

#### Perceptions of Safety

More 5<sup>th</sup> graders in Spring 2011 said that they feel safe (67%), than did in Spring 2010 (58%), which brings this indicator back up to Spring 2009 levels (66%). As in both prior years, about one in every five students reported not going to school during the past month because they felt unsafe at school or in transit to school (18% in Spring 2011). Consistently with Spring 2010, there were no significant differences between male and female students. Similarly and consistently, students who had been in a fight were less likely than non-fighters to feel safe at school and were more likely to report having skipped school because they felt unsafe.

Figure 1: Percent of 5<sup>th</sup> graders who feel safe at school, Spring 2011 (n=763)



#### Physical Violence

Forty-one percent of 5<sup>th</sup> graders in Spring 2011 said that they had been in a physical fight at school in the past year, which is comparable to Spring 2010 (42%). About half of students reported being hit or pushed by other kids at school (53%, down from 61% in 2010), with 20% reporting being frequently hit or pushed (down from 28%). In addition, 56% of students admitted to having hit or pushed someone else one or more times, with 20% reporting having done so three or more times, which indicates that approximately the same percentage of students are initiating fights with peers as in previous years, however *persistent* initiation of violence with peers is down from 28% in 2009 and 27% in 2010.

As in Spring 2010, male students were more likely to say they had been in a physical fight (52% vs. 30% female) and that they had hit or pushed other kids at school (64% vs. 48% female), but interestingly, there was no difference between males and females reporting being frequently hit or pushed by other students (compared to a 10% difference in 2010).

Unsurprisingly, students who feel safe at school were less likely to report being involved with violence at school than were students who do not feel safe.

### Weapons Possession

Two percent of 5<sup>th</sup> graders said that they had brought a weapon to school in the past year, which is comparable to previous years. Over one-quarter of 5<sup>th</sup> graders reported that they had seen someone else with a gun or knife at school in the past year (28%), which is a decrease from 2010 but still not down to 2009 levels (33% in 2010 and 23% in 2009).

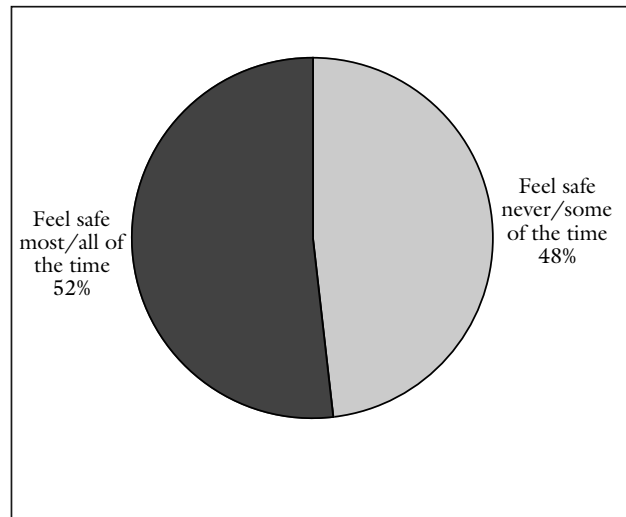
Male students were 10% more likely than females to say they had seen another student with a weapon at school, which is consistent with 2010. Unsurprisingly, students who don't feel safe at school were a bit more likely than students who do feel safe to bring a weapon to school and far more likely to have seen someone else at school with a weapon. A similar trend exists between fighters and non-fighters.

### Safety Outside of School

Outside of school, only 52% of 5<sup>th</sup> graders reported feeling safe all or most of the time (compared to 48% in 2009 and 2010) (Figure 2). This is 17% lower than the percentage of students who feel safe *in* school. Only 6% indicated that they were at home without adult supervision most or all of the time, which is consistent with 2010. The vast majority (89%) said that they wear seatbelts all or most of the time (3% up from 2010). By contrast, only 25% of bike riders said that they wore a helmet when riding a bicycle all or most of the time, which is a 4% increase from 2010.

More male students said that they feel safe outside of school (57% compared to 47% of female). Students who feel safe in school were almost twice as likely as students who do not feel safe to also feel safe *outside* of school. Fighters and non-fighters were equally likely to feel safe outside of school.

Figure 2: Percent of 5<sup>th</sup> graders who feel safe outside school, Spring 2011 (n=763)



### Element 2: Alcohol, Tobacco, and Other Drug (ATOD) Prevention Activities

Alcohol, tobacco, and other drug (ATOD) use and perceptions about ATOD use among 5<sup>th</sup> graders both remained stable from Spring 2010 to Spring 2011, with the biggest change being a 5% drop in lifetime alcohol use and a corresponding increase in the percentage of students who perceive alcohol to be harmful to health.



### Lifetime and Current (30-day) Use of ATOD

Lifetime alcohol use dropped from 2010, with 14% of students in Spring 2011 reporting having had a sip or more of alcohol compared to 19% in 2010 (Table 2). Only 1% of students said they had drunk a full glass of alcohol. Very few students said that they had ever smoked cigarettes (3%), sniffed something to get high (3%), or used marijuana (1%). Similarly, almost no students said they had used ATOD before or during school (1%). Current (30-day) alcohol and cigarette use remained stable from 2009 and 2010, with 7% of students in Spring 2011 reporting having drunk a sip or a full glass of alcohol in the past month, and only 1% reporting having smoked part or all of a cigarette.

Table 2: Lifetime ATOD Use Among 5<sup>th</sup> Graders, 2009, 2010, and 2011

Substance	Percent of Students Who Report Lifetime Use (1+ times)			
	2009 (n=388)	2010 (n=752)	2011 (n=763)	Net
Alcohol (at least a sip)	21%	19%	14%	-7%
Sniffed something to get high	3%	5%	3%	0%
Cigarette (part or whole)	3%	4%	3%	0%
Alcohol (full glass)	3%	2%	1%	-2%
Marijuana	1%	2%	1%	0%

Male students were statistically significantly more likely to have smoked a cigarette or drunk alcohol but the differences were small in magnitude. Students who had been in a physical fight were more likely than non-fighters to have used ATOD. Students who do not feel safe at school were more likely than students who do feel safe to have smoked a cigarette, drunk alcohol, and smoked marijuana, and the gap in lifetime alcohol use between those two groups of students widened from a 6% difference in Spring 2010 to 13% in Spring 2011.

### Perceived Risk of ATOD Use

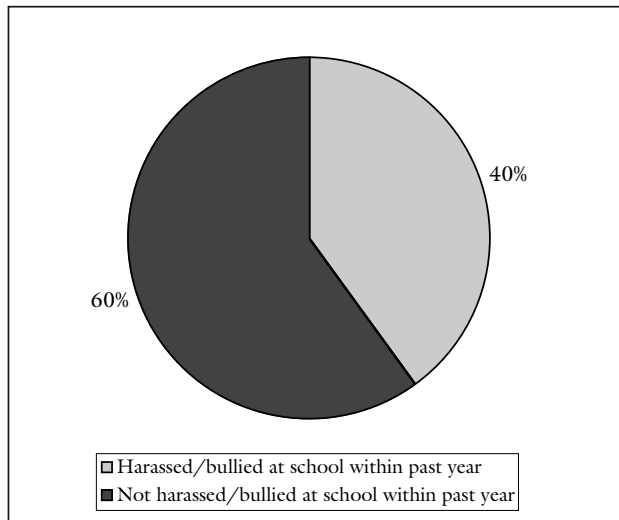
Perceptions about the dangers of ATOD use remained stable as well. When asked whether ATOD was “bad” for a person’s health, 5<sup>th</sup> graders were most likely to cite cigarettes as “very bad” (92%), followed by marijuana (79%), and alcohol (79%, up from 75%). Female students were slightly more likely to say that using ATOD is bad for a person’s health. Students who had been in a physical fight were less likely than non-fighters to perceive ATOD as posing health risks.

## Element 3: Student Behavioral, Social, and Emotional Supports (Harassment/Bullying)

### Bullying and Harassment

There was a decrease from Spring 2010 to Spring 2011 in the percentage of 5<sup>th</sup> graders who said that they had been harassed or bullied at school during the past year (down from 53% to 40%), which brings the percentage back to Spring 2009 levels (41%). The percentage of students who reported being frequently bullied or harassed decreased slightly

**Figure 3: Percent of 5<sup>th</sup> graders who have been bullied or harassed at school within past year, Spring 2011 (n=763)**



as well (down 4% to 12%). A little over half of students said that someone at school had spread mean rumors or lies about them (54%, down from 60%), with 22% saying that students frequently spread mean rumors or lies about them (down from 27%), and 11% saying they had been a victim of rumors or lies on the Internet (down from 14%). Three in ten students admitted to having spread mean rumors or lies about other students (down from 40%), and 8% acknowledged spreading mean rumors on a frequent basis (3 or more times in past year).

Continuing trends observed in Spring 2009, there were no significant statistical differences between male and female students in terms of

bullying/harassment. Students who reported feeling safe at school were much less likely than students who do not feel safe to report having been the victim or initiator of bullying/harassment. Similarly, and unsurprisingly, students who had been in a physical fight were more likely than non-fighters to be involved with bullying/harassment.

### External and Internal Assets/Youth Protective Factors and Resilience

The CHKS asks questions about three key *external* protective factors that help youth develop into successful, well-adjusted adults: 1) caring relationships; 2) high expectations; and 3) opportunities for meaningful participation.

Fifth graders in Spring 2011 scored as high or higher than 5<sup>th</sup> graders in 2009 and 2010 on all overall external assets (Table 3). More than two-thirds of 5<sup>th</sup> graders scored high in external assets (69%), 30% scored moderate, and only 1% scored low, with the most students scoring high in high expectations (87%), followed by caring relationships (82%). By contrast, only 36% of 5<sup>th</sup> graders scored high in opportunities for meaningful participation. In other words, most 5<sup>th</sup> graders think that adults at school and at home have high expectations of them and care about them, but most 5<sup>th</sup> graders lack opportunities for meaningful participation in either home or school. This section of the survey asks questions such as, “do you help make class rules or choose things to do at school?” and “do you do things to be helpful at school?”

The vast majority of 5<sup>th</sup> graders scored high in external assets in their home environment (90%), with fewer students scoring high in terms of peer environment (68%) and school environment (57%). Only a little over half of 5<sup>th</sup> graders scored high on the personal school connectedness scale (59%), which includes questions that assess student perceptions of safety, teacher fairness, and closeness with people at school and happiness at school. Although lower than other assets, personal connectedness along with high expectations from adults in the school environment showed the highest increases from 2010 to 2011 (7% each).

Table 3: High External and Internal Assets Among 5<sup>th</sup> Graders, 2009, 2010, 2011

	Percent of Students Scoring High in Assets		
	Spring 2009 (n=388)	Spring 2010 (n=752)	Spring 2011 (n=763)
<b>Total External Assets</b>	<b>61%</b>	<b>66%</b>	<b>69%</b>
Caring Relationships	68%	77%	82%
High Expectations	79%	85%	87%
Meaningful Participation	26%	36%	35%
<b>School Environment</b>	<b>46%</b>	<b>53%</b>	<b>57%</b>
Caring Relationships: Adults in School	49%	62%	69%
High Expectations: Adults in School	61%	76%	80%
Meaningful Participation	17%	34%	36%
<b>Home Environment</b>	<b>81%</b>	<b>90%</b>	<b>90%</b>
Caring Relationships: Adults in Home	78%	92%	92%
High Expectations: Adults in Home	93%	95%	97%
Meaningful Participation	32%	54%	50%
<b>Peer Environment</b>			
High Expectations: Pro-social peers	<b>40%</b>	<b>65%</b>	<b>68%</b>
<b>Personal School Connectedness (not included in Total)</b>	<b>53%</b>	<b>52%</b>	<b>59%</b>
<b>Total Internal Assets</b>	<b>63%</b>	<b>59%</b>	<b>60%</b>
Empathy	42%	55%	58%
Problem Solving	37%	53%	55%
Goals and Aspirations	84%	95%	95%

Finally, the survey also asks questions about three key *internal* assets or resilience factors: empathy, problem solving ability, and personal goals and aspirations. Sixty percent of 5<sup>th</sup> graders scored high in internal assets (compared to 59% in 2010), with almost all students scoring high in goals and aspirations (95%), but only half scoring high in problem solving (55%) and empathy (58%).

Consistently with 2010 trends, female 5<sup>th</sup> graders were more likely than male students to have high internal assets and high external assets in all environments: by 14% on total external assets and by 16% on total internal assets. Students who had been in a physical fight were less likely than non-fighters to have high external and internal assets, with the exception of external assets in the home environment (equal). Similarly, students who feel safe at school were more likely than students who do not feel safe to have high external and internal assets.

## Summary of 5<sup>th</sup> Grade Results

### Encouraging Results:

- More 5<sup>th</sup> graders in 2011 feel safe at school than did in 2010.
- Fewer 5<sup>th</sup> graders reported frequently initiating physical violence with their peers.
- Fewer 5<sup>th</sup> graders reported having seen someone else with a weapon at school.
- Most 5<sup>th</sup> graders continue to think that cigarettes, marijuana, and alcohol are very bad for a person's health, and there was an increase in percentage of students who think that alcohol is bad for a person's health and a corresponding decrease in lifetime alcohol usage.
- Substantially fewer 5<sup>th</sup> graders reported having been bullied or harassed at school and there was a decrease in the spreading of mean rumors and lies as well.
- More 5<sup>th</sup> graders scored high in external assets.

### Areas for Focus:

- One-third of 5<sup>th</sup> graders do not feel safe at school, and one-in-five students skipped school at least once during the month prior to the CHKS because they did not feel safe.
- Four-in-ten students said that they had been in a physical fight at school within the past year.
- More than one-in-four students said that they had seen someone else with a weapon at school within the past year.
- Four-in-ten students said that they had been bullied or harassed at school and half of students said that someone had spread mean rumors or lies about them.
- Although steadily increasing from 2009, students continue to have much lower external assets in the school environment than at home.
- Male 5<sup>th</sup> graders continue to be more likely to report being involved in a physical fight and seeing someone with a weapon, less likely to think that ATOD use is harmful, and less likely to score high in external or internal assets, which indicates a need to target these students in order to reduce a wide spectrum of problematic behavior.

## Part III: Middle (7<sup>th</sup> Grade) Student Results (n = 348)

Of the 348 seventh grade respondents, 50% were female and 70% were Hispanic/Latino and 24% were African-American. Fifty-nine percent of respondents said that they live in a home with both parents. Please refer to Appendix D for complete survey frequencies for 7<sup>th</sup> grade.

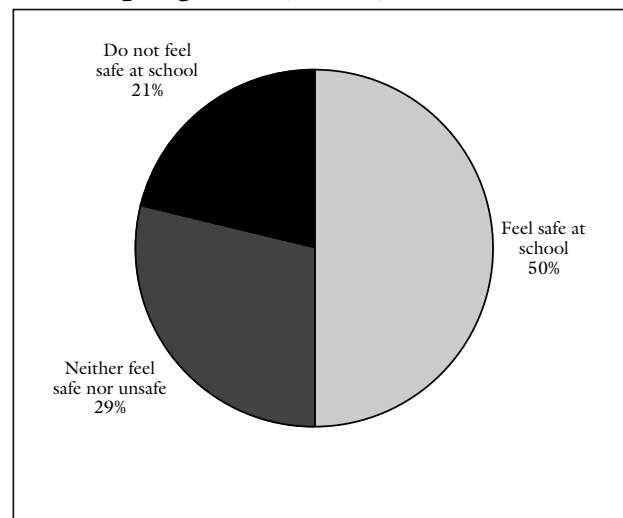
### Element 1: Safe School Environments and Violence Prevention Activities

There was little to no change from 2010 to 2011 on CHKS indicators related to safety and violence prevention, with one exception being a 6% decrease in reported vandalism.

#### Perceptions of Safety

Half of 7<sup>th</sup> graders reported feeling safe at school (50%, average of two separate survey items), which is stable from Spring 2010. A slightly lower percentage of students in Spring 2011 reported not attending school during the past 30 days because they felt unsafe at school or in transit to school than did in Spring 2010 (14%, down from 17%). Female students were more likely than male students to report feeling safe at school but both groups were equally likely to report having skipped school because of feeling unsafe. African-American 7<sup>th</sup> graders were almost twice as likely as Hispanic/Latino students to report having skipped school in the past year because they felt unsafe.

Figure 4: Percent of 7<sup>th</sup> graders who feel safe at school, Spring 2011 (n=348)



#### Physical Violence

There was a small decrease from Spring 2010 in the percentage of 7<sup>th</sup> graders reporting that they had been in a physical fight at school (down to 34% from 38%), or had been pushed, shoved, slapped, hit, or kicked at school by someone who wasn't just kidding around (down to 48% from 51%). Promisingly, the percentage of students reporting that they had been hit, pushed or kicked on four or more occasions more than halved (from 16% to 7%). Almost one-third of students said that they were *afraid* of being beaten up on at least one occasion (29%, up from 26%). Interestingly, African-American students were much more likely than Hispanic/Latino students to report having been in a physical fight at school during the past 12 months, which is consistent with Spring 2010 data, but Hispanic students were almost twice as likely to say that they have been afraid of being beaten up.

### Weapons Possession

Three percent of 7<sup>th</sup> graders reported carrying a gun on school property in the past 12 months on at least one occasion and 9% reported carrying another type of weapon, both of which are comparable to Spring 2010 (3% and 9%). Similarly, a little over one-third of students said that they had seen someone else carrying a weapon on campus (36%, compared to 37% in 2010). Additionally, 8% of students said that they had been threatened or injured with a weapon on campus in the past year (down from 10% in 2010). Unlike in Spring 2010, there were no statistically significant differences by gender in weapons possession. African-American students were more likely than 7<sup>th</sup> graders to say that they have carried a gun on campus and seen someone else carrying a weapon on campus within the past 12 months.

### Witnessing Violence

There was no change from Spring 2010 to Spring 2011 in the percentage of 7<sup>th</sup> graders who said that they had witnessed violence on campus or outside of school during the past 12 months. Almost 90% said that they had seen someone else get into a physical fight at school, and over one-half said that they had seen someone else get into a physical fight at school on *four or more* occasions within the past year (88% and 59%). A quarter of students said that they'd seen someone else being threatened or injured with a weapon on campus (25%). Female students were more likely than male students to have seen someone else at school involved with physical violence, and African-American students were more likely than Hispanic students to have seen someone else being threatened or injured with a weapon at school.

As shown in Table 4 below, a much higher percentage of students reported witnessing physical fights at school than at home or in the community, but more students reported seeing someone being threatened or injured with a weapon off campus. This is consistent with Spring 2010 trends.

**Table 4: Witnessing violence in different environments among 7<sup>th</sup> graders, Spring 2011**

Type of Violence Witnessed	Percent of Students Who Have Witnessed Violence (n=348)	
	At School	At Home/In The Community
Seen someone else get into a physical fight	88%	57%
Seen someone else being pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around	86%	53%
Seen someone else being threatened or injured with a weapon	25%	35%

### Gang Involvement and Vandalism/Theft

The same percentage of 7<sup>th</sup> grade students in 2011 said that they were in a gang as did in 2010 (7%, compared to 13% in 2009). More African-American students than Hispanic students said that they are gang members.

Continuing a trend from 2009 and 2010, the percentage of students reporting having damaged school property in 2011 decreased, to 9% (from 15% in 2010 and 21% in 2009).

## Element 2: Alcohol, Tobacco, and Other Drug (ATOD) Prevention Activities

### Lifetime ATOD Use

Overall, lifetime ATOD use reported by 7<sup>th</sup> graders was mostly stable from 2010 to 2011. As shown in Table 5 below, alcohol remained the most widely tried substance (22%), but far fewer (net decrease of 14%) students reported using alcohol than did in 2009. Marijuana use decreased slightly from 2010 to 2011 (down 2% to 12%), as did cigarette use (down 3% to 7%). Unlike in Spring 2010, there was not a clear strong trend of higher ATOD use among Hispanic students as compared to African-American students. By contrast, African-American students were statistically significantly more likely to report having smoked a cigarette but there were no other significant differences.

Table 5: Lifetime ATOD use among 7<sup>th</sup> Graders, 2009-2011

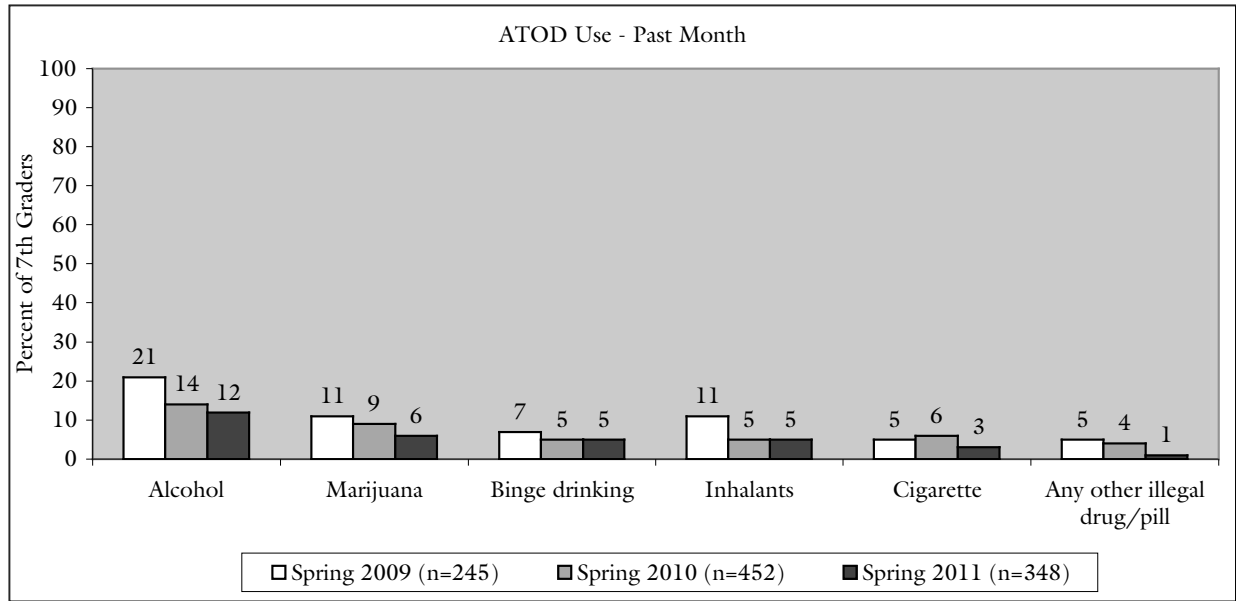
Substance	Percent of Students Who Report Lifetime Use (1+ times)			
	2009 (n=245)	2010 (n=452)	2011 (n=348)	Net
Alcohol (full drink)	36%	21%	22%	-14%
Inhalants	17%	12%	13%	-4%
Marijuana	16%	14%	12%	-4%
Cigarette (whole)	9%	10%	7%	-2%
Any other illegal drug or pill	7%	6%	3%	-4%

Six percent of students said that they had been very drunk or sick from alcohol use (down from 9% in 2010) and 9% said that they had been high from using drugs (down from 11%).

### Current (30-Day) ATOD Use

Overall, current (30-day) use of ATOD among 7<sup>th</sup> graders in Spring 2011 continued a downward trend begun in 2009 (Figure 5). Twelve percent of 7<sup>th</sup> graders reported having had a full drink of alcohol one or more times within the past month (down from 14% in 2010), 6% reported using marijuana (down from 9%), 5% each reported binge drinking or inhalant use, 3% smoked a cigarette, and 1% reported using another illegal drug or pill. African-American students were more likely than Hispanic students to report having smoked marijuana within the past 30 days.

Figure 5: Current (30-day) ATOD use among 7<sup>th</sup> graders, 2009-2011



### ATOD Use at School

Approximately the same percentage of students in 2011 reported having ever been drunk or high at school: 6% compared to 7% in 2010. Comparable percentages reported current (30-day) on-campus use of alcohol and marijuana (5% and 4%, each down 2% from 2010). African-American students were more likely than Hispanic students to report having smoked marijuana at school within the past month.

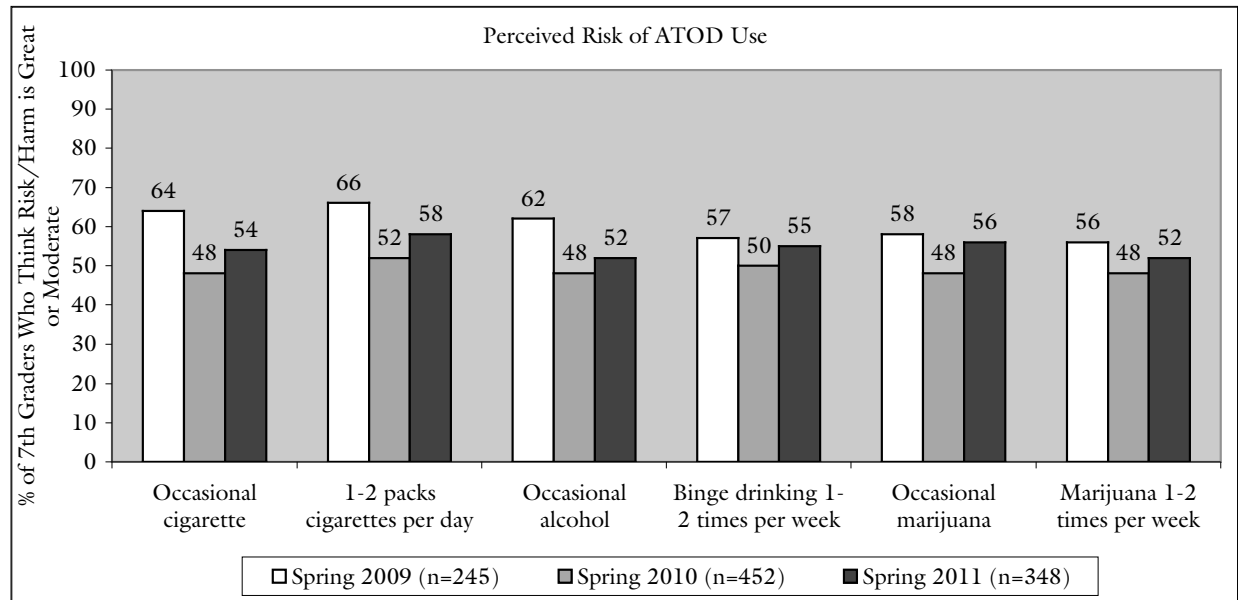
### Perceived Risk of ATOD Use, Ease of Obtaining ATOD, and ATOD Education

More 7<sup>th</sup> graders said that occasional or frequent use of cigarettes, alcohol, or marijuana poses a great or moderate risk to people in Spring 2011 than did in Spring 2010, but perceived risk levels remain lower than Spring 2009 (Figure 6). There were no substantial differences in perceived risk of cigarettes, alcohol or marijuana, and interestingly, students did not rate frequent ATOD use as significantly more harmful than occasional use. Indeed, a slightly lower percentage of 7<sup>th</sup> graders said that using marijuana once or twice per week was harmful than occasional marijuana use (52% vs. 56%).

Approximately one-third of 7<sup>th</sup> graders said that it is easy to obtain alcohol, marijuana, and cigarettes (34%, 33%, and 28% respectively), which is a few percentage points higher than in Spring 2010 but comparable to Spring 2009.



Figure 6: Percent of 7<sup>th</sup> graders who think that ATOD use poses great or moderate risk or harm to people, 2009-2011



Encouragingly, there were increases in both the percentage of students who said that they had talked with a parent or guardian about the dangers of ATOD use within the past year (68%, up from 61%), and who said that they had heard, read or watched messages about the dangers of ATOD use within the past year (88%, up from 81%). Thus, the vast majority of students are being exposed to information about the dangers of ATOD use and most are communicating with their parents or guardians about ATOD use.

### Element 3: Student Behavioral, Social, and Emotional Supports (Harassment/Bullying)

#### Harassment and Bullying

Overall, the Spring 2011 CHKS results indicate a reduction in the amount of harassment and bullying among seventh graders, with exceptions being an increase in the amount of “cyber-bullying” and slight decreases in student comfort approaching school staff members if they (students) experience or witness bias-related harassment.

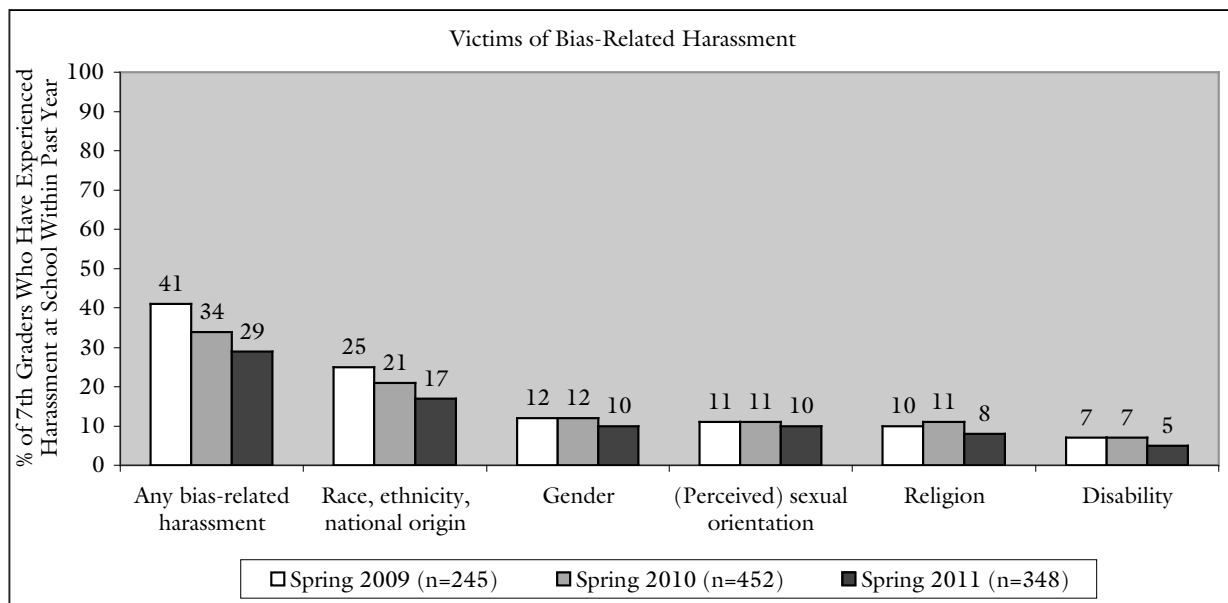
Slightly fewer 7<sup>th</sup> graders in Spring 2011 reported having had mean rumors or lies spread about them at school within the past 12 months than in Spring 2010 (43%, down from 46%), but more 7<sup>th</sup> graders said that they had had such rumors or lies spread about them on the internet (23%, up from 17%). Female students were more likely than male students to have had mean rumors or lies about them spread on the Internet.

Approximately three out of ten students said that they had had sexual jokes, comments, or gestures made to them at school within the past year (33%, down from 40%), and twice as many reported having seen someone else be the target of sexual jokes or gestures (67%, down from 74%). Female students were more likely than male students and African-

American students were more likely than Hispanic students to report having had sexual jokes, comments, or gestures made to them.

Overall, 41% of 7<sup>th</sup> graders reported having been harassed or bullied on one or more occasions at school within the past 12 months (down from 44% in 2010 and 49% in 2009), and 29% of students reported having experienced some form of *bias-related* harassment at school on one or more occasions within the past year (down from 34% in 2010 and 41% in 2009). Being harassed or bullied because of race, ethnicity, or national origin was the most commonly reported form of bias-related harassment (17%), followed by gender (10%), sexual orientation (10%), religion (10%), and physical or mental disabilities (5%) (Figure 7). Male students were more likely than females to report having been harassed because of their race/ethnicity/national origin and a disability. African-American students were more likely than Hispanic students to report having been harassed or bullied because of their race.

Figure 7: Percent of 7<sup>th</sup> graders who have experienced forms of bias-related harassment one or more times at school within the past 12 months, 2009-2011



Many more students reported *having seen or heard about* other students or adults on campus being harassed, which is consistent with Spring 2010 trends (Table 6). There was a decrease from Spring 2010 in the percentage of students reporting having witnessed harassment related to race/ethnicity/national origin, religion, and disability. Harassment related to sexual orientation continues to be the form of bias-related harassment most seen or heard about among 7<sup>th</sup> graders, and female students were 16% more likely than male students to report having witnessed that form of harassment.

Table 6: Experiencing and witnessing bias-related harassment, 7<sup>th</sup> grade, Spring 2011

Type of Bias-Related Harassment or Bullying	Percent of Students Who Experienced at School Within Past 12 Months	Percent of Students Who Witnessed at School Within Past 12 Months
Race, Ethnicity, or National Origin	17%	34%
Gender	10%	24%
(Perceived) Sexual Orientation	10%	49%
Religion	8%	22%
Physical or Mental Disability	5%	37%

When asked which staff member (if any) they would feel most comfortable talking to if they experienced or witnessed any of the above forms of bias-related harassment, 43%-55% of students said that they would not feel comfortable talking to a teacher, counselor, dean, administrator, or campus security officer. Students were most likely to select teacher, followed by counselor, then dean, and administrator or campus security. Students felt most comfortable approaching a staff member about harassment related to race, ethnicity, or national origin, and least comfortable with harassment related to (perceived) sexual orientation. There was a 7% decrease from Spring 2010 in student comfort related to discussing harassment related to sexual orientation with a staff member.

### External and Internal Assets/Youth Protective Factors and Resilience

The CHKS asks questions about three key *external* protective factors that help youth develop into successful, well-adjusted adults: 1) caring relationships; 2) high expectations; and 3) opportunities for meaningful participation. Overall, 60% of 7<sup>th</sup> graders scored high in external assets, 37% scored moderate, and 4% scored low, with most scoring high in high expectations (78%), followed by caring relationships (66%). By contrast, only 39% of 7<sup>th</sup> graders scored high in opportunities for meaningful participation. All of these findings are consistent with Spring 2010 (Table 7).

More than three-quarters of 7<sup>th</sup> graders scored high overall in the home environment (80%), followed by almost two-thirds in the community (63%), 56% in the peer environment, and only 38% in the school environment. In the school environment, one in four students scored high in opportunities for meaningful participation (25%); about half scored high in caring relationships with adults (55%), and most scored high in high expectations from teachers and other adults (77%). Finally, only 37% of 7<sup>th</sup> graders scored high in personal school connectedness. These indicators all remained stable or slightly decreased from 2010. In the peer environment, female students were much more likely than male students to score high.

Table 7: High external assets among 7<sup>th</sup> graders, 2009-2011

	Percent of Students Scoring High in Assets		
	Spring 2009 (n=245)	Spring 2010 (n=452)	Spring 2011 (n=348)
<b>Total External Assets</b>	N/A	60%	60%
Caring Relationships	N/A	67%	66%
High Expectations	N/A	73%	78%
Meaningful Participation	N/A	38%	39%
<b><i>School Environment</i></b>	<b>26%</b>	<b>41%</b>	<b>38%</b>
Caring Relationships: Adults in School	27%	54%	55%
High Expectations: Adults in School	51%	76%	77%
Meaningful Participation	15%	29%	25%
<b><i>Home Environment</i></b>	<b>N/A</b>	<b>77%</b>	<b>80%</b>
Caring Relationships: Adults in Home	N/A	78%	80%
High Expectations: Adults in Home	N/A	90%	91%
Meaningful Participation	N/A	71%	67%
<b><i>Community Environment</i></b>	<b>55%</b>	<b>66%</b>	<b>63%</b>
Caring Relationships: Adults in Community	57%	74%	73%
High Expectations: Adults in Community	59%	77%	80%
Meaningful Participation	33%	48%	49%
<b><i>Personal School Connectedness</i></b>	<b>25%</b>	<b>40%</b>	<b>37%</b>
<b><i>Peer Environment</i></b>	<b>N/A</b>	<b>58%</b>	<b>56%</b>
Caring Relationships: Peers	N/A	76%	69%
High Expectations: Pro-social peers	N/A	45%	42%

The CHKS also has survey items that assess six key *internal* assets or resilience factors. Overall, 69% of 7<sup>th</sup> graders scored high in internal assets, 27% scored moderate, and 4% scored low. As shown in Table 8 below, there were decreases in several types of internal assets, for example a 7% decrease in the percentage of students scoring high in cooperation and communication. Students continued to score highest in goals and aspirations and self-awareness. African-American students were more likely than Hispanics to score high in total internal assets.

Table 8: High internal assets among 7<sup>th</sup> graders, 2009-2011

	Percent of Students Scoring High in Assets		
	Spring 2009 (n=245)	Spring 2010 (n=452)	Spring 2011 (n=348)
Total Internal Assets	67%	73%	69%
Goals and Aspirations	80%	90%	89%
Self-awareness	66%	81%	79%
Self-efficacy	53%	77%	71%
Empathy	48%	70%	65%
Cooperation and Communication	42%	71%	64%
Problem Solving	44%	65%	61%

### Element 4: Mental Health Services

There were small improvements on both survey items dealing with depression. One-quarter of 7<sup>th</sup> graders reported that they had felt so sad or hopeless almost every day for two weeks during the past year that they stopped doing some usual activities (25%, down from 29% in 2010). Additionally, 12% of students said that they had seriously considered attempting suicide within the past 12 months (down from 16% in 2010). There were no statistically significant differences between male and female students or between Hispanic/Latino students and African-American students.

### Summary of 7<sup>th</sup> Grade Results

#### Encouraging Results:

- Fewer 7<sup>th</sup> graders in 2011 said that they had skipped school because they felt unsafe at or on the way to or from school.
- Fewer 7<sup>th</sup> graders reported having been in a physical fight at school within the past 12 months, and fewer students said that they had vandalized school property.
- Current (30-day) use of alcohol and marijuana continued the downward trend from 2009, and 30-day cigarette usage among 7<sup>th</sup> graders also decreased.
- More 7<sup>th</sup> graders said they had been exposed to information about the dangers of ATOD use and more students said that they had communicated with a parent or guardian about the dangers of ATOD use.
- Fewer 7<sup>th</sup> graders said that they had experienced or witnessed bullying or harassment: fewer said that they had been bullied or harassed at school within the past 12 months, and fewer said that they had been the victim of a form of bias-related harassment, with harassment related to race/ethnicity/national origin decreasing the most.
- Fewer students reported having experienced depression or suicidal thoughts within the past year.

#### Areas for Focus:

- Only half of students feel safe at school, perhaps because fighting, weapons possession, and bullying and harassment were still pervasive (see below).

- Fighting and weapons possession are pervasive, especially among African-American students.
  - More than one-third of 7<sup>th</sup> grade students said that they have been in a physical fight at school within the past year.
  - Almost one-third of 7<sup>th</sup> grade students said that they have been afraid of being beaten up at school.
  - Almost all 7<sup>th</sup> grade students said that they had seen someone else get into a physical fight at school within the past year, and most said they had seen four or more physical fights.
  - More than one-third of 7<sup>th</sup> grade students said that they have seen someone else with a weapon on campus.
- A significant group of 7<sup>th</sup> grade students do not view ATOD use (especially alcohol and marijuana) as unhealthy or risky.
- Four-in-ten students said that they had been bullied or harassed at school within the past year and there was an increase in students reporting having had mean rumors or lies spread about them on the internet.
- Harassment/bullying related to race/ethnicity/national origin continues to be the most experienced form of bias-related harassment, and (perceived) sexual orientation is the most commonly witnessed or heard about form of bias-related harassment, and the one about which students feel the least comfortable talking to staff members.
- Only four-in-ten 7<sup>th</sup> graders scored high in external assets in the school environment.
- One-quarter of students said that they had been depressed within the past year and approximately one out of every ten students had considered suicide.

## Part IV: High School (9<sup>th</sup>, 11<sup>th</sup>, Continuation) Student Results (n = 708)<sup>2</sup>

Of the 708 high school respondents, 290 were 9<sup>th</sup> graders, 348 were 11<sup>th</sup> graders, 70 were continuation high school students, and 12 were in either 9<sup>th</sup> or 11<sup>th</sup> grade but did not identify a grade. Those 12 students are excluded from the survey analysis below. About half of respondents were Hispanic/Latino (46% 9<sup>th</sup>/50% 11<sup>th</sup>/29% continuation) and half were African-American (48%/44%/69%). Approximately half of respondents were female (46%/56%/54%). When asked what best described their current living situation, slightly less than one-half of 9<sup>th</sup> and 11<sup>th</sup> graders said a home with both parents (41%/49%), and one-quarter of continuation high students said a home with both parents (25%). Please refer to Appendices E-G for complete survey frequencies for high school students.

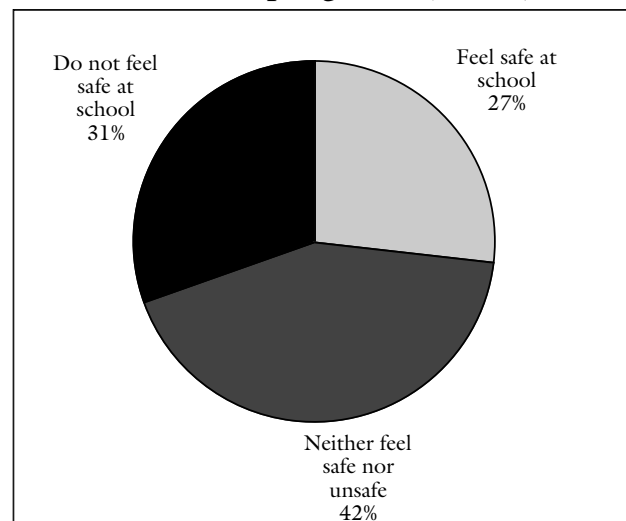
### Element 1: Safe School Environments and Violence Prevention Activities

Overall, there was no clear trend among high school students from 2010 to 2011 on CHKS indicators related to safety and violence prevention. Students in each grade level feel slightly less safe at school than they did in 2010, but 11<sup>th</sup> graders were less likely to skip school because of feeling unsafe. More 9<sup>th</sup> graders reported witnessing violence but fewer 11<sup>th</sup> graders reported having done so. Safety generally seems to have improved among continuation high students, although there was an increase in the percentage of continuation students who reported missing school because they felt unsafe.

#### Perceptions of Safety

Less than three in ten 9<sup>th</sup> and 11<sup>th</sup> graders feel safe at school (each 27%), which is a slight decrease from 2010. Approximately half of continuation high students feel safe (46%), which is also a slight decrease. About one in five high school students reported not attending school during the past 30 days because they felt unsafe at school or in transit to school (24% 9<sup>th</sup>/15% 11<sup>th</sup>/24% continuation), which is a 5% increase among 9<sup>th</sup> graders, a 7% decrease among 11<sup>th</sup>, and a 4% increase among continuation students. Among 11<sup>th</sup> graders, males were more likely than females to feel safe at school and were less likely to report having skipped school because they felt unsafe. There were no statistically significant differences between African-American and Hispanic students.

Figure 8: Percent of 9<sup>th</sup> and 11<sup>th</sup> graders who feel safe at school, Spring 2011 (n=638)



<sup>2</sup> Excludes students from Washington Prep who did not identify a grade level.

## Physical Violence

Less than one-third of high school students said that they had been in a physical fight at school within the past 12 months (31%/26%/29%). This is comparable to 2010. About one in ten students said that s/he had been afraid of being beaten up at school at least once during the past year (11%/10%/7%), which is a 7% decrease from 2010 among 9<sup>th</sup> graders. Male students in 9<sup>th</sup> and 11<sup>th</sup> grade were more likely than female students to report having been in a fight at school. Hispanic 11<sup>th</sup> graders were more likely than African-American 11<sup>th</sup> graders to report having been afraid of being beaten up.

## Weapons Possession

There was a small increase from 2010 to 2011 in the percentage of 9<sup>th</sup> graders reporting they had carried a gun on school property in the past 12 months, from 4% in 2010 to 7% in 2011. By contrast, the percentages in 11<sup>th</sup> grade and among continuation students were stable (4% of 11<sup>th</sup> and 11% of continuation in 2011, each 1% down). Carrying another type of weapon was more common than carrying a gun: 14% of 9<sup>th</sup>, 13% of 11<sup>th</sup>, and 23% of continuation students reported having done so within the past year. Over one-third of students reported having seen someone else carrying a weapon on campus within the past 12 months (36%/38%/34%), which is stable from 2010 among 9<sup>th</sup> graders, an increase of 5% among 11<sup>th</sup> graders, and a decrease of 10% among continuation students. Male students in 9<sup>th</sup> and 11<sup>th</sup> grade were more likely than females to report having carried a gun or other weapon on campus, which is consistent with 2010.

## Witnessing Violence

Most 9<sup>th</sup> and 11<sup>th</sup> graders and about half of continuation students said that they had witnessed violence on campus during the past 12 months. Almost all 9<sup>th</sup> and 11<sup>th</sup> graders said that they had seen someone else get into a physical fight (89%/89%), and almost two-thirds said that they had seen someone else get into a physical fight on *four or more* occasions at school within the past year (59%/67%). Both trends are consistent with 2010. Fewer continuation students reported seeing someone get into a physical fight (57%), which is a 9% decrease from 2010. As shown in Table 9 below, a much higher percentage of 9<sup>th</sup> and 11<sup>th</sup> graders reported witnessing physical fights at school than at home or in the community, but more reported seeing someone being threatened or injured with a weapon off campus. This is consistent with 2010 data as well.

Table 9: Witnessing violence in different environments, 9<sup>th</sup>/11<sup>th</sup>/Continuation HS students, Spring 2011

Type of Violence Witnessed	Percent of Students Who Have Witnessed Violence (n=708)	
	At School	At Home/In The Community
See someone else get into a physical fight	89%/89%/57%	59%/57%/79%
Seen someone else being pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around	76%/74%/50%	52%/52%/64%
Seen someone else being threatened or injured with a weapon	28%/29%/30%	41%/40%/47%



## Gang Involvement

Reported gang involvement increased slightly among 9<sup>th</sup> graders and decreased among 11<sup>th</sup> graders and continuation students from 2010 to 2011. Twelve percent of 9<sup>th</sup> graders said that they consider themselves a member of gang (up from 10%), whereas only 5% of 11<sup>th</sup> graders reported gang involvement (down from 11%). Sixteen percent of continuation students reported gang involvement, which is a 13% decrease from 2010.

## Element 2: Alcohol, Tobacco, and Other Drug (ATOD) Prevention Activities

Almost across the board, continuation high students reported lower levels of ATOD use, higher levels of perception that ATOD use poses a risk or harm to users, and increased education on and communication about ATOD when comparing 2010 and 2011. Trends among 9<sup>th</sup> and 11<sup>th</sup> graders were more mixed. For example, more 9<sup>th</sup> graders in 2011 than in 2010 reported lifetime use of various forms of ATOD and 30-day ATOD use at school, but 2011 9<sup>th</sup> graders also said that it was more difficult to obtain ATOD than 2010 9<sup>th</sup> graders did. Lifetime ATOD use among 11<sup>th</sup> graders increased or stayed stable from 2010 to 2011, 30-day use stayed stable, and there was an increase in the percentage of 11<sup>th</sup> graders who said that it is difficult to obtain marijuana.

### Lifetime ATOD Use

As shown in Table 10 below, alcohol, marijuana, cold/cough medicines, and cigarettes are the most widely used substances among high school students, which is consistent with 2010.<sup>3</sup> Prescription pain killers, ecstasy, and inhalants were also fairly commonly used substances among each student group. Continuation high school students were more likely than 9<sup>th</sup> and 11<sup>th</sup> graders to have used almost all of the substances listed below, but that group also showed consistent decreases in lifetime ATOD use from 2010 to 2011, unlike 9<sup>th</sup> and 11<sup>th</sup> graders. Hispanic students were statistically more likely than African-Americans to have tried the following substances: cigarettes (9<sup>th</sup> and 11<sup>th</sup>), inhalants (9<sup>th</sup> only), cocaine (11<sup>th</sup> only), LSD or other psychedelics (11<sup>th</sup> only), and Ecstasy (9<sup>th</sup> and 11<sup>th</sup>).

**Table 10: Lifetime use of ATOD (most common substances), high school, Spring 2011**

Substance	9 <sup>th</sup> (n=290)	11 <sup>th</sup> (n=348)	Cont. (n=70)
Alcohol (full drink)	49%	52%	75%
Marijuana	39%	48%	74%
Cold/cough medicines	33%	32%	27%
Cigarette (whole)	13%	21%	38%
Prescription pain killers	13%	15%	17%
Ecstasy	12%	9%	21%
Inhalants	11%	16%	13%
Methamphetamine or other amphetamines	6%	3%	7%
Cocaine	5%	5%	11%

<sup>3</sup> Although the survey instrument asks students to only select substances used for the purpose of getting “high” or “stoned,” it is likely that reported use of common substances like cold/cough medicines and, to a lesser extent, prescription pain killers is artificially inflated due to students’ not carefully reading the directions.

One-quarter to one-third of 9<sup>th</sup> and 11<sup>th</sup> graders reported having ever been very drunk or sick after using alcohol (26%/33%), or high from using drugs (29%/37%). More continuation high students reported each (52% drunk and 51% high). Among 9<sup>th</sup> graders, African-American students were more likely to report ever having been high, whereas Hispanic students were more likely to report ever having been very drunk or sick from alcohol.

**Current (30-Day) ATOD Use**

As in 2010, alcohol and marijuana were the substances most commonly used within the past 30 days by high school students in 2011, with alcohol use increasing slightly from 2010 to 2011 among 9<sup>th</sup> and 11<sup>th</sup> graders and decreasing substantially among continuation students (Figure 9). Marijuana use stayed stable among 9<sup>th</sup> and 11<sup>th</sup> graders and decreased substantially among continuation students (Figure 10). There was a small spike in reported 30-day use of ecstasy, LSD, and other psychedelics among 9<sup>th</sup> graders and continuation students from 2010 to 2011: up from 2% to 8% in 9<sup>th</sup> grade and up from 2% to 10% among continuation students. Hispanic 11<sup>th</sup> graders were more likely than African-American 11<sup>th</sup> graders to report having used cigarettes, five or more alcoholic drinks in a row, inhalants, and ecstasy, LSD or other psychedelics within the past 30 days.

Figure 9: Current (30-day) alcohol use among high school students, 2009-2011

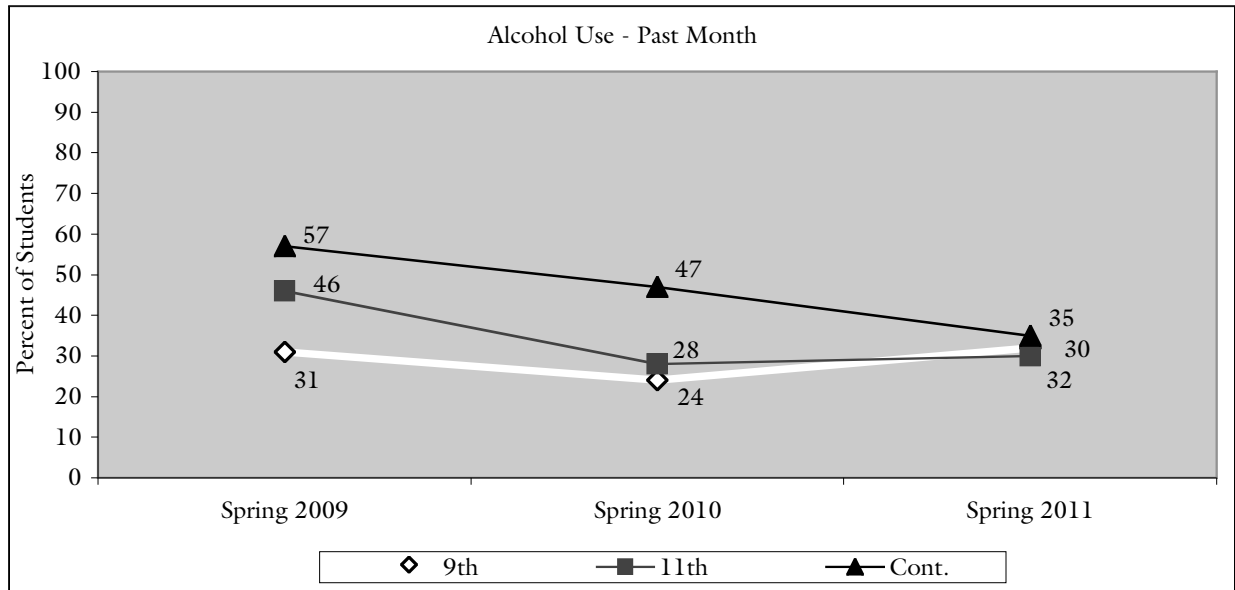
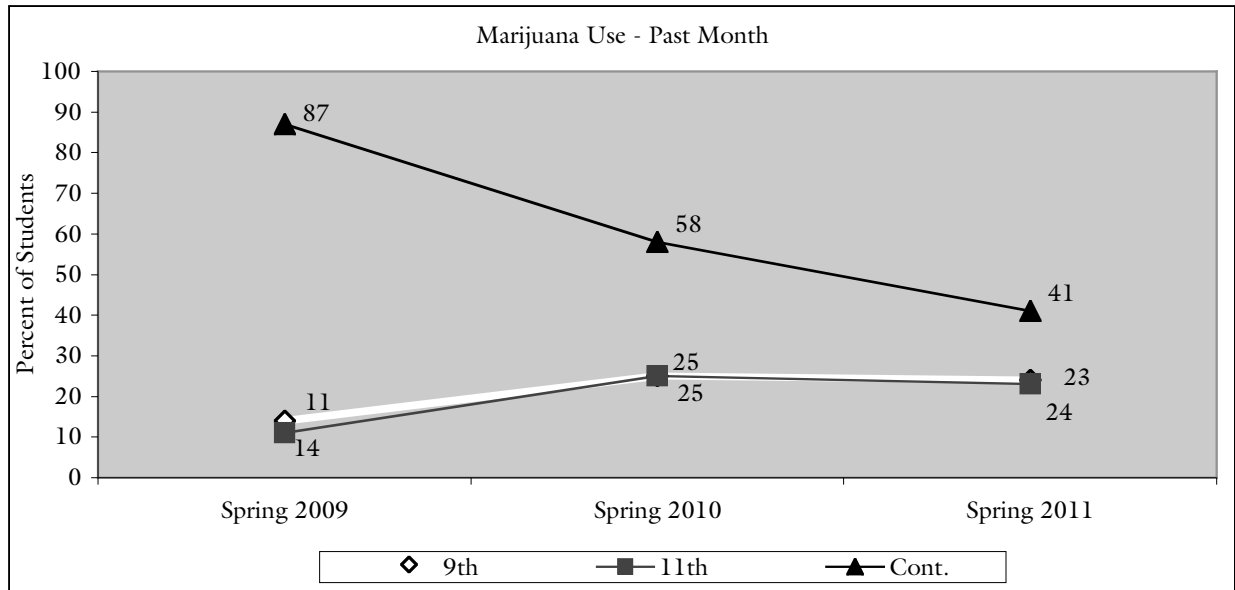


Figure 10: Current (30-day) marijuana use among high school students, 2009-2011



### ATOD Use at School

A high percentage of high school students reported having ever been drunk or high at school (24%/25%/33%), with no clear trend from 2010. Thirty-day on-campus use of cigarettes, alcohol, and marijuana increased among 9<sup>th</sup> graders, decreased among continuation students, and remained stable among 11<sup>th</sup> graders from 2010 to 2011.

### Ease of Obtaining ATOD

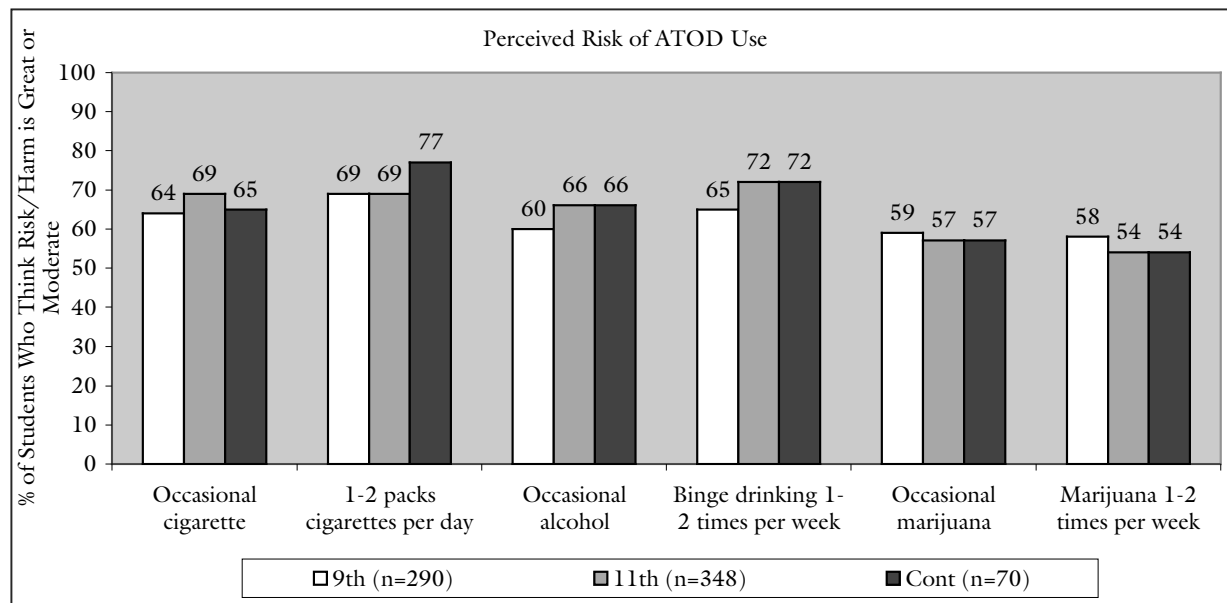
According to high school students, marijuana is easier to obtain than both cigarettes and alcohol, which is consistent with 2010. However, fewer students at all high school grade levels in 2011 said that it was easy to obtain marijuana than did in 2010 (down 5%/10%/5%), and fewer 9<sup>th</sup> graders said it was easy to obtain cigarettes or alcohol as well. Most students said that it is very or fairly easy to obtain marijuana (58%/69%/70%), compared to alcohol (52%/64%/62%) and cigarettes (42%/56%/61%).

### Perceived Risk of ATOD Use

High school students were less likely to rate regular use of marijuana as posing moderate or great risk or harm to users, when compared to alcohol and cigarettes (Figure 11).<sup>4</sup> More continuation students in 2011 said that ATOD use posed risk or harm than did in 2010. Female 9<sup>th</sup> and 11<sup>th</sup> graders were more likely than male students to think that regular marijuana use poses a great or moderate risk or harm to users.

<sup>4</sup> Frequent and substantial is defined as 1-2 packs of cigarettes each day, five or more drinks of an alcoholic beverage once or twice a week, or smoking marijuana once or twice a week.

Figure 11: Perceived risk of ATOD use among high school students, Spring 2011



### ATOD Education

A little over half of high school students said that they had talked with a parent or guardian about the dangers of ATOD use within the past 12 months (57%/53%/62%), which represents an increase among 9<sup>th</sup> graders and continuation students. More than three-quarters of high school students said that they had heard, read, or watched any messages about not using ATOD within the past 12 months (79%/82%/88%), which is a substantial (17%) increase among continuation students from 2010.

### Element 3: Student Behavioral, Social, and Emotional Supports (Harassment/Bullying)

#### Harassment and Bullying

About one-third of high school students reported having had mean rumors or lies spread about them at school within the past 12 months (33%/35%/29%), and one in five students said that they had had such rumors or lies spread about them on the internet (20%/20%/21%). The spreading of mean rumors or lies both generally and on the internet increased among 9<sup>th</sup> graders, stayed mostly stable among 11<sup>th</sup> graders, and overall rumor-spreading was down among continuation high but Internet-specific rumors were up.

Overall, approximately one-third of high school students reported having been harassed or bullied on one or more occasions at school within the past 12 months (34%/34%/27%) (Figure 12), and two to three in ten students reported having experienced some form of *bias-related* harassment at school on one or more occasions within the past year (27%/31%/20%) (Figure 13). Thus, harassment increased a small amount among 9<sup>th</sup> and 11<sup>th</sup> graders.

Figure 12: Percent of high school students who have been harassed or bullied at school within past year (inclusive of bias-related harassment), 2009-2011

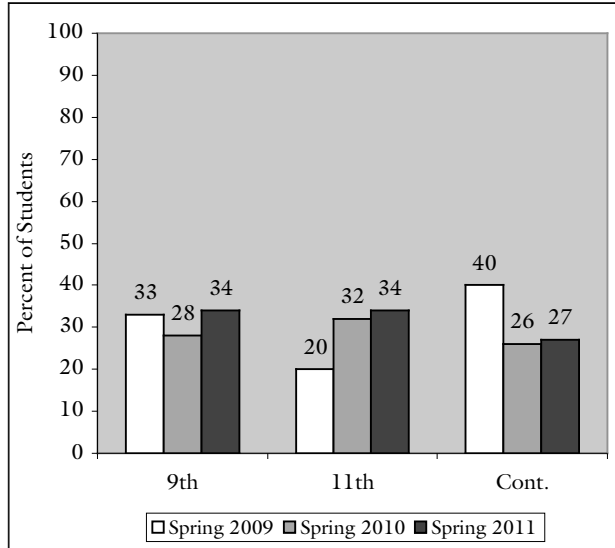
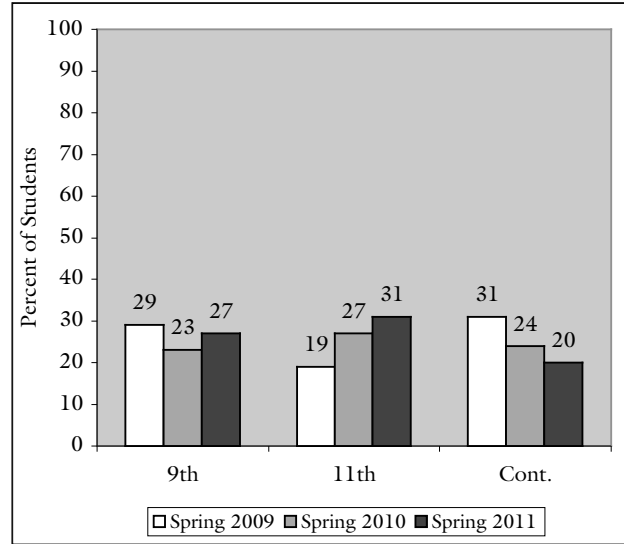


Figure 13: Percent of high school students who have been victims of bias-related harassment at school within past year (subset of total harassment), 2009-2011



Being harassed or bullied because of race, ethnicity, or national origin continued to be by far the most commonly reported form of bias-related harassment (15%/20%/14%), followed by sexual orientation (13%/14%/10%), gender (10%/8%/7%), religion (5%/6%/10%), and physical or mental disabilities (8%/4%/6%). Across grade levels and forms of bias-related harassment, there are no clear trends from 2010 to 2011. Female 9<sup>th</sup> and 11<sup>th</sup> graders were more likely than their male counterparts to report having been harassed because of being gay/lesbian or being perceived as such. Hispanic 11<sup>th</sup> graders were more likely than African-Americans to report having been harassed because of their race/ethnicity/national origin, but there was no such trend in 9<sup>th</sup> grade.

Table 11: Experiencing and Witnessing Bias-Related Harassment, High School, Spring 2011

Type of Bias-Related Harassment or Bullying	Percent of Students Who Experienced at School Within Past 12 Months <sup>5</sup>	Percent of Students Who Witnessed at School Within Past 12 Months
Race, Ethnicity, or National Origin	16%	35%
(Perceived) Sexual Orientation	12%	47%
Gender	8%	17%
Religion	7%	20%
Physical or Mental Disability	6%	32%

Many more high school students reported *having seen or heard about* other students or adults on campus being harassed (Table 11). As in 2010, the most common form of bias-

<sup>5</sup> Calculated by averaging the percent of 9<sup>th</sup>, 11<sup>th</sup>, and continuation high students who reported harassment. Thus, each student group is weighted equally, regardless of the size of the sample (continuation students disproportionately weighted).

related harassment that students reported witnessing or hearing about was that related to (perceived) sexual orientation (51%/49%/41%), followed by race, ethnicity, or national origin (38%/44%/24%), disability (41%/33%/23%), religion (23%/22%/15%), and gender (25%/17%/10%). More 9<sup>th</sup> graders in 2011 reported having witnessed or experienced all of the above forms of bias-related harassment than did in 2010. Female 9<sup>th</sup> and 11<sup>th</sup> graders were more likely than male students to report having witnessed harassment related to sexual orientation or disability.

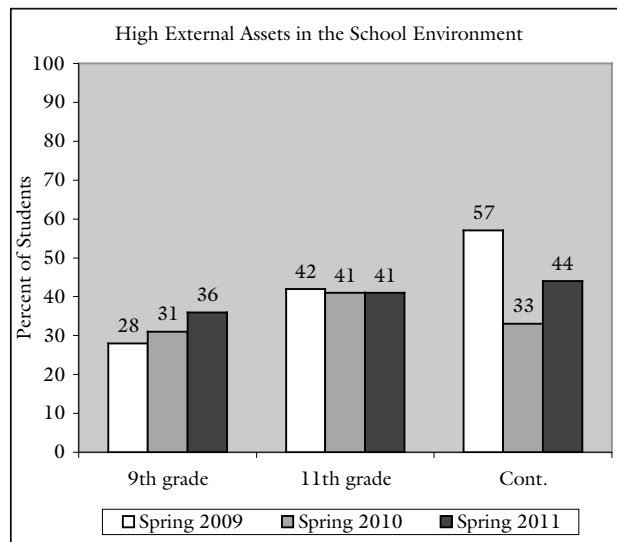
When asked which staff member (if any) they would feel most comfortable talking to if they experienced or witnessed any of the above forms of bias-related harassment, 43-63% of high school students said that they would not feel comfortable talking to a teacher, counselor, dean, administrator, or campus security officer. Students felt most comfortable approaching a staff member about harassment related to race, ethnicity, or national origin, and least comfortable with harassment related to sexual orientation. 9<sup>th</sup> and 11<sup>th</sup> graders in 2011 felt more comfortable talking to a staff member about racial/ethnic harassment than did their 2010 counterparts.

**External and Internal Assets/Youth Protective Factors and Resilience**

The CHKS asks questions about three key *external* protective factors that help youth develop into successful, well-adjusted adults: 1) caring relationships; 2) high expectations; and 3) opportunities for meaningful participation. Overall, approximately half of high school students scored high in external assets (52%/56%/59%), and few scored low (4%/4%/5%). Most scored high in high expectations (68%/70%/78%), followed by caring relationships (61%/63%/71%) (Table 12). By contrast, only 32%/37%/28% scored high in opportunities for meaningful participation.

Each student group scored lowest in the school environment, with fewer than half of students scoring high in school external assets (36%/41%/44%). This represents an increase among 9<sup>th</sup> graders and continuation students (Figure 14). More students scored high in the home, community, and peer environments than in the school environment, but percentages remained mostly below two-thirds in each environment. In all environments except home, 9<sup>th</sup> graders showed consistent increases from 2010 to 2011 in high external assets. Continuation students also had consistent increases, with the exception of in the peer environment, which stayed stable. There was no consistent upward or

**Figure 14: Percent of high school students who have high external assets at school, 2009-2011**



downward trend among 11<sup>th</sup> graders. African-American 9<sup>th</sup> and 11<sup>th</sup> graders were more likely than Hispanic students to have high external assets in both the school and community environments (13%-18% difference).

Table 12: High Assets Among High School Students, Spring 2011

	Percent of Students Scoring High in Assets		
	9 <sup>th</sup> (n=290)	11 <sup>th</sup> (n=348)	Cont. (n=70)
<b>Total External Assets</b>	<b>52%</b>	<b>56%</b>	<b>59%</b>
Caring Relationships	61%	63%	71%
High Expectations	68%	70%	78%
Meaningful Participation	32%	37%	28%
<b>School Environment</b>	<b>36%</b>	<b>41%</b>	<b>44%</b>
Caring Relationships: Adults in School	51%	54%	68%
High Expectations: Adults in School	71%	70%	68%
Meaningful Participation	28%	33%	26%
<b>Home Environment</b>	<b>67%</b>	<b>68%</b>	<b>66%</b>
Caring Relationships: Adults in Home	69%	65%	67%
High Expectations: Adults in Home	87%	90%	83%
Meaningful Participation	55%	56%	59%
<b>Community Environment</b>	<b>62%</b>	<b>60%</b>	<b>75%</b>
Caring Relationships: Adults in Community	73%	69%	81%
High Expectations: Adults in Community	74%	74%	85%
Meaningful Participation	48%	51%	44%
<b>Peer Environment</b>	<b>58%</b>	<b>64%</b>	<b>71%</b>
Caring Relationships: Peers	71%	77%	75%
High Expectations: Pro-social peers	41%	42%	58%
<b>Personal School Connectedness</b>	<b>24%</b>	<b>26%</b>	<b>32%</b>
<b>Total Internal Assets</b>	<b>66%</b>	<b>77%</b>	<b>76%</b>
Goals and Aspirations	90%	93%	88%
Self-awareness	78%	81%	76%
Self-efficacy	75%	83%	84%
Cooperation and Communication	63%	70%	72%
Empathy	60%	75%	62%
Problem Solving	57%	64%	71%

The CHKS also has survey items that assess six key *internal* assets or resilience factors. Overall, about three-quarters of high school students scored high in internal assets (66%/77%/76%), which is stable from 2010 among 11<sup>th</sup> graders and continuation students and a 5% decrease among 9<sup>th</sup> graders. The highest percentage of students scored high in

goals and aspirations, and the lowest percentage scored high in problem solving or empathy (Table 12). There was little movement from 2010.

## **Element 4: Mental Health Services**

Approximately one-quarter of 9<sup>th</sup> and 11<sup>th</sup> graders and one-third of continuation high students reported that they had felt so sad or hopeless almost every day for two weeks during the past year that they stopped doing some usual activities (23%/26%/35%), which is stable from 2010. Additionally, approximately one in ten high school students said that they had seriously considered attempting suicide within the past 12 months.

African-American 9<sup>th</sup> graders were more likely than Hispanic students to report having considered suicide, but there was no such trend in 11<sup>th</sup> grade. Continuing a trend observed in 2010, female 9<sup>th</sup> and 11<sup>th</sup> graders were more likely than males to report having experienced depression during the past 12 months, and 11<sup>th</sup> grade females were more likely to have considered suicide.

## **Summary of High School Results**

### **Encouraging Results**

- Continuation high students showed improvements from 2010 on most indicators, including weapons possession, gang involvement, ATOD use, and bias-related harassment.
- Fewer 9<sup>th</sup> graders said that they had been afraid of being beaten up at school.
- Fewer 11<sup>th</sup> graders reported gang involvement.
- High school students generally reported that it is more difficult to obtain ATOD than in 2010.
- More 9<sup>th</sup> graders said that they had spoken with a parent/guardian about the dangers of ATOD use.
- More 9<sup>th</sup> and 11<sup>th</sup> graders said that they would feel comfortable talking to a school staff member about harassment related to race, ethnicity, or national origin.
- More 9<sup>th</sup> graders scored high on external assets in the school, community, and peer environments, as well as overall.
- Most students have high internal assets.

### **Areas for Focus**

- Very few students feel safe on campus – less than one-third of Washington Prep students and less than one-half of Duke Ellington students. These perceptions of insufficient safety are likely due to prevalence of physical fighting, weapon possession, and harassment and bullying (see below)
- Physical fighting on campus was pervasive
  - One-third of students said that they had been in a physical fight on campus within the past year
  - Almost all students had seen someone else get into a physical fight and most had seen four or more fights within the past year
- Weapon possession was still problematic – more than one-third of students said that they had seen someone else with a weapon on campus within the past year



- ATOD use was still prevalent, especially among Hispanic students
  - Approximately one-third of high school students said that they had used alcohol within the past month, and one-fourth of 9<sup>th</sup> and 11<sup>th</sup> graders and four-in-ten continuation students had used marijuana.
- There was a small increase in overall harassment/bullying and specific forms of bias-related harassment. Harassment related to race/ethnicity/national origin continues to be the most commonly experienced form of bias-related harassment, and sexual orientation continues to be the most witnessed or heard about, and the form of harassment about which students feel least comfortable talking to a staff member.
- There appears to be a need for enhanced suicide prevention: one in ten students overall said that they had seriously considered suicide within the past year

# **Appendix A:**

## **CHKS Response Rates**

Table A1: California Healthy Kids Survey (CHKS) Response Rates by School, Spring 2011

School	Grade	Enrollment	# students consent form returned	# students consent yes	% returned over enrolled	% yes over returned	% consent yes over enrolled	# students surveyed	% surveyed over yes consent	% surveyed over enrolled
<b>Passive Consent</b>										
Washington Prep High	9	374	N/A		N/A	N/A	N/A	293	N/A	78%
	11	489	N/A		N/A	N/A	N/A	357	N/A	73%
	total	863	N/A	857	N/A	N/A	N/A	650	N/A	75%
Duke Ellington Continuation	9-12	108	N/A	108	N/A	N/A	N/A	70	N/A	65%
<b>Active Consent</b>										
Henry Clay Middle	7	336	143	125	43%	87%	37%	111	89%	33%
Bret Harte Prep Middle	7	375	253	224	67%	89%	60%	215	96%	57%
95th St. Elementary	5	159	155	135	97%	87%	85%	128	95%	81%
135th St. Elementary	5	95	89	77	94%	87%	81%	72	94%	76%
Avalon Gardens Elementary	5	26	19	17	73%	89%	65%	16	94%	62%
Century Park Elementary	5	87	76	71	87%	93%	82%	68	96%	78%
Cimarron Ave Elementary	5	57	37	24	65%	65%	42%	23	96%	40%
La Salle Ave Elementary	5	92	61	46	66%	75%	50%	47	102%	51%
Manchester Ave Elementary	5	137	107	91	78%	85%	66%	84	92%	61%
Manhattan Place Elementary	5	61	48	46	79%	96%	75%	45	98%	74%
Purche Ave Elementary	5	107	88	75	82%	85%	70%	69	92%	64%
West Athens Elementary	5	123	113	94	92%	83%	76%	90	96%	73%
Woodcrest Elementary	5	151	111	109	74%	98%	72%	100	92%	66%
St. Michael's Catholic	5	23	22	21	96%	95%	91%	21	100%	91%
	7	22	22	22	100%	100%	100%	21	95%	95%
<b>Active Total/Overall</b>		<b>1,851</b>	<b>1,344</b>	<b>1,177</b>	<b>73%</b>	<b>88%</b>	<b>64%</b>	<b>1,110</b>	<b>94%</b>	<b>60%</b>
<b>Total/Overall</b>		<b>2,822</b>	<b>N/A</b>	<b>2,142</b>	<b>N/A</b>	<b>N/A</b>	<b>76%</b>	<b>1,830</b>	<b>N/A</b>	<b>65%</b>

## **Appendix B:**

# **Grade-Level Comparisons on Selected Indicators**

Figure B1: Percent of students who feel safe at school, 2009-2011

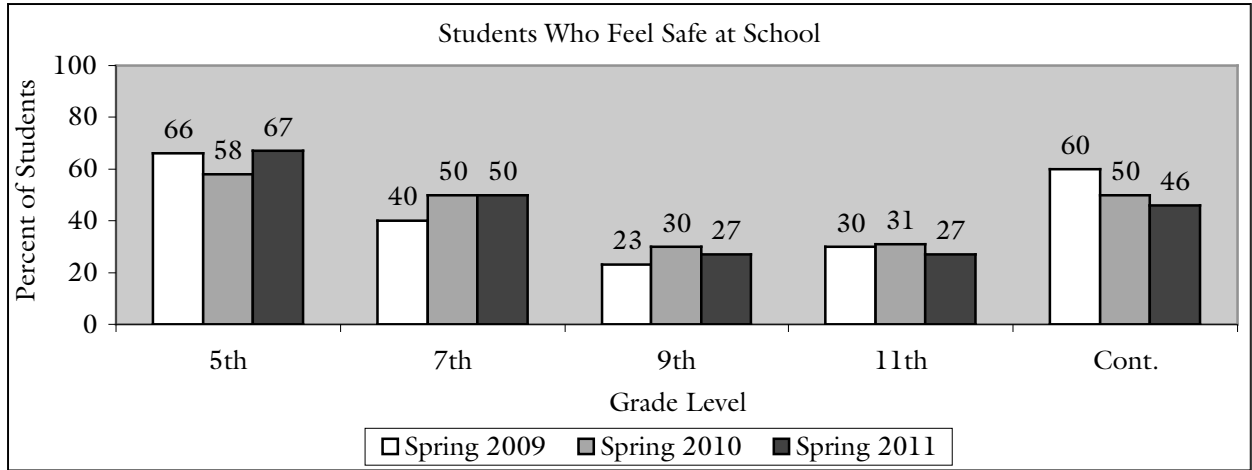


Figure B2: Percent of students who have been in a physical fight at school within the past year, 2009-2011

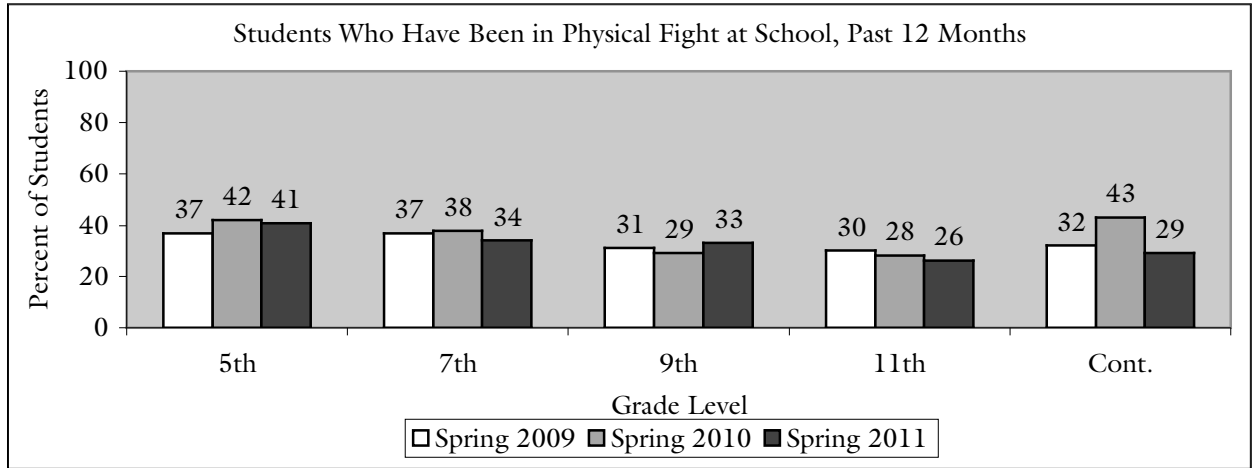


Figure B3: Percent of students who have carried a gun on campus within the past year, 2009-2011

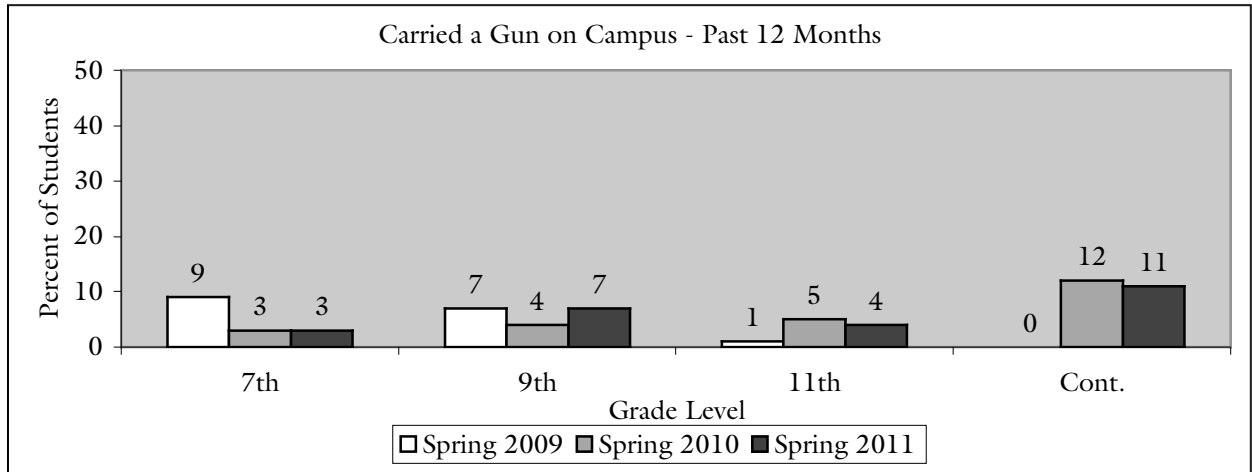


Figure B4: Percent of students who have carried another type of weapon on campus within the past year (5<sup>th</sup> grade includes gun; secondary excludes gun), 2009-2011

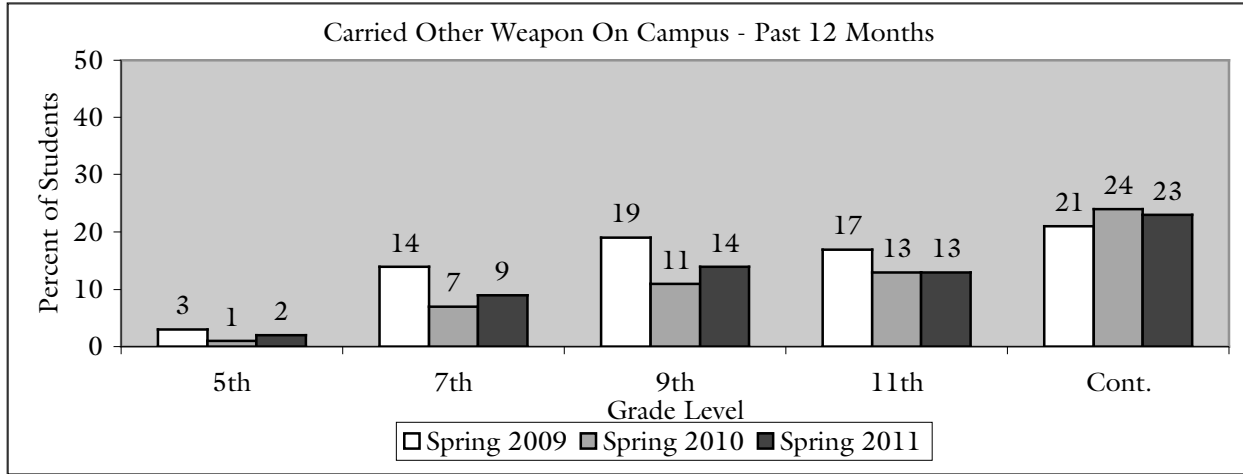


Figure B5: Percent of students who have seen another student with a weapon on campus within the past year, 2009-2011

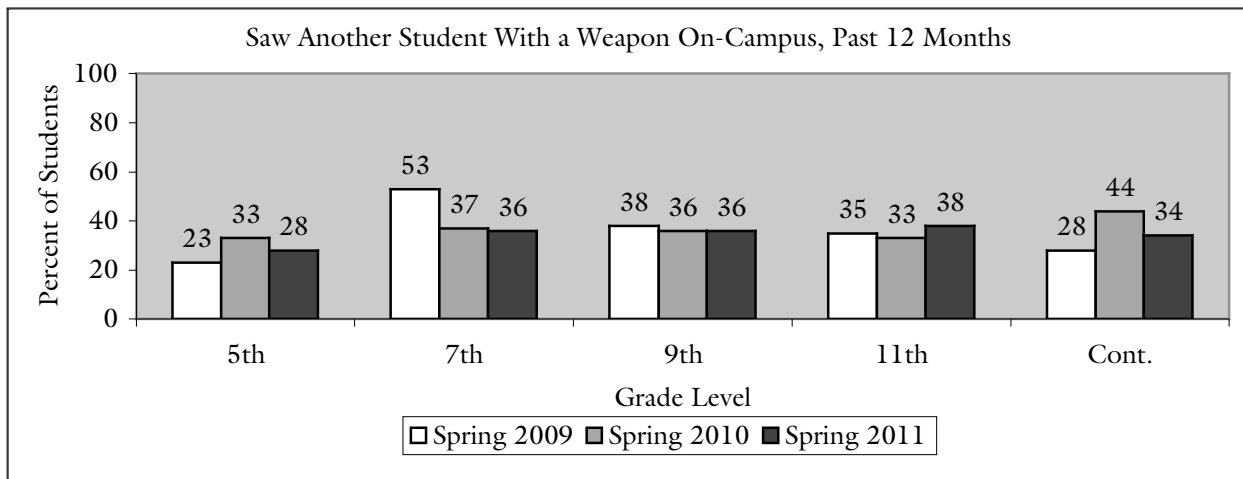


Figure B6: Percent of students who have drunk alcohol within the past month, 2009-2011

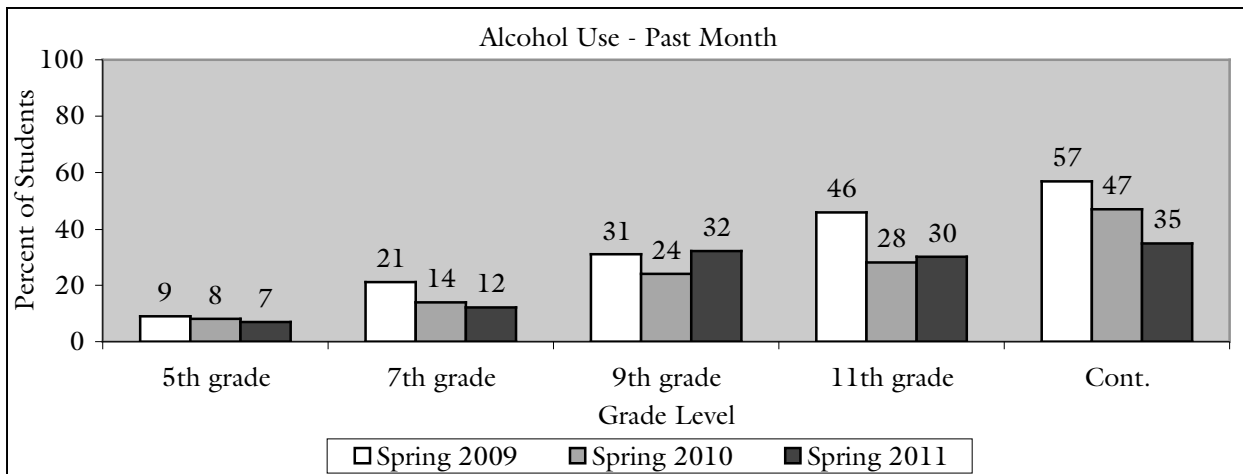


Figure B7: Percent of students who have use marijuana within the past month, 2009-2011

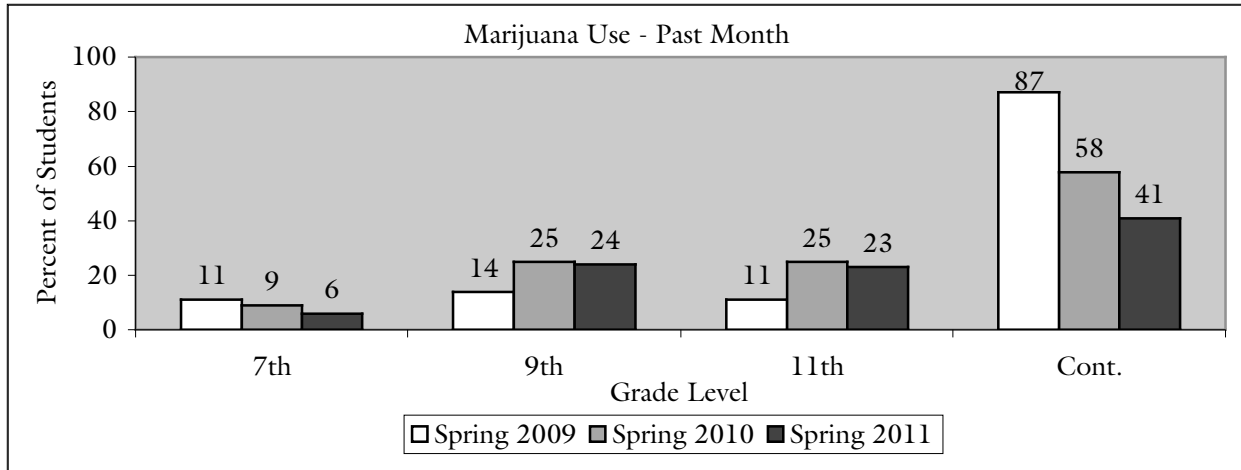


Figure B8: Percent of students who have ever been drunk or high at school, 2009-2011

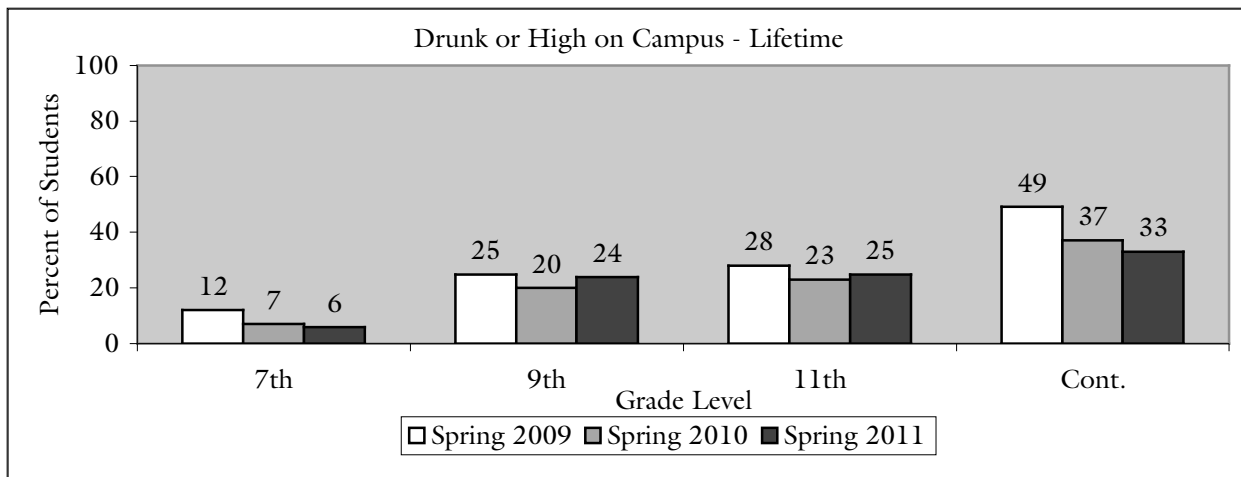


Figure B9: Percent of students who score high in external assets in the school environment, 2009-2011

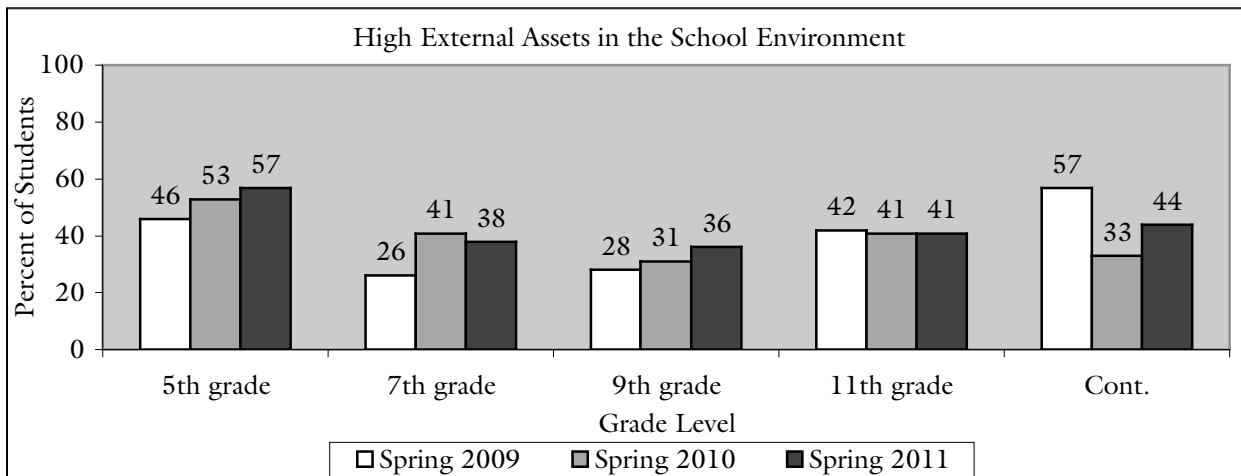


Figure B10: Percent of students who have been bullied or harassed at school within the past 12 months, 2009-2011

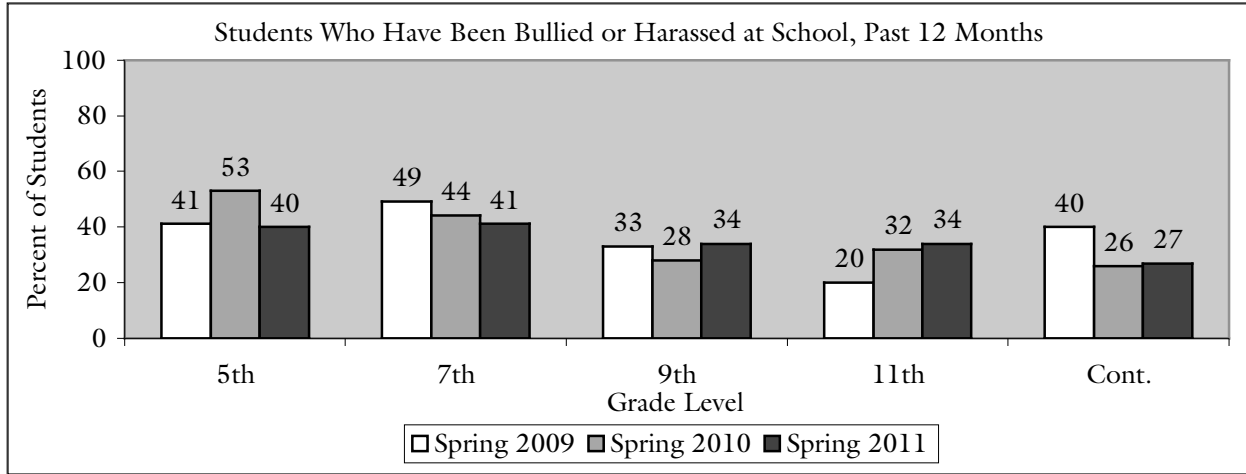
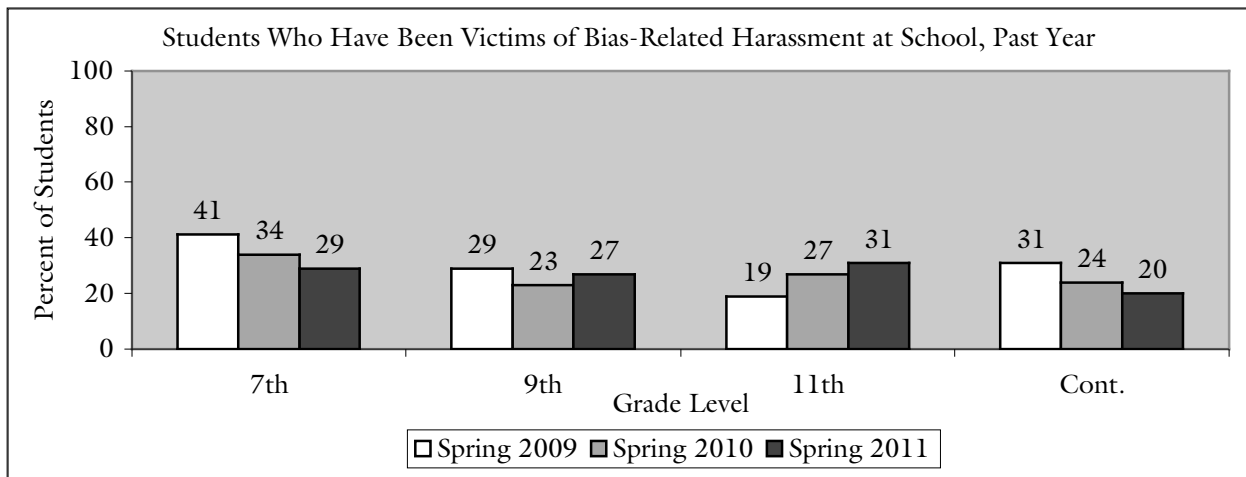


Figure B11: Percent of students who have been victims of bias-related harassment at school within the past year (subset of Figure B10), 2009-2011





**Appendix C:**  
**Elementary (5<sup>th</sup> Grade) CHKS Frequencies**



**Elementary School (5<sup>th</sup> Grade) Survey  
2010-2011  
Frequencies (n = 762)**

**This survey is voluntary. You do not have to complete this survey, but we hope that you will. We need your help!**

**Your answers will improve health programs.**

Please do not write your name on this form. No one but you will know how you answer these questions.

**Please circle only one answer for each question on the survey.**

**Please read every question carefully. Mark one choice on your survey for each question.**

Thank you for taking this survey!

**1. Are you female or male?**

50% Female  
50% Male

**2. During the past year, how many times have you moved (changed where you live)?**

43% 0 times  
29% 1 time  
28% 2 or more times

**3. Did you eat breakfast this morning?**

23% No  
77% Yes

**4. When you ride in a car do you wear a seat belt?**

2% No, never  
9% Yes, some of the time  
14% Yes, most of the time  
75% Yes, all of the time

**5. When you ride a bicycle do you wear a helmet?**

51% No, never  
14% Yes, some of the time  
8% Yes, most of the time  
14% Yes, all of the time  
14% I do not ride a bicycle

**The next questions ask about your school.**

**6. Do you feel close to people at school?**

12% No, never  
34% Yes, some of the time  
26% Yes, most of the time  
27% Yes, all of the time

**7. Are you happy to be at this school?**

- 7% No, never
- 26% Yes, some of the time
- 26% Yes, most of the time
- 41% Yes, all of the time

**8. Do you feel like you are part of this school?**

- 11% No, never
- 18% Yes, some of the time
- 22% Yes, most of the time
- 50% Yes, all of the time

**9. Do teachers treat students fairly at school?**

- 6% No, never
- 21% Yes, some of the time
- 26% Yes, most of the time
- 47% Yes, all of the time

**10. Do you help make class rules or choose things to do at school?**

- 37% No, never
- 31% Yes, some of the time
- 20% Yes, most of the time
- 12% Yes, all of the time

**11. Do the teachers and other grown-ups at school care about you?**

- 6% No, never
- 21% Yes, some of the time
- 23% Yes, most of the time
- 50% Yes, all of the time

**12. Do the teachers and other grown-ups at school tell you when you do a good job?**

- 5% No, never
- 23% Yes, some of the time
- 23% Yes, most of the time



49% Yes, all of the time

**13. How well do you do in your schoolwork?**

19% I'm one of the best students  
29% I do better than most students  
43% I do about the same as others  
9% I don't do as well as most others

**14. Do the teachers and other grown-ups at school listen when you have something to say?**

6% No, never  
28% Yes, some of the time  
24% Yes, most of the time  
42% Yes, all of the time

**15. Do the teachers and other grown-ups at school believe that you can do a good job?**

3% No, never  
12% Yes, some of the time  
19% Yes, most of the time  
67% Yes, all of the time

**16. Do you do things to be helpful at school?**

5% No, never  
28% Yes, some of the time  
33% Yes, most of the time  
34% Yes, all of the time

**17. Do you plan to go to college or some other school after high school?**

3% No  
97% Yes



Here are questions about events that may happen at school and after school.

**18. During the past year, how many times have you hit or pushed other kids at school when you were not playing around?**

- 44% 0 times
- 21% 1 time
- 15% 2 times
- 20% 3 or more times

**19. During the past year, how many times have you spread mean rumors or lies about other kids at school?**

- 70% 0 times
- 16% 1 time
- 6% 2 times
- 8% 3 or more times

**20. Do other kids hit or push you at school when they are not just playing around?**

- 47% No, never
- 32% Yes, some of the time
- 10% Yes, most of the time
- 10% Yes, all of the time

**21. Do other kids at school spread mean rumors or lies about you?**

- 46% No, never
- 32% Yes, some of the time
- 10% Yes, most of the time
- 12% Yes, all of the time

**22. Do other kids at school spread mean rumors or lies about you on the internet (i.e. Facebook™, MySpace™, email, instant message)?**

- 89% No, never
- 6% Yes, some of the time
- 3% Yes, most of the time



3% Yes, all of the time

**23. During the past 12 months, how many times have you been in a physical fight?**

59% 0 times

20% 1 time

13% 2 – 3 times

8% 4 or more times

**24. During the past 12 months, how many times on school property were you harassed or bullied for any reason? (You were bullied if repeatedly shoved, hit, threatened, called mean names, teased in a way you didn't like, or had other unpleasant things done to you. It is not bullying when two students of about the same strength quarrel or fight.)**

60% 0 times

16% 1 time

12% 2 to 3 times

12% 4 or more times

**25. During the past year, did you ever bring a gun or knife to school?**

98% No

2% Yes

**26. During the past year, have you ever seen another kid with a gun or knife at school?**

72% No

28% Yes

**27. Are you home alone after school?**

78% No, never

16% Yes, some of the time

3% Yes, most of the time

3% Yes, all of the time

**28. Do you feel safe at school?**

10% No, never

23% Yes, some of the time

25% Yes, most of the time



42% Yes, all of the time

**29. Do you feel safe outside of school?**

21% No, never  
 27% Yes, some of the time  
 21% Yes, most of the time  
 31% Yes, all of the time

**30. During the past 30 days, on how many days did you not go to school because you felt unsafe at school or on your way to or from school?**

82% 0 days  
 10% 1 day  
 5% 2 or 3 days  
 3% 4 or more days

**The next questions are about cigarettes, alcohol, and other drugs.**

**31. Have you ever smoked a cigarette?**

97% No  
 2% Yes, I smoked part of a cigarette, like one or two puffs  
 <1% Yes, I smoked a whole cigarette

**32. Have you ever chewed tobacco or snuff (dip)?**

99% No  
 1% Yes

**33. Have you ever drunk beer, wine, or other alcohol?**

86% No  
 13% Yes, I drank one or two sips  
 1% Yes, I drank a full glass

**34. Have you ever sniffed something through your nose to get “high?”**

97% No  
 3% Yes



**35. Have you ever smoked any marijuana (pot, grass, weed)?**

94% No  
1% Yes  
6% I don't know what marijuana is

**36. Have you ever used alcohol or an illegal drug like marijuana before school or at school?**

99% No  
1% Yes

**37. Do you think smoking cigarettes is bad for a person's health?**

2% No, not bad  
6% Yes, a little bad  
92% Yes, very bad

**38. Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?**

3% No, not bad  
18% Yes, a little bad  
79% Yes, very bad

**39. Do you think using marijuana (pot, grass, weed) is bad for a person's health?**

3% No, not bad  
5% Yes, a little bad  
79% Yes, very bad  
13% I don't know what marijuana is

**40. In the past month, did you drink any beer, wine, or other alcohol?**

94% No  
6% Yes, I drank one or two sips  
1% Yes, I drank a full glass

**41. In the past month, did you smoke a cigarette?**

99% No  
1% Yes



**Below are questions about your health and things you might do.**

**42. Do you try to understand how other people feel?**

- 12% No, never
- 29% Yes, some of the time
- 27% Yes, most of the time
- 32% Yes, all of the time

**43. Do you feel bad when someone else gets their feelings hurt?**

- 8% No, never
- 26% Yes, some of the time
- 24% Yes, most of the time
- 42% Yes, all of the time

**44. Do you know where to go for help with a problem?**

- 6% No, never
- 10% Yes, some of the time
- 16% Yes, most of the time
- 67% Yes, all of the time

**45. Do you try to work out your problems by talking or writing about them?**

- 33% No, never
- 23% Yes, some of the time
- 20% Yes, most of the time
- 24% Yes, all of the time

**46. Do you try to do your best?**

- 2% No, never
- 5% Yes, some of the time
- 13% Yes, most of the time
- 80% Yes, all of the time

**47. Do you have goals and plans for the future?**

5% No  
95% Yes

**48. Have other kids at school ever teased you about what your body looks like?**

58% No  
42% Yes

**49. How many days each week do you exercise, dance, or play sports?**

3% 0 days  
3% 1 day  
5% 2 days  
10% 3 days  
10% 4 days  
12% 5 days  
57% 6 or 7 days

**50. Yesterday, how much time did you spend watching TV or playing video games?**

18% None, I didn't watch TV yesterday  
23% Less than 1 hour  
19% About 1 hour  
19% About 2 hours  
22% 3 or more hours

**The next two questions ask about your friends.**

**51. Do your best friends get into trouble?**

28% No, never  
49% Yes, some of the time  
15% Yes, most of the time  
7% Yes, all of the time

**52. Do your best friends try to do the right thing?**

- 5% No, never
- 20% Yes, some of the time
- 24% Yes, most of the time
- 51% Yes, all of the time

**Here are questions about your home.****53. Does a parent or some other grown-up at home care about your schoolwork?**

- 2% No, never
- 3% Yes, some of the time
- 10% Yes, most of the time
- 85% Yes, all of the time

**54. Does a parent or some other grown-up at home believe that you can do a good job?**

- 1% No, never
- 3% Yes, some of the time
- 6% Yes, most of the time
- 89% Yes, all of the time

**55. Does a parent or some other grown-up at home want you to do your best?**

- 1% No, never
- 1% Yes, some of the time
- 6% Yes, most of the time
- 92% Yes, all of the time

**56. Does a parent or some other grown-up at home listen when you have something to say?**

- 2% No, never
- 11% Yes, some of the time
- 21% Yes, most of the time
- 66% Yes, all of the time

**57. Do you help at home?**

- 3% No, never
- 15% Yes, some of the time
- 26% Yes, most of the time
- 56% Yes, all of the time

**58. Do you get to make rules or choose things to do at home?**

- 30% No, never
- 33% Yes, some of the time
- 21% Yes, most of the time
- 16% Yes, all of the time

**59. Did you understand the questions on this survey?**

- 2% No, none of them
- 6% Yes, some of them
- 20% Yes, most of them
- 72% Yes, all of them

**60. Did you answer the questions on this survey honestly and truthfully?**

- 1% No, none of them
- 3% Yes, some of them
- 7% Yes, most of them
- 89% Yes, all of them

**61. What language do you usually speak at home?**

- 59% English (or mostly English)
- 35% Spanish (or mostly Spanish)
- 6% Other.



## External and Internal Assets/Youth Protective Factors and Resilience

	Percent of students scoring High, Moderate, and Low in Assets (%)		
	H	M	L
<b>Total External Assets<sup>1</sup></b>	<b>69</b>	<b>30</b>	<b>1</b>
Caring Relationships	82	17	1
High Expectations	87	13	<1
Meaningful Participation	35	55	10
<b>School Environment</b>	<b>57</b>	<b>36</b>	<b>6</b>
Caring Relationships: Adults in School <sup>2</sup>	69	24	7
High Expectations: Adults in School <sup>3</sup>	80	17	3
Meaningful Participation <sup>4</sup>	36	47	17
<b>Home Environment</b>	<b>90</b>	<b>9</b>	<b>1</b>
Caring Relationships: Adults in Home <sup>5</sup>	92	6	2
High Expectations: Adults in Home <sup>6</sup>	97	3	1
Meaningful Participation <sup>7</sup>	50	42	8
<b>Personal School Connectedness<sup>8</sup></b>	<b>59</b>	<b>32</b>	<b>9</b>
<b>Peer Environment</b>			
High Expectations: Pro-social peers <sup>9</sup>	<b>68</b>	<b>27</b>	<b>5</b>
<b>Total Internal Assets</b>	<b>60</b>	<b>37</b>	<b>3</b>
Empathy <sup>10</sup>	58	31	11
Problem Solving <sup>11</sup>	55	35	10
Goals and Aspirations <sup>12</sup>	95	4	0

<sup>1</sup> Average of School, Home, and Peer Environment calculations.

<sup>2</sup> Survey items: 11, 14

<sup>3</sup> Survey items: 12, 15

<sup>4</sup> Survey items: 10, 16

<sup>5</sup> Survey items: 53, 56

<sup>6</sup> Survey items: 54, 55

<sup>7</sup> Survey items: 57, 58

<sup>8</sup> Survey items: 6, 7, 8, 9, 28

<sup>9</sup> Survey items: 51, 52

<sup>10</sup> Survey items: 42, 43

<sup>11</sup> Survey items: 44, 45

<sup>12</sup> Survey items 17, 46, 47

**Appendix D:**  
**Middle (7<sup>th</sup> Grade) CHKS Frequencies**



## Middle School (7<sup>th</sup> Grade) Questionnaire

2010-11

### Frequencies (n = 348)

This survey asks about your behavior, experiences, and attitudes related to health, well-being, and schooling. It includes questions about use of alcohol, tobacco, and other drugs; bullying and violence; and what you do at school and how you feel about it.

You do not have to answer these questions, **but your answers will be very helpful in improving school and health programs.** You will be able to answer whether or not you have done or experienced any of these things.

**Please do not write your name on this form. Do not identify yourself in any other way.**

Please **circle all of your answers** on the survey. Mark only one answer unless told to "Mark All That Apply."

This survey asks about things you may have done during different periods of time, such as during your **lifetime** (for example, did you ever do something?), or the past **12 months**, or **30 days**. Each provides different information. Please pay careful attendance to these time periods.

**Thank you for taking this survey!**





**First, we would like some background information about you.**

- A1. What is your sex?  
 50% Male  
 50% Female
  
- A2. What grade are you in?  
 100% 7<sup>th</sup> grade
  
- A3. How do you describe yourself? (*Mark All That Apply.*)
 

4% American Indian or Alaska Native	70% Hispanic or Latino/Latina
1% Native Hawaiian or Pacific Islander	3% White or Caucasian (non-Hispanic)
1% Asian or Asian American	8% Other
24% Black or African American (non-Hispanic)	
  
- A4. What best describes where you live? (A home includes a house, apartment, trailer, or mobile home).  
*Mark All That Apply.*

59% A home with both parents	1% Migrant housing
34% A home with only one parent	1% Shelter
6% Other relative's home	0% On the street (no fixed housing), car or van, park, campground or abandoned building
7% A home with more than one family	
0% Friend's home	
1% Foster home, group care, or waiting placement	1% Other transitional or temporary housing
1% Hotel or motel	3% Other living arrangement

**Please mark on your survey how TRUE you feel each of the following statements are about your SCHOOL and things you might do there.**

*How strongly do you agree or disagree with the following statements about your school?*

	Strongly Disagree	Disagree	Neither Disagree Nor Agree	Agree	Strongly Agree
A5. I feel close to people at this school.	8%	11%	25%	41%	15%
A6. I am happy to be at this school.	9%	9%	20%	42%	20%
A7. I feel like I am a part of this school.	8%	14%	23%	42%	13%
A8. The teachers at this school treat students fairly.	9%	14%	21%	41%	15%
A9. I feel safe in my school.	14%	13%	27%	32%	14%

CALIFORNIA *healthy kids* SURVEY

*At my school, there is a teacher or some other adult...*

		Not At All True	A Little True	Pretty Much True	Very Much True
A10.	who really cares about me.	6%	33%	39%	22%
A11.	who tells me when I do a good job.	5%	16%	45%	34%
A12.	who notices when I'm not there.	11%	24%	35%	30%
A13.	who always wants me to do my best.	3%	12%	32%	53%
A14.	who listens to me when I have something to say.	8%	26%	34%	32%
A15.	who believes that I will be a success.	5%	14%	30%	51%

*At school,...*

		Not At All True	A Little True	Pretty Much True	Very Much True
A16.	I do interesting activities.	16%	30%	29%	25%
A17.	I help decide things like class activities or rules.	47%	28%	16%	10%
A18.	I do things that make a difference.	26%	34%	26%	13%

**The next statements are about what might occur outside your school or home, such as in your NEIGHBORHOOD, COMMUNITY, or with an ADULT other than your parents or guardian.**

*Outside of my home and school, there is an adult...*

		Not At All True	A Little True	Pretty Much True	Very Much True
A19.	who really cares about me.	11%	9%	20%	60%
A20.	who tells me when I do a good job.	12%	12%	27%	48%
A21.	who notices when I am upset about something.	9%	14%	28%	49%
A22.	who believes that I will be a success.	7%	12%	23%	58%
A23.	who always wants me to do my best.	6%	10%	18%	67%
A24.	whom I trust.	9%	14%	25%	53%

*Outside of my home and school,...*

		Not At All True	A Little True	Pretty Much True	Very Much True
A25.	I am part of clubs, sports teams, church/temple, or other group activities.	31%	16%	19%	34%
A26.	I am involved in music, art, literature, sports, or a hobby.	21%	14%	25%	41%
A27.	I help other people.	13%	24%	36%	27%



A28. Did you eat breakfast today?  
 41% No  
 59% Yes

**The next questions ask about the use of alcohol, tobacco, marijuana, and other drugs *without a doctor’s order* (prescription for medical reasons).**

**Keep the following definitions in mind.**

- **One drink of ALCOHOL, or alcohol drink (beverage), means one regular size can/bottle of beer or wine cooler, one glass of wine, one mixed drink, or one shot glass of liquor.**
- **Questions about alcohol do not include drinking a few sips of wine for religious purposes.**
- **DRUG means any substance, including pills and medications, used to get “high” (“loaded”, “stoned”, or “wasted”) other than alcohol or tobacco.**

During your life, how many times have you used or tried the following substances without a doctor’s order?

		<u>Number of Times</u>					
		0	1 time	2	3	4-6	7 or more
		times		times	times	times	times
A29.	A <b>whole</b> cigarette	93%	4%	1%	0%	0%	1%
A30.	One <b>full drink of alcohol</b> (such as a can of beer, glass of wine, wine cooler, or shot of liquor)	78%	11%	4%	4%	2%	1%
A31.	<b>Marijuana</b> (pot, weed, grass, hash, bud)	88%	4%	2%	1%	2%	2%
A32.	<b>Inhalants</b> (things you sniff, huff, or breathe to get “high” such as glue, paint, aerosol sprays, gasoline, poppers, gases)	87%	9%	1%	1%	0%	2%
A33.	<b>Derbisol</b> (DB, derbs, dirt)	99%	<1%	<1%	<1%	0%	0%
A34.	<b>Any other illegal drug or pill</b> to get “high”	97%	2%	1%	0%	0%	0%

During your life, how many times have you been...

		<u>Number of Times</u>					
		0	1 time	2	3	4-6	7 or more
		times		times	times	times	times
A35.	very drunk or sick after drinking <b>alcohol</b> ?	94%	5%	1%	1%	0%	0%
A36.	“high” (loaded, stoned, or wasted) from using <b>drugs</b> ?	91%	3%	1%	1%	1%	2%
A37.	drunk on alcohol or “high” on drugs <b><u>on school property</u></b> ?	94%	3%	1%	1%	1%	0%



During the past **30 days**, on how many **days** did you use...

	0 days	1 day	2 days	3-9 days	10-19 days	20-30 days
A38. <b>cigarettes?</b>	97%	2%	1%	<1%	0%	<1%
A39. <b>at least one drink of alcohol?</b>	88%	8%	3%	1%	1%	0%
A40. <b>five or more drinks of alcohol</b> in a row, that is, within a couple of hours?	95%	3%	1%	0%	0%	1%
A41. <b>marijuana</b> (pot, weed, grass, hash, bud)?	94%	2%	1%	1%	1%	1%
A42. <b>inhalants</b> (things you sniff, huff, or breathe to get "high")?	95%	3%	1%	<1%	<1%	1%
A43. <b>any other illegal drug or pill</b> to get "high"?	99%	1%	0%	<1%	<1%	0%

During the past **30 days**, on how many days **on school property** did you...

	0 days	1 day	2 days	3-9 days	10-19 days	20-30 days
A44. smoke cigarettes?	97%	2%	<1%	<1%	0%	0%
A45. have at least one drink of alcohol?	95%	3%	1%	<1%	0%	1%
A46. smoke marijuana?	96%	2%	1%	0%	0%	1%
A47. use any other illegal drug or pill to get "high"?	99%	1%	0%	<1%	0%	0%

How much do people risk harming themselves physically and in other ways when they do the following?

	<u>How Much Risk or Harm</u>			
	Great	Moderate	Slight	None
A48. Smoke cigarettes occasionally	32%	22%	13%	33%
A49. Smoke 1-2 packs of cigarettes each day	48%	10%	8%	34%
A50. Drink alcohol occasionally	31%	21%	17%	31%
A51. Have five or more drinks of an alcoholic beverage once or twice a week	37%	18%	11%	34%
A52. Smoke marijuana occasionally	36%	20%	12%	33%
A53. Smoke marijuana once or twice a week	34%	18%	13%	35%

How difficult is it for students in your grade to get any of the following substances if they really want them?

	Very Difficult	Fairly Difficult	Fairly Easy	Very Easy	Don't Know
A54. Cigarettes	13%	10%	10%	18%	49%
A55. Alcohol	12%	9%	15%	19%	46%
A56. Marijuana	16%	6%	11%	22%	46%


 CALIFORNIA healthy kids SURVEY

- A57. During your life, how many times have you ever driven a car when you had been drinking alcohol, or been in a car driven by a friend when he or she had been drinking?
- |     |         |    |                 |
|-----|---------|----|-----------------|
| 84% | Never   | 3% | 3 to 6 times    |
| 6%  | 1 time  | 1% | 7 or more times |
| 6%  | 2 times |    |                 |
- A58. Has using alcohol, marijuana, or other drugs ever caused *you* to have any of the following problems? (*Mark all that apply.*)
- |     |   |     |   |
|-----|---|-----|---|
| 79% | Doesn't apply; I never used alcohol or drugs          | 3%  | Damage a friendship                                   |
| 3%  | Have problems with emotions, nerves, or mental health | 1%  | Physically hurt or injure yourself                    |
| 3%  | Get into trouble or have problems with the police     | 2%  | Have unwanted or unprotected sex                      |
| 1%  | Have money problems                                   | 1%  | Forget what happened or pass out                      |
| 2%  | Miss school   | 1%  | Have any other problems                               |
| 4%  | Have problems with schoolwork                         | 10% | I've used alcohol or drugs but never had any problems |
| 3%  | Fight with other kids                                 |     |   |
- A59. If you use alcohol, marijuana, or another drug, have you had any of the following experiences? (*Mark All That Apply.*)
- |     |   |
|-----|---|
| 88% | Does not apply; I have not used alcohol or drugs  |
| 2%  | Found you had to increase how much you use to have the same effect as before  |
| 1%  | Frequently spent a lot of time getting, using, or being hung over from using alcohol or other drugs   |
| 2%  | Used alcohol or drugs a lot more than you intended  |
| 3%  | Used alcohol or drugs when you were alone (by yourself)   |
| 2%  | Your use of alcohol or drugs often kept you from doing a normal activity, like going to school, working, or doing recreational activities or hobbies (sports, music, art, etc.) |
| 1%  | Often didn't feel OK unless you had something to drink or used a drug   |
| 4%  | Thought about reducing (cutting down) or stopping use   |
| 3%  | Told yourself you were not going to use but found yourself using anyway   |
| 3%  | Spoke with someone about reducing or stopping use   |
| 1%  | Attended counseling, a program, or group to help you reduce or stop use   |
| 9%  | I use alcohol or drugs but have not experienced any of these things   |
- A60. During the past 12 months, have you **talked** with at least one of your **parents** or guardians about the dangers of tobacco, alcohol, or drug use?
- |     |     |
|-----|-----|
| 68% | Yes |
| 32% | No  |



- A61. During the past **12 months**, have you heard, read, or watched any **messages** about not using alcohol, tobacco, or drugs?  
 88% Yes  
 12% No

### Next are questions about violence, safety, harassment, & bullying.

During the past **12 months**, how many times **on school property** have you...

		Happened on School Property			
		0	1	2 to 3	4 or
		times	time	times	more
A62.	been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	52%	17%	12%	19%
A63.	been afraid of being beaten up?	71%	18%	4%	7%
A64.	been in a physical fight?	66%	15%	12%	7%
A65.	had mean rumors or lies spread about you?	57%	19%	12%	12%
A66.	had sexual jokes, comments, or gestures made to you?	67%	11%	9%	12%
A67.	been made fun of because of your looks or the way you talk?	59%	14%	11%	16%
A68.	damaged school property on purpose?	91%	4%	3%	2%
A69.	carried a gun?	97%	2%	0%	1%
A70.	carried any other weapon (such as a knife or club)?	91%	4%	3%	2%
A71.	been threatened or injured with a weapon (gun, knife, club, etc.)?	92%	4%	2%	1%
A72.	seen someone carrying a gun, knife, or other weapon?	64%	20%	8%	9%

During the past **12 months**, how many times **on school property** have you...

		Happened on School Property			
		0	1	2 to 3	4 or
		times	time	times	more
A73.	seen someone else being pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	14%	17%	20%	48%
A74.	seen someone else get into a physical fight?	12%	11%	18%	59%
A75.	seen someone else be the target of sexual jokes, comments, or gestures?	33%	18%	18%	31%
A76.	seen someone else being threatened or injured with a weapon (gun, knife, club, etc.)?	75%	8%	4%	12%



During the past **12 months**, how many times **at home or in the community** have you...

		<u>Happened at Home or in the Community</u>			
		<u>0</u>	<u>1</u>	<u>2 to 3</u>	<u>4 or</u>
		<u>times</u>	<u>time</u>	<u>times</u>	<u>more</u>
A77.	seen someone else being pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	47%	17%	15%	20%
A78.	seen someone else get into a physical fight?	43%	15%	16%	26%
A79.	seen someone else be the target of sexual jokes, comments, or gestures?	67%	11%	6%	15%
A80.	seen someone else being threatened or injured with a weapon (gun, knife, club, etc.)?	65%	16%	5%	13%

During the past **12 months**, how many times **on school property** were you harassed or bullied for any of the following reasons? [You were **bullied** if repeatedly shoved, hit, threatened, called mean names, teased in a way you didn't like, or had other unpleasant things done to you. It is **not bullying** when two students of about the same strength quarrel or fight.]

		<u>0</u>	<u>1</u>	<u>2 to 3</u>	<u>4 or</u>
		<u>times</u>	<u>time</u>	<u>times</u>	<u>more</u>
A81.	Your race, ethnicity, or national origin	83%	7%	3%	7%
A82.	Your religion	92%	5%	2%	1%
A83.	Your gender (being male or female)	90%	5%	2%	3%
A84.	Because you are gay or lesbian or someone thought you were	90%	4%	3%	3%
A85.	A physical or mental disability	95%	3%	1%	1%
A86.	Any other reason	75%	7%	6%	11%

During the past **12 months**, how many times **on school property** did you see or hear about another student or adult on campus being harassed or bullied for any of the following reasons?

		<u>0</u>	<u>1</u>	<u>2 to 3</u>	<u>4 or</u>
		<u>times</u>	<u>time</u>	<u>times</u>	<u>more</u>
A87.	Their race, ethnicity, or national origin	66%	14%	8%	12%
A88.	Their religion	78%	10%	4%	7%
A89.	Their gender (being male or female)	76%	9%	5%	9%
A90.	Because they are gay or lesbian or someone thought they were	51%	18%	14%	18%
A91.	A physical or mental disability	63%	11%	13%	13%
A92.	Any other reason	64	7%	7%	22%





If you experienced or witnessed harassment or bullying for any of the following reasons, which of the following adults on campus would you feel **most** comfortable talking to?

		Teacher	Counselor	Dean	School Administrator	Campus Security	None
A93.	Your/their race, ethnicity, or national origin	28%	16%	6%	1%	5%	43%
A94.	Your/their religion	23%	16%	7%	1%	3%	50%
A95.	Your/their gender (being male or female)	25%	14%	8%	1%	3%	48%
A96.	Because you/they are gay or lesbian or someone thought you/they were	17%	13%	11%	2%	1%	55%
A97.	A physical or mental disability	17%	14%	10%	3%	3%	53%
A98.	Any other reason	20%	13%	7%	1%	5%	53%
A99.	How safe do you feel when you are <b>at school</b> ?						
	15% Very safe	8%	Unsafe				
	39% Safe	7%	Very unsafe				
	31% Neither safe nor unsafe						
A100.	During the past 30 days, on how many days did you not go to school because you felt unsafe at school or on your way to or from school?						
	86% 0 days	3%	2 or 3 days				
	7% 1 day	4%	4 or more days				
A101.	During the past 12 months, how many times did other students spread mean rumors or lies about you on the internet (i.e. Facebook, MySpace, email, instant message)?						
	77% 0 times (never)	6%	2-3 times				
	11% 1 time	6%	4 or more times				
A102.	Do you consider yourself a member of a gang?						
	93% No	7%	Yes				
A103.	During the past <b>12 months</b> , did you ever feel so sad or hopeless almost everyday for <b>two weeks or more</b> that you stopped doing some usual activities?						
	75% No	25%	Yes				
A104.	During the past 12 months, did you ever seriously consider attempting suicide?						
	88% No	12%	Yes				
A105.	How many questions on this survey did you answer honestly?						
	82% All of them						
	15% Most of them						
	2% Only some of them						
	1% Hardly any						





**Please mark on your answer sheet how you feel about each of the following statements.**

*How true do you feel these statements are about you personally?*

		Not At All True	A Little True	Pretty Much True	Very Much True
B1.	I have goals and plans for the future	4%	8%	21%	68%
B2.	I plan to graduate from high school.	2%	5%	15%	78%
B3.	I plan to go to college or some other school after high school.	3%	8%	14%	74%
B4.	I know where to go for help with a problem.	7%	13%	30%	50%
B5.	I try to work out problems by talking or writing about them.	22%	17%	26%	35%
B6.	I can work out my problems.	10%	23%	30%	37%
B7.	I can do most things if I try.	4%	11%	37%	48%
B8.	I can work with someone who has different opinions than mine.	12%	17%	35%	36%
B9.	There are many things that I do well.	4%	12%	37%	46%
B10.	I feel bad when someone gets their feelings hurt.	12%	16%	27%	46%
B11.	I try to understand what other people go through.	10%	16%	29%	46%
B12.	When I need help, I find someone to talk with.	12%	17%	29%	41%
B13.	I enjoy working together with other students my age.	9%	17%	28%	45%
B14.	I stand up for myself without putting others down.	11%	17%	30%	42%
B15.	I try to understand how other people feel and think.	13%	16%	31%	40%
B16.	There is a purpose to my life.	5%	11%	23%	61%
B17.	I understand my moods and feelings.	6%	11%	27%	56%
B18.	I understand why I do what I do.	5%	12%	21%	62%

*Please turn over. There is one more page.*



## How true are these statements about your FRIENDS?

*I have a friend about my own age...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B19. who really cares about me.	8%	17%	21%	54%
B20. who talks with me about my problems.	15%	16%	21%	48%
B21. who helps me when I'm having a hard time.	10%	15%	20%	55%

*My friends...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B22. get into a lot of trouble.	42%	37%	11%	9%
B23. try to do what is right.	8%	20%	34%	38%
B24. do well in school.	7%	19%	37%	37%

## How true are these statements about your HOME or the ADULTS WITH WHOM YOU LIVE?

*In my home, there is a parent or some other adult...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B25. who expects me to follow the rules.	4%	6%	20%	70%
B26. who is interested in my school work.	4%	11%	25%	60%
B27. who believes that I will be a success.	3%	6%	14%	77%
B28. who talks with me about my problems.	10%	9%	21%	60%
B29. who always wants me to do my best.	2%	5%	13%	81%
B30. who listens to me when I have something to say.	6%	10%	20%	63%

*At home...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B31. I do fun things or go fun places with my parents or other adults.	6%	11%	24%	58%
B32. I do things that make a difference.	13%	23%	36%	28%
B33. I help make decisions with my family.	12%	18%	23%	47%



**California Healthy Kids Survey, Spring 2011**  
**External and Internal Assets – 7<sup>th</sup> grade (n = 348)**

	Percent of students scoring High, Moderate, and Low in Assets		
	H	M	L
<b>Total External Assets<sup>i</sup></b>	<b>60</b>	<b>37</b>	<b>4</b>
Caring Relationships	66	30	4
High Expectations	78	19	3
Meaningful Participation	39	47	14
<b>School Environment</b>	<b>38</b>	<b>52</b>	<b>10</b>
Caring Relationships: Adults in School <sup>ii</sup>	55	36	9
High Expectations: Adults in School <sup>iii</sup>	77	20	4
Meaningful Participation <sup>iv</sup>	25	41	34
<b>Home Environment</b>	<b>80</b>	<b>15</b>	<b>4</b>
Caring Relationships: Adults in Home <sup>v</sup>	80	14	6
High Expectations: Adults in Home <sup>vi</sup>	91	8	1
Meaningful Participation <sup>vii</sup>	67	24	9
<b>Community Environment</b>	<b>63</b>	<b>29</b>	<b>7</b>
Caring Relationships: Adults in Community <sup>viii</sup>	73	20	7
High Expectations: Adults in Community <sup>ix</sup>	80	11	9
Meaningful Participation <sup>x</sup>	49	31	20
<b>Personal School Connectedness<sup>xi</sup></b>	<b>37</b>	<b>49</b>	<b>15</b>
<b>Peer Environment</b>	<b>56</b>	<b>34</b>	<b>9</b>
Caring Relationships: Peers <sup>xii</sup>	69	19	12
High Expectations: Pro-social peers <sup>xiii</sup>	42	50	7
<b>Total Internal Assets</b>	<b>69</b>	<b>27</b>	<b>4</b>
Cooperation and Communication <sup>xiv</sup>	64	28	8
Self-efficacy <sup>xv</sup>	71	24	4
Empathy <sup>xvi</sup>	65	23	11
Problem Solving <sup>xvii</sup>	61	30	8
Self-awareness <sup>xviii</sup>	79	16	5
Goals and Aspirations <sup>xix</sup>	89	8	3



---

<sup>i</sup> Average of assets in school, home, community, and peer environments.

<sup>ii</sup> Survey items: A10, A12

<sup>iii</sup> Survey items: A11, A13, A15

<sup>iv</sup> Survey items: A16, A17, A18

<sup>v</sup> Survey items: B26, B28, B30

<sup>vi</sup> Survey items: B25, B27, B29

<sup>vii</sup> Survey items: B31, B32, B33

<sup>viii</sup> Survey items: A19, A21, A24

<sup>ix</sup> Survey items: A20, A22, A23

<sup>x</sup> Survey items: A25, A26, A27

<sup>xi</sup> Survey items: A5, A6, A7, A8, A9

<sup>xii</sup> Survey items: B19, B20, B21

<sup>xiii</sup> Survey items: B22, B23, B24

<sup>xiv</sup> Survey items: B8, B13, B14

<sup>xv</sup> Survey items: B6, B7, B9

<sup>xvi</sup> Survey items: B10, B11, B15

<sup>xvii</sup> Survey items: B4, B5, B12

<sup>xviii</sup> Survey items: B16, B17, B18

<sup>xix</sup> Survey items: B1, B2, B3

**Appendix E:**  
**9<sup>th</sup> Grade CHKS Frequencies**



## Washington Preparatory High School

### High School Questionnaire

2010-11

### 9<sup>th</sup> Grade Frequencies (n = 290)

This survey asks about your behavior, experiences, and attitudes related to health, well-being, and schooling. It includes questions about use of alcohol, tobacco, and other drugs; bullying and violence; and what you do at school and how you feel about it.

You do not have to answer these questions, **but your answers will be very helpful in improving school and health programs.** You will be able to answer whether or not you have done or experienced any of these things.

**Please do not write your name on this form. Do not identify yourself in any other way.**

Please **circle all of your answers** on the survey. Mark only one answer unless told to "Mark All That Apply."

This survey asks about things you may have done during different periods of time, such as during your **lifetime** (for example, did you ever do something?), or the past **12 months**, or **30 days**. Each provides different information. Please pay careful attendance to these time periods.

**Thank you for taking this survey!**



**First, we would like some background information about you.**

- A1. What is your sex?  
 54% Male  
 46% Female
  
- A2. What grade are you in?  
 100% 9<sup>th</sup> grade  
 0% 11<sup>th</sup> grade  
 0% Continuation High
  
- A3. How do you describe yourself? (*Mark All That Apply.*)  
 6% American Indian or Alaska Native  
 1% Native Hawaiian or Pacific Islander  
 1% Asian or Asian American  
 48% Black or African American (non-Hispanic)  
 46% Hispanic or Latino/Latina  
 2% White or Caucasian (non-Hispanic)  
 9% Other
  
- A4. What best describes where you live? (A home includes a house, apartment, trailer, or mobile home).  
*Mark All That Apply.*  
 41% A home with both parents  
 51% A home with only one parent  
 4% Other relative's home  
 4% A home with more than one family  
 1% Friend's home  
 2% Foster home, group care, or waiting placement  
 0% Hotel or motel  
 0% Migrant housing  
 1% Shelter  
 0% On the street (no fixed housing), car or van, park, campground or abandoned building  
 0% Other transitional or temporary housing  
 1% Other living arrangement

**Please mark on your survey how TRUE you feel each of the following statements are about your SCHOOL and things you might do there.**

*How strongly do you agree or disagree with the following statements about your school?*

		Strongly Disagree	Disagree	Neither Disagree Nor Agree	Agree	Strongly Agree
A5.	I feel close to people at this school.	10%	8%	31%	40%	11%
A6.	I am happy to be at this school.	10%	12%	33%	35%	10%
A7.	I feel like I am a part of this school.	10%	12%	32%	34%	12%
A8.	The teachers at this school treat students fairly.	14%	19%	33%	27%	7%
A9.	I feel safe in my school.	21%	17%	36%	19%	6%



*At my school, there is a teacher or some other adult...*

		Not At All True	A Little True	Pretty Much True	Very Much True
A10.	who really cares about me.	14%	32%	31%	24%
A11.	who tells me when I do a good job.	10%	16%	41%	33%
A12.	who notices when I'm not there.	12%	25%	32%	31%
A13.	who always wants me to do my best.	5%	12%	31%	51%
A14.	who listens to me when I have something to say.	14%	26%	35%	25%
A15.	who believes that I will be a success.	8%	14%	33%	46%

*At school,...*

		Not At All True	A Little True	Pretty Much True	Very Much True
A16.	I do interesting activities.	20%	29%	21%	30%
A17.	I help decide things like class activities or rules.	44%	29%	19%	8%
A18.	I do things that make a difference.	25%	34%	22%	19%

**The next statements are about what might occur outside your school or home, such as in your NEIGHBORHOOD, COMMUNITY, or with an ADULT other than your parents or guardian.**

*Outside of my home and school, there is an adult...*

		Not At All True	A Little True	Pretty Much True	Very Much True
A19.	who really cares about me.	6%	15%	24%	56%
A20.	who tells me when I do a good job.	10%	18%	31%	40%
A21.	who notices when I am upset about something.	9%	17%	27%	47%
A22.	who believes that I will be a success.	8%	11%	24%	58%
A23.	who always wants me to do my best.	6%	10%	22%	63%
A24.	whom I trust.	13%	13%	24%	51%

*Outside of my home and school,...*

		Not At All True	A Little True	Pretty Much True	Very Much True
A25.	I am part of clubs, sports teams, church/temple, or other group activities.	28%	18%	21%	33%
A26.	I am involved in music, art, literature, sports, or a hobby.	20%	18%	22%	40%
A27.	I help other people.	16%	29%	26%	29%





A28. Did you eat breakfast today?  
 55% No  
 45% Yes

**The next questions ask about the use of alcohol, tobacco, marijuana, and other drugs *without a doctor’s order* (prescription for medical reasons).**

**Keep the following definitions in mind.**

- **One drink of ALCOHOL, or alcohol drink (beverage), means one regular size can/bottle of beer or wine cooler, one glass of wine, one mixed drink, or one shot glass of liquor.**
- **Questions about alcohol do not include drinking a few sips of wine for religious purposes.**
- **DRUG means any substance, including pills and medications, used to get “high” (“loaded”, “stoned”, or “wasted”) other than alcohol or tobacco.**

During your life, how many times have you used or tried the following substances without a doctor’s order?

		Number of Times					
		0	1	2	3	4-6	7 or more
		times	time	times	times	times	times
A29.	A <b>whole</b> cigarette	87%	6%	2%	1%	1%	4%
A30.	One <b>full drink of alcohol</b> (such as a can of beer, glass of wine, wine cooler, or shot of liquor)	51%	15%	6%	6%	7%	16%
A31.	<b>Marijuana</b> (pot, weed, grass, hash, bud)	61%	9%	5%	3%	5%	18%
A32.	<b>Inhalants</b> (things you sniff, huff, or breathe to get “high” such as glue, paint, aerosol sprays, gasoline, poppers, gases)	89%	4%	1%	1%	1%	3%
A33.	<b>Cocaine</b> (any form, coke, crack, rock, base, snort)	95%	1%	1%	1%	<1%	2%
A34.	<b>Methamphetamine or any amphetamines</b> (meth, speed, crystal, crank, ice)	94%	2%	<1%	1%	1%	2%
A35.	<b>Derbisol</b> (DB, derbs, dirt)	97%	1%	<1%	1%	<1%	<1%
A36.	<b>LSD or other psychedelics</b> (acid, mescaline, peyote, mushrooms)	97%	1%	0%	1%	1%	<1%
A37.	<b>Ecstasy</b> (E, X, EXTC, MDMA)	88%	4%	2%	1%	1%	4%
A38.	<b>Heroin</b> (smack, junk, China white, black tar)	97%	1%	1%	<1%	1%	<1%
A39.	<b>Any other illegal drug or pill</b> to get “high”	89%	2%	2%	2%	1%	3%



During your life, how many times have you used or tried the following pills or medications without a doctor's order (to get "high" or "stoned")?

		<u>Number of Times</u>					
		0	1	2	3	4-6	7 or more
		<u>times</u>	<u>time</u>	<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>
A40.	<b>Prescription pain killers</b> (Vicodin, OxyContin, Percodan, Lortab)	87%	6%	5%	<1%	<1%	2%
A41.	<b>Barbiturates</b> (Seconol, Nembutol, Amital, reds, yellow jackets)	97%	2%	<1%	1%	0%	<1%
A42.	<b>Tranquilizers, or sedatives</b> , (tranks, libs, Xanax, Valium, Ativan, Librium, Klonopin, bezodiazepine (benzos))	96%	1%	2%	0%	<1%	1%
A43.	<b>Cold/Cough Medicines</b> (Triple-C's, Coricidin Cough, Sudafed, TheraFlu, Tylenol Cough)	67%	7%	5%	2%	3%	16%
A44.	<b>Diet Pills</b> (Didrex, Dexedrine, Zinadrine, Skittles, M&M's)	96%	1%	1%	0%	0%	2%
A45.	<b>Ritalin or Adderall</b> (JIF, R-ball, Skippy, the smart drug)	95	1%	1%	0%	<1%	1%

During your life, how many times have you been...

		<u>Number of Times</u>					
		0	1	2	3	4-6	7 or more
		<u>times</u>	<u>time</u>	<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>
A46.	very drunk or sick after drinking <b>alcohol</b> ?	74%	12%	3%	3%	2%	6%
A47.	"high" (loaded, stoned, or wasted) from using <b>drugs</b> ?	71%	7%	4%	3%	2%	12%
A48.	drunk on alcohol or "high" on drugs <b><u>on school property</u></b> ?	76%	7%	2%	3%	2%	10%



During the past **30 days**, on how many **days** did you use...

	0 days	1 day	2 days	3-9 days	10-19 days	20-30 days
A49. <b>cigarettes?</b>	93%	2%	1%	1%	1%	2%
A50. <b>at least one drink of alcohol?</b>	68%	15%	7%	6%	1%	3%
A51. <b>five or more drinks of alcohol</b> in a row, that is, within a couple of hours?	86%	4%	4%	2%	1%	3%
A52. <b>marijuana</b> (pot, weed, grass, hash, bud)?	76%	8%	2%	5%	2%	8%
A53. <b>inhalants</b> (things you sniff, huff, or breathe to get “high”)?	96%	1%	1%	0%	1%	1%
A54. <b>cocaine</b> (any form, coke, crack, rock, base, snort)?	95%	1%	1%	1%	1%	2%
A55. <b>methamphetamine or amphetamines</b> (meth, speed, crystal, crank, ice)?	97%	<1%	<1%	<1%	<1%	1%
A56. <b>ecstasy, LSD or other psychedelics</b> (acid, mescaline, peyote, mushrooms)?	92%	3%	1%	2%	1%	1%
A57. <b>any other illegal drug or pill</b> to get “high”?	91%	5%	1%	1%	1%	2%

During the past **30 days**, on how many **days on school property** did you...

	0 days	1 day	2 days	3-9 days	10-19 days	20-30 days
A58. smoke cigarettes?	94%	1%	1%	1%	1%	1%
A59. have at least one drink of alcohol?	80%	10%	4%	2%	1%	2%
A60. smoke marijuana?	83%	4%	2%	3%	2%	6%
A61. use any other illegal drug or pill to get “high”?	92%	4%	<1%	1%	1%	2%

How much do people risk harming themselves physically and in other ways when they do the following?

	<u>How Much Risk or Harm</u>			
	Great	Moderate	Slight	None
A62. Smoke cigarettes occasionally	41%	23%	14%	23%
A63. Smoke 1-2 packs of cigarettes each day	60%	9%	9%	22%
A64. Drink alcohol occasionally	35%	25%	22%	18%
A65. Have five or more drinks of an alcoholic beverage once or twice a week	49%	16%	13%	22%
A66. Smoke marijuana occasionally	38%	21%	17%	24%
A67. Smoke marijuana once or twice a week	36%	22%	16%	26%



How difficult is it for students in your grade to get any of the following substances if they really want them?

		Very Difficult	Fairly Difficult	Fairly Easy	Very Easy	Don't Know
A68.	Cigarettes	9%	10%	18%	24%	38%
A69.	Alcohol	11%	10%	19%	33%	27%
A70.	Marijuana	12%	5%	12%	46%	25%

A71. During your life, how many times have you ever driven a car when you had been drinking alcohol, or been in a car driven by a friend when he or she had been drinking?  
 80% Never                      2% 3 to 6 times  
 6% 1 time                      8% 7 or more times  
 4% 2 times

A72. Has using alcohol, marijuana, or other drugs ever caused *you* to have any of the following problems? (Mark all that apply.)

53%	Doesn't apply; I never used alcohol or drugs	6%	Damage a friendship
8%	Have problems with emotions, nerves, or mental health	4%	Physically hurt or injure yourself
7%	Get into trouble or have problems with the police	4%	Have unwanted or unprotected sex
4%	Have money problems	9%	Forget what happened or pass out
8%	Miss school	4%	Have any other problems
9%	Have problems with schoolwork	25%	I've used alcohol or drugs but never had any problems
9%	Fight with other kids		

A73. If you use alcohol, marijuana, or another drug, have you had any of the following experiences? (Mark All That Apply.)

- 55% Does not apply; I have not used alcohol or drugs
- 4% Found you had to increase how much you use to have the same effect as before
- 5% Frequently spent a lot of time getting, using, or being hung over from using alcohol or other drugs
- 9% Used alcohol or drugs a lot more than you intended
- 13% Used alcohol or drugs when you were alone (by yourself)
- 7% Your use of alcohol or drugs often kept you from doing a normal activity, like going to school, working, or doing recreational activities or hobbies (sports, music, art, etc.)
- 6% Often didn't feel OK unless you had something to drink or used a drug
- 10% Thought about reducing (cutting down) or stopping use
- 9% Told yourself you were not going to use but found yourself using anyway
- 8% Spoke with someone about reducing or stopping use
- 4% Attended counseling, a program, or group to help you reduce or stop use
- 18% I use alcohol or drugs but have not experienced any of these things



- A74. During the past **12 months**, have you **talked** with at least one of your **parents** or guardians about the dangers of tobacco, alcohol, or drug use?  
 57% Yes  
 43% No
- A75. During the past **12 months**, have you heard, read, or watched any **messages** about not using alcohol, tobacco, or drugs?  
 79% Yes  
 21% No

**Next are questions about violence, safety, harassment, & bullying.**

*During the past **12 months**, how many times **on school property** have you...*

		<u>Happened on School Property</u>			
		<u>0</u>	<u>1</u>	<u>2 to 3</u>	<u>4 or</u>
		<u>times</u>	<u>time</u>	<u>times</u>	<u>more</u>
A76.	been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	79%	10%	6%	5%
A77.	been afraid of being beaten up?	89%	7%	4%	1%
A78.	been in a physical fight?	69%	11%	9%	11%
A79.	had mean rumors or lies spread about you?	67%	20%	9%	4%
A80.	had sexual jokes, comments, or gestures made to you?	68%	8%	8%	16%
A81.	been made fun of because of your looks or the way you talk?	68%	16%	5%	11%
A82.	damaged school property on purpose?	86%	7%	3%	4%
A83.	carried a gun?	93%	3%	1%	3%
A84.	carried any other weapon (such as a knife or club)?	86%	6%	2%	5%
A85.	been threatened or injured with a weapon (gun, knife, club, etc.)?	91%	3%	2%	4%
A86.	seen someone carrying a gun, knife, or other weapon?	64%	15%	11%	10%

*During the past **12 months**, how many times **on school property** have you...*

		<u>Happened on School Property</u>			
		<u>0</u>	<u>1</u>	<u>2 to 3</u>	<u>4 or</u>
		<u>times</u>	<u>time</u>	<u>times</u>	<u>more</u>
A87.	seen someone else being pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	24%	13%	21%	42%
A88.	seen someone else get into a physical fight?	11%	8%	22%	59%
A89.	seen someone else be the target of sexual jokes, comments, or gestures?	35%	14%	16%	36%
A90.	seen someone else being threatened or injured with a weapon (gun, knife, club, etc.)?	72%	11%	5%	13%



During the past **12 months**, how many times **at home or in the community** have you...

		<u>Happened at Home or in the Community</u>			
		<u>0 times</u>	<u>1 time</u>	<u>2 to 3 times</u>	<u>4 or more</u>
A91.	seen someone else being pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	48%	12%	15%	26%
A92.	seen someone else get into a physical fight?	41%	11%	16%	33%
A93.	seen someone else be the target of sexual jokes, comments, or gestures?	60%	9%	11%	20%
A94.	seen someone else being threatened or injured with a weapon (gun, knife, club, etc.)?	59%	11%	11%	18%

During the past **12 months**, how many times **on school property** were you harassed or bullied for any of the following reasons? [You were **bullied** if repeatedly shoved, hit, threatened, called mean names, teased in a way you didn't like, or had other unpleasant things done to you. It is **not bullying** when two students of about the same strength quarrel or fight.]

		<u>0 times</u>	<u>1 time</u>	<u>2 to 3 times</u>	<u>4 or more</u>
A95.	Your race, ethnicity, or national origin	85%	7%	4%	4%
A96.	Your religion	95%	3%	1%	1%
A97.	Your gender (being male or female)	90%	5%	3%	2%
A98.	Because you are gay or lesbian or someone thought you were	87%	6%	5%	2%
A99.	A physical or mental disability	92%	3%	1%	3%
A100.	Any other reason	83%	8%	3%	6%

During the past **12 months**, how many times **on school property** did you see or hear about another student or adult on campus being harassed or bullied for any of the following reasons?

		<u>0 times</u>	<u>1 time</u>	<u>2 to 3 times</u>	<u>4 or more</u>
A101.	Their race, ethnicity, or national origin	62%	13%	13%	13%
A102.	Their religion	77%	10%	4%	9%
A103.	Their gender (being male or female)	75%	7%	6%	11%
A104.	Because they are gay or lesbian or someone thought they were	49%	16%	15%	20%
A105.	A physical or mental disability	59%	11%	11%	18%
A106.	Any other reason	62%	8%	9%	22%



If you experienced or witnessed harassment or bullying for any of the following reasons, which of the following adults on campus would you feel **most** comfortable talking to?

	Teacher	Counselor	Dean	School Administrator	Campus Security	None
A107. Your/their race, ethnicity, or national origin	29%	15%	5%	2%	2%	48%
A108. Your/their religion	21%	15%	4%	1%	3%	55%
A109. Your/their gender (being male or female)	22%	13%	6%	3%	1%	55%
A110. Because you/they are gay or lesbian or someone thought you/they were	14%	15%	3%	4%	1%	63%
A111. A physical or mental disability	14%	14%	8%	3%	3%	58%
A112. Any other reason	19%	13%	5%	3%	4%	57%
A113. How safe do you feel when you are <b>at school</b> ?						
7% Very safe	14%	Unsafe				
22% Safe	11%	Very unsafe				
45% Neither safe nor unsafe						
A114. During the past 30 days, on how many days did you not go to school because you felt unsafe at school or on your way to or from school?						
76% 0 days	7%	2 or 3 days				
10% 1 day	6%	4 or more days				
A115. During the past 12 months, how many times did other students spread mean rumors or lies about you on the internet (i.e. Facebook, MySpace, email, instant message)?						
80% 0 times (never)	7%	2-3 times				
9% 1 time	4%	4 or more times				
A116. Do you consider yourself a member of a gang?						
88% No	12%	Yes				
A117. During the past <b>12 months</b> , did you ever feel so sad or hopeless almost everyday for <b>two weeks or more</b> that you stopped doing some usual activities?						
77% No	23%	Yes				
A118. During the past 12 months, did you ever seriously consider attempting suicide?						
88% No	12%	Yes				
A119. How many questions on this survey did you answer honestly?						
76% All of them						
16% Most of them						
5% Only some of them						
3% Hardly any						





**Please mark on your answer sheet how you feel about each of the following statements.**

*How true do you feel these statements are about you personally?*

		Not At All True	A Little True	Pretty Much True	Very Much True
B1.	I have goals and plans for the future	2%	9%	18%	71%
B2.	I plan to graduate from high school.	4%	3%	8%	86%
B3.	I plan to go to college or some other school after high school.	5%	8%	15%	72%
B4.	I know where to go for help with a problem.	9%	16%	27%	48%
B5.	I try to work out problems by talking or writing about them.	24%	20%	21%	35%
B6.	I can work out my problems.	9%	20%	30%	42%
B7.	I can do most things if I try.	4%	10%	34%	52%
B8.	I can work with someone who has different opinions than mine.	11%	19%	29%	40%
B9.	There are many things that I do well.	5%	11%	27%	57%
B10.	I feel bad when someone gets their feelings hurt.	15%	18%	29%	38%
B11.	I try to understand what other people go through.	12%	16%	31%	41%
B12.	When I need help, I find someone to talk with.	17%	19%	27%	37%
B13.	I enjoy working together with other students my age.	12%	19%	31%	38%
B14.	I stand up for myself without putting others down.	11%	16%	29%	44%
B15.	I try to understand how other people feel and think.	10%	23%	27%	40%
B16.	There is a purpose to my life.	8%	7%	20%	66%
B17.	I understand my moods and feelings.	8%	12%	27%	53%
B18.	I understand why I do what I do.	7%	11%	22%	60%

*Please turn over. There is one more page.*





## How true are these statements about your FRIENDS?

*I have a friend about my own age...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B19. who really cares about me.	8%	13%	25%	54%
B20. who talks with me about my problems.	12%	17%	22%	49%
B21. who helps me when I'm having a hard time.	11%	10%	23%	56%

*My friends...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B22. get into a lot of trouble.	31%	42%	16%	11%
B23. try to do what is right.	9%	22%	35%	34%
B24. do well in school.	9%	21%	36%	33%

## How true are these statements about your HOME or the ADULTS WITH WHOM YOU LIVE?

*In my home, there is a parent or some other adult...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B25. who expects me to follow the rules.	4%	8%	24%	63%
B26. who is interested in my school work.	6%	12%	30%	51%
B27. who believes that I will be a success.	3%	10%	19%	68%
B28. who talks with me about my problems.	12%	18%	27%	43%
B29. who always wants me to do my best.	3%	5%	21%	71%
B30. who listens to me when I have something to say.	8%	18%	25%	49%

*At home...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B31. I do fun things or go fun places with my parents or other adults.	12%	20%	26%	42%
B32. I do things that make a difference.	17%	24%	31%	28%
B33. I help make decisions with my family.	17%	20%	26%	38%



**California Healthy Kids Survey, Spring 2011  
External and Internal Assets – 9<sup>th</sup> Grade (n = 290)**

	Percent of students scoring High, Moderate, and Low in Assets		
	H	M	L
<b>Total External Assets<sup>i</sup></b>	<b>52</b>	<b>44</b>	<b>4</b>
Caring Relationships	61	35	4
High Expectations	68	29	2
Meaningful Participation	32	51	17
<b>School Environment</b>	<b>36</b>	<b>51</b>	<b>13</b>
Caring Relationships: Adults in School <sup>ii</sup>	51	37	12
High Expectations: Adults in School <sup>iii</sup>	71	22	6
Meaningful Participation <sup>iv</sup>	28	41	31
<b>Home Environment</b>	<b>67</b>	<b>28</b>	<b>5</b>
Caring Relationships: Adults in Home <sup>v</sup>	69	23	8
High Expectations: Adults in Home <sup>vi</sup>	87	11	3
Meaningful Participation <sup>vii</sup>	55	30	15
<b>Community Environment</b>	<b>62</b>	<b>31</b>	<b>7</b>
Caring Relationships: Adults in Community <sup>viii</sup>	73	19	8
High Expectations: Adults in Community <sup>ix</sup>	74	19	7
Meaningful Participation <sup>x</sup>	48	33	18
<b>Personal School Connectedness<sup>xi</sup></b>	<b>24</b>	<b>56</b>	<b>21</b>
<b>Peer Environment</b>	<b>58</b>	<b>34</b>	<b>8</b>
Caring Relationships: Peers <sup>xii</sup>	71	19	10
High Expectations: Pro-social peers <sup>xiii</sup>	41	51	8
<b>Total Internal Assets</b>	<b>66</b>	<b>32</b>	<b>2</b>
Cooperation and Communication <sup>xiv</sup>	63	28	8
Self-efficacy <sup>xv</sup>	75	20	5
Empathy <sup>xvi</sup>	60	27	13
Problem Solving <sup>xvii</sup>	57	30	13
Self-awareness <sup>xviii</sup>	78	14	7
Goals and Aspirations <sup>xix</sup>	90	7	3



- 
- <sup>i</sup> Average of assets in school, home, community, and peer environments.
- <sup>ii</sup> Survey items: A10, A12
- <sup>iii</sup> Survey items: A11, A13, A15
- <sup>iv</sup> Survey items: A16, A17, A18
- <sup>v</sup> Survey items: B26, B28, B30
- <sup>vi</sup> Survey items: B25, B27, B29
- <sup>vii</sup> Survey items: B31, B32, B33
- <sup>viii</sup> Survey items: A19, A21, A24
- <sup>ix</sup> Survey items: A20, A22, A23
- <sup>x</sup> Survey items: A25, A26, A27
- <sup>xi</sup> Survey items: A5, A6, A7, A8, A9
- <sup>xii</sup> Survey items: B19, B20, B21
- <sup>xiii</sup> Survey items: B22, B23, B24
- <sup>xiv</sup> Survey items: B8, B13, B14
- <sup>xv</sup> Survey items: B6, B7, B9
- <sup>xvi</sup> Survey items: B10, B11, B15
- <sup>xvii</sup> Survey items: B4, B5, B12
- <sup>xviii</sup> Survey items: B16, B17, B18
- <sup>xix</sup> Survey items: B1, B2, B3

**Appendix F:**  
**11<sup>th</sup> Grade CHKS Frequencies**



## Washington Preparatory High School

### High School Questionnaire

2010-11

### 11<sup>th</sup> Grade Frequencies (n = 348)

This survey asks about your behavior, experiences, and attitudes related to health, well-being, and schooling. It includes questions about use of alcohol, tobacco, and other drugs; bullying and violence; and what you do at school and how you feel about it.

You do not have to answer these questions, **but your answers will be very helpful in improving school and health programs.** You will be able to answer whether or not you have done or experienced any of these things.

**Please do not write your name on this form. Do not identify yourself in any other way.**

Please **circle all of your answers** on the survey. Mark only one answer unless told to "Mark All That Apply."

This survey asks about things you may have done during different periods of time, such as during your **lifetime** (for example, did you ever do something?), or the past **12 months**, or **30 days**. Each provides different information. Please pay careful attendance to these time periods.

**Thank you for taking this survey!**



**First, we would like some background information about you.**

- A1. What is your sex?  
44% Male  
56% Female
  
- A2. What grade are you in?  
0% 9<sup>th</sup> grade  
100% 11<sup>th</sup> grade  
0% Continuation High
  
- A3. How do you describe yourself? (*Mark All That Apply.*)  
4% American Indian or Alaska Native  
3% Native Hawaiian or Pacific Islander  
2% Asian or Asian American  
44% Black or African American (non-Hispanic)  
50% Hispanic or Latino/Latina  
3% White or Caucasian (non-Hispanic)  
7% Other
  
- A4. What best describes where you live? (A home includes a house, apartment, trailer, or mobile home).  
*Mark All That Apply.*  
49% A home with both parents  
41% A home with only one parent  
6% Other relative's home  
6% A home with more than one family  
<1% Friend's home  
1% Foster home, group care, or waiting placement  
0% Hotel or motel  
<1% Migrant housing  
0% Shelter  
<1% On the street (no fixed housing), car or van, park, campground or abandoned building  
1% Other transitional or temporary housing  
1% Other living arrangement

**Please mark on your survey how TRUE you feel each of the following statements are about your SCHOOL and things you might do there.**

*How strongly do you agree or disagree with the following statements about your school?*

		Strongly Disagree	Disagree	Neither Disagree Nor Agree	Agree	Strongly Agree
A5.	I feel close to people at this school.	7%	14%	25%	39%	16%
A6.	I am happy to be at this school.	10%	15%	29%	35%	12%
A7.	I feel like I am a part of this school.	10%	14%	26%	37%	12%
A8.	The teachers at this school treat students fairly.	11%	20%	30%	30%	8%
A9.	I feel safe in my school.	17%	20%	36%	23%	4%



*At my school, there is a teacher or some other adult...*

	Not At All True	A Little True	Pretty Much True	Very Much True
A10. who really cares about me.	10%	32%	29%	29%
A11. who tells me when I do a good job.	8%	22%	38%	33%
A12. who notices when I'm not there.	12%	24%	31%	33%
A13. who always wants me to do my best.	4%	13%	30%	52%
A14. who listens to me when I have something to say.	12%	21%	39%	29%
A15. who believes that I will be a success.	8%	15%	30%	47%

*At school,...*

	Not At All True	A Little True	Pretty Much True	Very Much True
A16. I do interesting activities.	25%	22%	20%	33%
A17. I help decide things like class activities or rules.	45%	25%	21%	9%
A18. I do things that make a difference.	27%	27%	24%	22%

**The next statements are about what might occur outside your school or home, such as in your NEIGHBORHOOD, COMMUNITY, or with an ADULT other than your parents or guardian.**

*Outside of my home and school, there is an adult...*

	Not At All True	A Little True	Pretty Much True	Very Much True
A19. who really cares about me.	7%	15%	18%	60%
A20. who tells me when I do a good job.	12%	15%	26%	48%
A21. who notices when I am upset about something.	13%	16%	22%	50%
A22. who believes that I will be a success.	8%	15%	23%	54%
A23. who always wants me to do my best.	8%	10%	18%	63%
A24. whom I trust.	13%	16%	17%	54%

*Outside of my home and school,...*

	Not At All True	A Little True	Pretty Much True	Very Much True
A25. I am part of clubs, sports teams, church/temple, or other group activities.	35%	14%	16%	35%
A26. I am involved in music, art, literature, sports, or a hobby.	26%	16%	18%	39%
A27. I help other people.	10%	26%	28%	36%



A28. Did you eat breakfast today?  
 51% No  
 49% Yes

The next questions ask about the use of alcohol, tobacco, marijuana, and other drugs *without a doctor’s order* (prescription for medical reasons).

**Keep the following definitions in mind.**

- **One drink of ALCOHOL**, or alcohol drink (beverage), means one regular size can/bottle of beer or wine cooler, one glass of wine, one mixed drink, or one shot glass of liquor.
- **Questions about alcohol do not include drinking a few sips of wine for religious purposes.**
- **DRUG** means any substance, including pills and medications, used to get “high” (“loaded”, “stoned”, or “wasted”) other than alcohol or tobacco.

During your **life**, how many times have you used or tried the following substances without a doctor’s order?

		<u>Number of Times</u>					
		0	1 time	2	3	4-6	7 or more
		times		times	times	times	times
A29.	A <b>whole</b> cigarette	79%	8%	2%	2%	1%	7%
A30.	One <b>full drink of alcohol</b> (such as a can of beer, glass of wine, wine cooler, or shot of liquor)	42%	10%	6%	5%	7%	30%
A31.	<b>Marijuana</b> (pot, weed, grass, hash, bud)	52%	8%	6%	5%	8%	22%
A32.	<b>Inhalants</b> (things you sniff, huff, or breathe to get “high” such as glue, paint, aerosol sprays, gasoline, poppers, gases)	84%	4%	1%	3%	2%	6%
A33.	<b>Cocaine</b> (any form, coke, crack, rock, base, snort)	95%	2%	1%	0%	1%	1%
A34.	<b>Methamphetamine or any amphetamines</b> (meth, speed, crystal, crank, ice)	97%	1%	1%	0%	0%	1%
A35.	<b>Derbisol</b> (DB, derbs, dirt)	99%	<1%	<1%	<1%	0%	<1%
A36.	<b>LSD or other psychedelics</b> (acid, mescaline, peyote, mushrooms)	97%	1%	<1%	1%	0%	1%
A37.	<b>Ecstasy</b> (E, X, EXTC, MDMA)	91%	2%	2%	1%	1%	3%
A38.	<b>Heroin</b> (smack, junk, China white, black tar)	99%	1%	<1%	0%	0%	<1%
A39.	<b>Any other illegal drug or pill</b> to get “high”	92%	3%	<1%	<1%	1%	4%





During your **life**, how many times have you used or tried the following pills or medications without a doctor's order (to get "high" or "stoned")?

		<u>Number of Times</u>					
		0	1 time	2	3	4-6	7 or more
		<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>
A40.	<b>Prescription pain killers</b> (Vicodin, OxyContin, Percodan, Lortab)	85%	4%	3%	2%	1%	4%
A41.	<b>Barbiturates</b> (Seconol, Nembutol, Amital, reds, yellow jackets)	99%	1%	<1%	0%	<1%	0%
A42.	<b>Tranquilizers, or sedatives</b> , (tranks, libs, Xanax, Valium, Ativan, Librium, Klonopin, benzodiazepine (benzos))	97%	1%	1%	<1%	0%	1%
A43.	<b>Cold/Cough Medicines</b> (Triple-C's, Coricidin Cough, Sudafed, TheraFlu, Tylenol Cough)	68%	5%	4%	4%	3%	15%
A44.	<b>Diet Pills</b> (Didrex, Dexedrine, Zinadrine, Skittles, M&M's)	95%	1%	1%	1%	0%	2%
A45.	<b>Ritalin or Adderall</b> (JIF, R-ball, Skippy, the smart drug)	98%	<1%	<1%	1%	1%	<1%

During your **life**, how many times have you been...

		<u>Number of Times</u>					
		0	1 time	2	3	4-6	7 or more
		<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>
A46.	very drunk or sick after drinking <b>alcohol</b> ?	67%	12%	6%	4%	1%	10%
A47.	"high" (loaded, stoned, or wasted) from using <b>drugs</b> ?	63%	7%	4%	4%	4%	19%
A48.	drunk on alcohol or "high" on drugs <b><u>on school property</u></b> ?	75%	6%	4%	4%	4%	7%



During the past **30 days**, on how many **days** did you use...

	0 days	1 day	2 days	3-9 days	10-19 days	20-30 days
A49. <b>cigarettes?</b>	92%	2%	1%	2%	1%	2%
A50. <b>at least one drink of alcohol?</b>	70%	13%	6%	5%	4%	2%
A51. <b>five or more drinks of alcohol</b> in a row, that is, within a couple of hours?	85%	6%	3%	4%	1%	2%
A52. <b>marijuana</b> (pot, weed, grass, hash, bud)?	77%	5%	4%	5%	3%	6%
A53. <b>inhalants</b> (things you sniff, huff, or breathe to get “high”)?	93%	1%	1%	1%	1%	1%
A54. <b>cocaine</b> (any form, coke, crack, rock, base, snort)?	98%	<1%	1%	1%	<1%	<1%
A55. <b>methamphetamine or amphetamines</b> (meth, speed, crystal, crank, ice)?	98%	1%	<1%	1%	<1%	0%
A56. <b>ecstasy, LSD or other psychedelics</b> (acid, mescaline, peyote, mushrooms)?	96%	1%	1%	1%	0%	1%
A57. <b>any other illegal drug or pill</b> to get “high”?	96%	<1%	1%	2%	<1%	1%

During the **past 30 days**, on how many **days on school property** did you...

	0 days	1 day	2 days	3-9 days	10-19 days	20-30 days
A58. smoke cigarettes?	95%	2%	<1%	1%	1%	1%
A59. have at least one drink of alcohol?	87%	6%	3%	1%	1%	2%
A60. smoke marijuana?	89%	4%	1%	1%	2%	3%
A61. use any other illegal drug or pill to get “high”?	96%	1%	1%	1%	1%	1%

How much do people risk harming themselves physically and in other ways when they do the following?

	<u>How Much Risk or Harm</u>			
	Great	Moderate	Slight	None
A62. Smoke cigarettes occasionally	50%	19%	13%	18%
A63. Smoke 1-2 packs of cigarettes each day	65%	12%	6%	17%
A64. Drink alcohol occasionally	44%	22%	20%	15%
A65. Have five or more drinks of an alcoholic beverage once or twice a week	53%	19%	12%	16%
A66. Smoke marijuana occasionally	38%	19%	21%	22%
A67. Smoke marijuana once or twice a week	34%	20%	21%	25%



How difficult is it for students in your grade to get any of the following substances if they really want them?

		Very Difficult	Fairly Difficult	Fairly Easy	Very Easy	Don't Know
A68.	Cigarettes	8%	6%	19%	37%	29%
A69.	Alcohol	7%	8%	22%	42%	21%
A70.	Marijuana	8%	4%	12%	57%	19%

A71. During your life, how many times have you ever driven a car when you had been drinking alcohol, or been in a car driven by a friend when he or she had been drinking?

78%	Never	6%	3 to 6 times
6%	1 time	5%	7 or more times
6%	2 times		

A72. Has using alcohol, marijuana, or other drugs ever caused *you* to have any of the following problems? (Mark all that apply.)

49%	Doesn't apply; I never used alcohol or drugs	4%	Damage a friendship
9%	Have problems with emotions, nerves, or mental health	3%	Physically hurt or injure yourself
4%	Get into trouble or have problems with the police	5%	Have unwanted or unprotected sex
3%	Have money problems	13%	Forget what happened or pass out
8%	Miss school	2%	Have any other problems
6%	Have problems with schoolwork	26%	I've used alcohol or drugs but never had any problems
5%	Fight with other kids		

A73. If you use alcohol, marijuana, or another drug, have you had any of the following experiences? (Mark All That Apply.)

- 54% Does not apply; I have not used alcohol or drugs
- 5% Found you had to increase how much you use to have the same effect as before
- 4% Frequently spent a lot of time getting, using, or being hung over from using alcohol or other drugs
- 8% Used alcohol or drugs a lot more than you intended
- 9% Used alcohol or drugs when you were alone (by yourself)
- 4% Your use of alcohol or drugs often kept you from doing a normal activity, like going to school, working, or doing recreational activities or hobbies (sports, music, art, etc.)
- 3% Often didn't feel OK unless you had something to drink or used a drug
- 14% Thought about reducing (cutting down) or stopping use
- 10% Told yourself you were not going to use but found yourself using anyway
- 7% Spoke with someone about reducing or stopping use
- 2% Attended counseling, a program, or group to help you reduce or stop use
- 23% I use alcohol or drugs but have not experienced any of these things



- A74. During the past **12 months**, have you **talked** with at least one of your **parents** or guardians about the dangers of tobacco, alcohol, or drug use?  
 53% Yes  
 47% No
  
- A75. During the past **12 months**, have you heard, read, or watched any **messages** about not using alcohol, tobacco, or drugs?  
 82% Yes  
 18% No

**Next are questions about violence, safety, harassment, & bullying.**

*During the past **12 months**, how many times **on school property** have you...*

		<u>Happened on School Property</u>			
		0	1	2 to 3	4 or
		times	time	times	more
A76.	been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	80%	11%	5%	4%
A77.	been afraid of being beaten up?	90%	5%	3%	2%
A78.	been in a physical fight?	74%	12%	7%	6%
A79.	had mean rumors or lies spread about you?	65%	17%	11%	6%
A80.	had sexual jokes, comments, or gestures made to you?	60%	11%	13%	17%
A81.	been made fun of because of your looks or the way you talk?	68%	11%	10%	11%
A82.	damaged school property on purpose?	87%	5%	4%	4%
A83.	carried a gun?	96%	1%	1%	2%
A84.	carried any other weapon (such as a knife or club)?	87%	4%	2%	7%
A85.	been threatened or injured with a weapon (gun, knife, club, etc.)?	93%	4%	2%	1%
A86.	seen someone carrying a gun, knife, or other weapon?	62%	17%	10%	12%

*During the past **12 months**, how many times **on school property** have you...*

		<u>Happened on School Property</u>			
		0	1	2 to 3	4 or
		times	time	times	more
A87.	seen someone else being pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	26%	10%	23%	42%
A88.	seen someone else get into a physical fight?	11%	6%	17%	67%
A89.	seen someone else be the target of sexual jokes, comments, or gestures?	26%	11%	20%	43%
A90.	seen someone else being threatened or injured with a weapon (gun, knife, club, etc.)?	71%	9%	8%	13%



During the past **12 months**, how many times **at home or in the community** have you...

		<u>Happened at Home or in the Community</u>			
		<u>0 times</u>	<u>1 time</u>	<u>2 to 3 times</u>	<u>4 or more</u>
A91.	seen someone else being pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	48%	15%	18%	19%
A92.	seen someone else get into a physical fight?	43%	14%	19%	24%
A93.	seen someone else be the target of sexual jokes, comments, or gestures?	63%	8%	9%	20%
A94.	seen someone else being threatened or injured with a weapon (gun, knife, club, etc.)?	60%	14%	13%	13%

During the past **12 months**, how many times **on school property** were you harassed or bullied for any of the following reasons? [You were **bullied** if repeatedly shoved, hit, threatened, called mean names, teased in a way you didn't like, or had other unpleasant things done to you. It is **not bullying** when two students of about the same strength quarrel or fight.]

		<u>0 times</u>	<u>1 time</u>	<u>2 to 3 times</u>	<u>4 or more</u>
A95.	Your race, ethnicity, or national origin	80%	10%	6%	4%
A96.	Your religion	94%	3%	2%	1%
A97.	Your gender (being male or female)	92%	5%	1%	2%
A98.	Because you are gay or lesbian or someone thought you were	86%	5%	4%	4%
A99.	A physical or mental disability	96%	1%	2%	1%
A100.	Any other reason	85%	5%	4%	6%

During the past **12 months**, how many times **on school property** did you see or hear about another student or adult on campus being harassed or bullied for any of the following reasons?

		<u>0 times</u>	<u>1 time</u>	<u>2 to 3 times</u>	<u>4 or more</u>
A101.	Their race, ethnicity, or national origin	56%	12%	17%	14%
A102.	Their religion	78%	9%	8%	5%
A103.	Their gender (being male or female)	83%	7%	5%	5%
A104.	Because they are gay or lesbian or someone thought they were	51%	11%	15%	22%
A105.	A physical or mental disability	67%	6%	15%	12%
A106.	Any other reason	66%	7%	11%	17%



If you experienced or witnessed harassment or bullying for any of the following reasons, which of the following adults on campus would you feel **most** comfortable talking to?

	Teacher	Counselor	Dean	School Administrator	Campus Security	None
A107. Your/their race, ethnicity, or national origin	31%	13%	5%	3%	5%	43%
A108. Your/their religion	22%	14%	4%	2%	3%	56%
A109. Your/their gender (being male or female)	25%	11%	5%	2%	3%	53%
A110. Because you/they are gay or lesbian or someone thought you/they were	19%	10%	4%	3%	3%	61%
A111. A physical or mental disability	17%	9%	5%	5%	4%	60%
A112. Any other reason	22%	8%	5%	4%	4%	56%
A113. How safe do you feel when you are <b>at school</b> ?						
5% Very safe	15%	Unsafe				
22% Safe	6%	Very unsafe				
52% Neither safe nor unsafe						
A114. During the past 30 days, on how many days did you not go to school because you felt unsafe at school or on your way to or from school?						
85% 0 days	5%	2 or 3 days				
7% 1 day	4%	4 or more days				
A115. During the past 12 months, how many times did other students spread mean rumors or lies about you on the internet (i.e. Facebook, MySpace, email, instant message)?						
80% 0 times (never)	6%	2-3 times				
11% 1 time	3%	4 or more times				
A116. Do you consider yourself a member of a gang?						
95% No	5%	Yes				
A117. During the past <b>12 months</b> , did you ever feel so sad or hopeless almost everyday for <b>two weeks or more</b> that you stopped doing some usual activities?						
74% No	26%	Yes				
A118. During the past 12 months, did you ever seriously consider attempting suicide?						
88% No	12%	Yes				
A119. How many questions on this survey did you answer honestly?						
84% All of them						
13% Most of them						
2% Only some of them						
1% Hardly any						



**Please mark on your answer sheet how you feel about each of the following statements.**

*How true do you feel these statements are about you personally?*

		Not At All True	A Little True	Pretty Much True	Very Much True
B1.	I have goals and plans for the future	2%	8%	15%	75%
B2.	I plan to graduate from high school.	1%	3%	9%	87%
B3.	I plan to go to college or some other school after high school.	2%	9%	17%	73%
B4.	I know where to go for help with a problem.	7%	12%	29%	52%
B5.	I try to work out problems by talking or writing about them.	14%	20%	23%	44%
B6.	I can work out my problems.	5%	18%	33%	43%
B7.	I can do most things if I try.	2%	7%	29%	62%
B8.	I can work with someone who has different opinions than mine.	7%	18%	34%	40%
B9.	There are many things that I do well.	2%	10%	32%	56%
B10.	I feel bad when someone gets their feelings hurt.	8%	17%	29%	47%
B11.	I try to understand what other people go through.	6%	13%	24%	57%
B12.	When I need help, I find someone to talk with.	14%	22%	21%	42%
B13.	I enjoy working together with other students my age.	9%	15%	32%	44%
B14.	I stand up for myself without putting others down.	6%	15%	30%	49%
B15.	I try to understand how other people feel and think.	7%	14%	30%	49%
B16.	There is a purpose to my life.	3%	7%	16%	74%
B17.	I understand my moods and feelings.	6%	12%	30%	51%
B18.	I understand why I do what I do.	5%	12%	25%	58%

*Please turn over. There is one more page.*





### How true are these statements about your FRIENDS?

*I have a friend about my own age...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B19. who really cares about me.	5%	9%	22%	65%
B20. who talks with me about my problems.	9%	11%	21%	58%
B21. who helps me when I'm having a hard time.	6%	13%	22%	59%

*My friends...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B22. get into a lot of trouble.	45%	33%	14%	8%
B23. try to do what is right.	6%	21%	34%	40%
B24. do well in school.	4%	20%	43%	34%

### How true are these statements about your HOME or the ADULTS WITH WHOM YOU LIVE?

*In my home, there is a parent or some other adult...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B25. who expects me to follow the rules.	2%	5%	24%	69%
B26. who is interested in my school work.	6%	17%	25%	52%
B27. who believes that I will be a success.	4%	6%	18%	71%
B28. who talks with me about my problems.	16%	20%	17%	46%
B29. who always wants me to do my best.	3%	6%	14%	77%
B30. who listens to me when I have something to say.	11%	15%	20%	53%

*At home...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B31. I do fun things or go fun places with my parents or other adults.	12%	21%	24%	43%
B32. I do things that make a difference.	14%	27%	29%	30%
B33. I help make decisions with my family.	15%	22%	25%	38%





**California Healthy Kids Survey, Spring 2011  
External and Internal Assets – 11<sup>th</sup> Grade (n = 348)**

	Percent of students scoring High, Moderate, and Low in Assets		
	H	M	L
<b>Total External Assets<sup>i</sup></b>	<b>56</b>	<b>40</b>	<b>4</b>
Caring Relationships	63	31	5
High Expectations	70	27	3
Meaningful Participation	37	44	20
<b>School Environment</b>	<b>41</b>	<b>44</b>	<b>15</b>
Caring Relationships: Adults in School <sup>ii</sup>	54	34	12
High Expectations: Adults in School <sup>iii</sup>	70	24	6
Meaningful Participation <sup>iv</sup>	33	32	36
<b>Home Environment</b>	<b>68</b>	<b>26</b>	<b>6</b>
Caring Relationships: Adults in Home <sup>v</sup>	65	24	11
High Expectations: Adults in Home <sup>vi</sup>	90	9	2
Meaningful Participation <sup>vii</sup>	56	29	15
<b>Community Environment</b>	<b>60</b>	<b>29</b>	<b>11</b>
Caring Relationships: Adults in Community <sup>viii</sup>	69	19	12
High Expectations: Adults in Community <sup>ix</sup>	74	16	10
Meaningful Participation <sup>x</sup>	51	27	23
<b>Personal School Connectedness<sup>xi</sup></b>	<b>26</b>	<b>56</b>	<b>18</b>
<b>Peer Environment</b>	<b>64</b>	<b>32</b>	<b>4</b>
Caring Relationships: Peers <sup>xii</sup>	77	16	7
High Expectations: Pro-social peers <sup>xiii</sup>	42	52	6
<b>Total Internal Assets</b>	<b>77</b>	<b>22</b>	<b>1</b>
Cooperation and Communication <sup>xiv</sup>	70	25	5
Self-efficacy <sup>xv</sup>	83	14	3
Empathy <sup>xvi</sup>	75	17	8
Problem Solving <sup>xvii</sup>	64	27	9
Self-awareness <sup>xviii</sup>	81	14	5
Goals and Aspirations <sup>xix</sup>	93	6	2



---

<sup>i</sup> Average of assets in school, home, community, and peer environments.

<sup>ii</sup> Survey items: A10, A12

<sup>iii</sup> Survey items: A11, A13, A15

<sup>iv</sup> Survey items: A16, A17, A18

<sup>v</sup> Survey items: B26, B28, B30

<sup>vi</sup> Survey items: B25, B27, B29

<sup>vii</sup> Survey items: B31, B32, B33

<sup>viii</sup> Survey items: A19, A21, A24

<sup>ix</sup> Survey items: A20, A22, A23

<sup>x</sup> Survey items: A25, A26, A27

<sup>xi</sup> Survey items: A5, A6, A7, A8, A9

<sup>xii</sup> Survey items: B19, B20, B21

<sup>xiii</sup> Survey items: B22, B23, B24

<sup>xiv</sup> Survey items: B8, B13, B14

<sup>xv</sup> Survey items: B6, B7, B9

<sup>xvi</sup> Survey items: B10, B11, B15

<sup>xvii</sup> Survey items: B4, B5, B12

<sup>xviii</sup> Survey items: B16, B17, B18

<sup>xix</sup> Survey items: B1, B2, B3

## Appendix G:

### Continuation High CHKS Frequencies



## Duke Ellington Continuation High School

### High School Questionnaire

2010-11

#### Frequencies (n = 70)

This survey asks about your behavior, experiences, and attitudes related to health, well-being, and schooling. It includes questions about use of alcohol, tobacco, and other drugs; bullying and violence; and what you do at school and how you feel about it.

You do not have to answer these questions, **but your answers will be very helpful in improving school and health programs.** You will be able to answer whether or not you have done or experienced any of these things.

**Please do not write your name on this form. Do not identify yourself in any other way.**

Please **circle all of your answers** on the survey. Mark only one answer unless told to "Mark All That Apply."

This survey asks about things you may have done during different periods of time, such as during your **lifetime** (for example, did you ever do something?), or the past **12 months**, or **30 days**. Each provides different information. Please pay careful attendance to these time periods.

**Thank you for taking this survey!**



**First, we would like some background information about you.**

- A1. What is your sex?  
 46% Male  
 54% Female
  
- A2. What grade are you in?  
 9<sup>th</sup> grade 100% Continuation High  
 11<sup>th</sup> grade
  
- A3. How do you describe yourself? (*Mark All That Apply.*)  
 6% American Indian or Alaska Native 29% Hispanic or Latino/Latina  
 4% Native Hawaiian or Pacific Islander 3% White or Caucasian (non-Hispanic)  
 1% Asian or Asian American 4% Other  
 69% Black or African American (non-Hispanic)
  
- A4. What best describes where you live? (A home includes a house, apartment, trailer, or mobile home).  
*Mark All That Apply.*  
 25% A home with both parents 0% Migrant housing  
 58% A home with only one parent 1% Shelter  
 9% Other relative's home 1% On the street (no fixed housing), car or van,  
 0% A home with more than one family park, campground or abandoned building  
 1% Friend's home  
 9% Foster home, group care, or waiting placement 0% Other transitional or temporary housing  
 1% Hotel or motel 1% Other living arrangement

**Please mark on your survey how TRUE you feel each of the following statements are about your SCHOOL and things you might do there.**

*How strongly do you agree or disagree with the following statements about your school?*

		Strongly Disagree	Disagree	Neither Disagree Nor Agree	Agree	Strongly Agree
A5.	I feel close to people at this school.	9%	21%	39%	27%	4%
A6.	I am happy to be at this school.	9%	6%	28%	39%	18%
A7.	I feel like I am a part of this school.	8%	9%	40%	28%	15%
A8.	The teachers at this school treat students fairly.	9%	14%	26%	42%	9%
A9.	I feel safe in my school.	6%	9%	34%	37%	14%



*At my school, there is a teacher or some other adult...*

		Not At All True	A Little True	Pretty Much True	Very Much True
A10.	who really cares about me.	6%	32%	36%	26%
A11.	who tells me when I do a good job.	10%	20%	38%	32%
A12.	who notices when I'm not there.	10%	15%	31%	44%
A13.	who always wants me to do my best.	6%	18%	28%	48%
A14.	who listens to me when I have something to say.	15%	13%	32%	40%
A15.	who believes that I will be a success.	7%	19%	23%	51%

*At school,...*

		Not At All True	A Little True	Pretty Much True	Very Much True
A16.	I do interesting activities.	21%	36%	26%	17%
A17.	I help decide things like class activities or rules.	49%	28%	16%	7%
A18.	I do things that make a difference.	27%	27%	21%	25%

**The next statements are about what might occur outside your school or home, such as in your NEIGHBORHOOD, COMMUNITY, or with an ADULT other than your parents or guardian.**

*Outside of my home and school, there is an adult...*

		Not At All True	A Little True	Pretty Much True	Very Much True
A19.	who really cares about me.	7%	7%	17%	68%
A20.	who tells me when I do a good job.	6%	15%	19%	60%
A21.	who notices when I am upset about something.	1%	21%	19%	59%
A22.	who believes that I will be a success.	4%	4%	18%	74%
A23.	who always wants me to do my best.	4%	6%	12%	78%
A24.	whom I trust.	6%	18%	12%	64%

*Outside of my home and school,...*

		Not At All True	A Little True	Pretty Much True	Very Much True
A25.	I am part of clubs, sports teams, church/temple, or other group activities.	50%	7%	17%	26%
A26.	I am involved in music, art, literature, sports, or a hobby.	34%	15%	18%	33%
A27.	I help other people.	16%	13%	32%	38%



A28. Did you eat breakfast today?  
 70% No  
 30% Yes

**The next questions ask about the use of alcohol, tobacco, marijuana, and other drugs *without a doctor’s order* (prescription for medical reasons).**

**Keep the following definitions in mind.**

- **One drink of ALCOHOL, or alcohol drink (beverage), means one regular size can/bottle of beer or wine cooler, one glass of wine, one mixed drink, or one shot glass of liquor.**
- **Questions about alcohol do not include drinking a few sips of wine for religious purposes.**
- **DRUG means any substance, including pills and medications, used to get “high” (“loaded”, “stoned”, or “wasted”) other than alcohol or tobacco.**

During your **life**, how many times have you used or tried the following substances without a doctor’s order?

		<u>Number of Times</u>					
		0	1 time	2	3	4-6	7 or more
		times		times	times	times	times
A29.	A <b>whole</b> cigarette	62%	10%	3%	6%	7%	12%
A30.	One <b>full drink of alcohol</b> (such as a can of beer, glass of wine, wine cooler, or shot of liquor)	25%	15%	6%	13%	18%	24%
A31.	<b>Marijuana</b> (pot, weed, grass, hash, bud)	26%	13%	10%	9%	3%	40%
A32.	<b>Inhalants</b> (things you sniff, huff, or breathe to get “high” such as glue, paint, aerosol sprays, gasoline, poppers, gases)	87%	3%	0%	3%	1%	6%
A33.	<b>Cocaine</b> (any form, coke, crack, rock, base, snort)	89%	4%	0%	1%	3%	3%
A34.	<b>Methamphetamine or any amphetamines</b> (meth, speed, crystal, crank, ice)	93%	1%	0%	3%	0%	3%
A35.	<b>Derbisol</b> (DB, derbs, dirt)	97%	0%	3%	0%	0%	0%
A36.	<b>LSD or other psychedelics</b> (acid, mescaline, peyote, mushrooms)	91%	1%	3%	3%	0%	1%
A37.	<b>Ecstasy</b> (E, X, EXTC, MDMA)	79%	1%	4%	6%	3%	7%
A38.	<b>Heroin</b> (smack, junk, China white, black tar)	97%	1%	0%	0%	1%	0%
A39.	<b>Any other illegal drug or pill</b> to get “high”	81%	6%	1%	3%	1%	7%



During your **life**, how many times have you used or tried the following pills or medications without a doctor's order (to get "high" or "stoned")?

		<u>Number of Times</u>					
		<u>0</u>	<u>1 time</u>	<u>2</u>	<u>3</u>	<u>4-6</u>	<u>7 or more</u>
		<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>
A40.	<b>Prescription pain killers</b> (Vicodin, OxyContin, Percodan, Lortab)	83%	6%	1%	4%	3%	3%
A41.	<b>Barbiturates</b> (Seconol, Nembutol, Amital, reds, yellow jackets)	97%	3%	0%	0%	0%	0%
A42.	<b>Tranquilizers, or sedatives</b> , (tranks, libs, Xanax, Valium, Ativan, Librium, Klonopin, bezodiazepine (benzos))	96%	1%	3%	0%	0%	0%
A43.	<b>Cold/Cough Medicines</b> (Triple-C's, Coricidin Cough, Sudafed, TheraFlu, Tylenol Cough)	73%	4%	6%	6%	1%	10%
A44.	<b>Diet Pills</b> (Didrex, Dexedrine, Zinadrine, Skittles, M&M's)	93%	3%	0%	3%	0%	1%
A45.	<b>Ritalin or Adderall</b> (JIF, R-ball, Skippy, the smart drug)	97%	1%	1%	0%	0%	0%

During your **life**, how many times have you been...

		<u>Number of Times</u>					
		<u>0</u>	<u>1 time</u>	<u>2</u>	<u>3</u>	<u>4-6</u>	<u>7 or more</u>
		<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>	<u>times</u>
A46.	very drunk or sick after drinking <b>alcohol</b> ?	48%	20%	13%	9%	4%	6%
A47.	"high" (loaded, stoned, or wasted) from using <b>drugs</b> ?	49%	4%	4%	7%	4%	30%
A48.	drunk on alcohol or "high" on drugs <b><u>on school property</u></b> ?	67%	7%	6%	1%	6%	13%





During the past **30 days**, on how many **days** did you use...

	0 days	1 day	2 days	3-9 days	10-19 days	20-30 days
A49. <b>cigarettes?</b>	79%	10%	3%	1%	1%	6%
A50. <b>at least one drink of alcohol?</b>	65%	10%	10%	7%	3%	4%
A51. <b>five or more drinks of alcohol</b> in a row, that is, within a couple of hours?	74%	11%	3%	1%	3%	7%
A52. <b>marijuana</b> (pot, weed, grass, hash, bud)?	59%	7%	10%	7%	0%	17%
A53. <b>inhalants</b> (things you sniff, huff, or breathe to get “high”)?	94%	1%	0%	1%	1%	1%
A54. <b>cocaine</b> (any form, coke, crack, rock, base, snort)?	96%	0%	3%	0%	0%	1%
A55. <b>methamphetamine or amphetamines</b> (meth, speed, crystal, crank, ice)?	97%	0%	1%	0%	0%	1%
A56. <b>ecstasy, LSD or other psychedelics</b> (acid, mescaline, peyote, mushrooms)?	90%	9%	0%	0%	0%	1%
A57. <b>any other illegal drug or pill</b> to get “high”?	94%	1%	0%	1%	1%	1%

During the **past 30 days**, on how many **days on school property** did you...

	0 days	1 day	2 days	3-9 days	10-19 days	20-30 days
A58. smoke cigarettes?	93%	4%	0%	1%	0%	1%
A59. have at least one drink of alcohol?	88%	6%	4%	0%	1%	0%
A60. smoke marijuana?	83%	4%	4%	3%	0%	6%
A61. use any other illegal drug or pill to get “high”?	90%	4%	0%	3%	0%	3%

How much do people risk harming themselves physically and in other ways when they do the following?

	<u>How Much Risk or Harm</u>			
	Great	Moderate	Slight	None
A62. Smoke cigarettes occasionally	44%	21%	16%	19%
A63. Smoke 1-2 packs of cigarettes each day	65%	4%	10%	21%
A64. Drink alcohol occasionally	38%	23%	20%	19%
A65. Have five or more drinks of an alcoholic beverage once or twice a week	55%	17%	10%	17%
A66. Smoke marijuana occasionally	32%	10%	29%	29%
A67. Smoke marijuana once or twice a week	30%	23%	20%	26%



*How difficult is it for students in your grade to get any of the following substances if they really want them?*

		Very Difficult	Fairly Difficult	Fairly Easy	Very Easy	Don't Know
A68.	Cigarettes	13%	3%	11%	50%	23%
A69.	Alcohol	13%	9%	19%	43%	16%
A70.	Marijuana	10%	3%	9%	61%	17%

A71. During your life, how many times have you ever driven a car when you had been drinking alcohol, or been in a car driven by a friend when he or she had been drinking?

72%	Never	10%	3 to 6 times
3%	1 time	7%	7 or more times
7%	2 times		

A72. Has using alcohol, marijuana, or other drugs ever caused you to have any of the following problems? *(Mark all that apply.)*

26%	Doesn't apply; I never used alcohol or drugs	13%	Damage a friendship
15%	Have problems with emotions, nerves, or mental health	3%	Physically hurt or injure yourself
7%	Get into trouble or have problems with the police	15%	Have unwanted or unprotected sex
12%	Have money problems	15%	Forget what happened or pass out
19%	Miss school	7%	Have any other problems
6%	Have problems with schoolwork	35%	I've used alcohol or drugs but never had any problems
12%	Fight with other kids		

A73. If you use alcohol, marijuana, or another drug, have you had any of the following experiences? *(Mark All That Apply.)*

32%	Does not apply; I have not used alcohol or drugs
17%	Found you had to increase how much you use to have the same effect as before
9%	Frequently spent a lot of time getting, using, or being hung over from using alcohol or other drugs
11%	Used alcohol or drugs a lot more than you intended
14%	Used alcohol or drugs when you were alone (by yourself)
8%	Your use of alcohol or drugs often kept you from doing a normal activity, like going to school, working, or doing recreational activities or hobbies (sports, music, art, etc.)
9%	Often didn't feel OK unless you had something to drink or used a drug
29%	Thought about reducing (cutting down) or stopping use
14%	Told yourself you were not going to use but found yourself using anyway
9%	Spoke with someone about reducing or stopping use
3%	Attended counseling, a program, or group to help you reduce or stop use
18%	I use alcohol or drugs but have not experienced any of these things



- A74. During the past **12 months**, have you **talked** with at least one of your **parents** or guardians about the dangers of tobacco, alcohol, or drug use?  
 62% Yes  
 38% No
- A75. During the past **12 months**, have you heard, read, or watched any **messages** about not using alcohol, tobacco, or drugs?  
 88% Yes  
 12% No

**Next are questions about violence, safety, harassment, & bullying.**

*During the past **12 months**, how many times **on school property** have you...*

		<u>Happened on School Property</u>			
		<u>0</u>	<u>1</u>	<u>2 to 3</u>	<u>4 or</u>
		<u>times</u>	<u>time</u>	<u>times</u>	<u>more</u>
A76.	been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	85%	7%	6%	1%
A77.	been afraid of being beaten up?	93%	3%	1%	3%
A78.	been in a physical fight?	71%	7%	7%	14%
A79.	had mean rumors or lies spread about you?	71%	13%	6%	10%
A80.	had sexual jokes, comments, or gestures made to you?	75%	4%	9%	12%
A81.	been made fun of because of your looks or the way you talk?	81%	7%	4%	7%
A82.	damaged school property on purpose?	87%	7%	1%	4%
A83.	carried a gun?	89%	4%	3%	4%
A84.	carried any other weapon (such as a knife or club)?	77%	9%	4%	10%
A85.	been threatened or injured with a weapon (gun, knife, club, etc.)?	91%	4%	1%	3%
A86.	seen someone carrying a gun, knife, or other weapon?	66%	9%	9%	17%

*During the past **12 months**, how many times **on school property** have you...*

		<u>Happened on School Property</u>			
		<u>0</u>	<u>1</u>	<u>2 to 3</u>	<u>4 or</u>
		<u>times</u>	<u>time</u>	<u>times</u>	<u>more</u>
A87.	seen someone else being pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	50%	10%	26%	14%
A88.	seen someone else get into a physical fight?	43%	10%	17%	30%
A89.	seen someone else be the target of sexual jokes, comments, or gestures?	50%	10%	20%	20%
A90.	seen someone else being threatened or injured with a weapon (gun, knife, club, etc.)?	70%	11%	11%	7%



During the past **12 months**, how many times **at home or in the community** have you...

		<u>Happened at Home or in the Community</u>			
		<u>0</u>	<u>1</u>	<u>2 to 3</u>	<u>4 or more</u>
		<u>times</u>	<u>time</u>	<u>times</u>	<u>more</u>
A91.	seen someone else being pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	36%	17%	17%	30%
A92.	seen someone else get into a physical fight?	21%	16%	23%	40%
A93.	seen someone else be the target of sexual jokes, comments, or gestures?	45%	20%	10%	25%
A94.	seen someone else being threatened or injured with a weapon (gun, knife, club, etc.)?	53%	11%	14%	21%

During the past **12 months**, how many times **on school property** were you harassed or bullied for any of the following reasons? [You were **bullied** if repeatedly shoved, hit, threatened, called mean names, teased in a way you didn't like, or had other unpleasant things done to you. It is **not bullying** when two students of about the same strength quarrel or fight.]

		<u>0</u>	<u>1</u>	<u>2 to 3</u>	<u>4 or more</u>
		<u>times</u>	<u>time</u>	<u>times</u>	<u>more</u>
A95.	Your race, ethnicity, or national origin	86%	4%	7%	3%
A96.	Your religion	90%	6%	3%	1%
A97.	Your gender (being male or female)	93%	4%	3%	0%
A98.	Because you are gay or lesbian or someone thought you were	90%	6%	3%	1%
A99.	A physical or mental disability	94%	3%	3%	0%
A100.	Any other reason	79%	3%	10%	9%

During the past **12 months**, how many times **on school property** did you see or hear about another student or adult on campus being harassed or bullied for any of the following reasons?

		<u>0</u>	<u>1</u>	<u>2 to 3</u>	<u>4 or more</u>
		<u>times</u>	<u>time</u>	<u>times</u>	<u>more</u>
A101.	Their race, ethnicity, or national origin	76%	7%	15%	1%
A102.	Their religion	85%	10%	4%	0%
A103.	Their gender (being male or female)	90%	6%	3%	1%
A104.	Because they are gay or lesbian or someone thought they were	59%	10%	19%	12%
A105.	A physical or mental disability	77%	6%	12%	6%
A106.	Any other reason	75%	3%	10%	12%



If you experienced or witnessed harassment or bullying for any of the following reasons, which of the following adults on campus would you feel **most** comfortable talking to?

	Teacher	Counselor	Dean	School Administrator	Campus Security	None
A107. Your/their race, ethnicity, or national origin	24%	13%	9%	7%	1%	46%
A108. Your/their religion	21%	14%	5%	3%	2%	56%
A109. Your/their gender (being male or female)	21%	12%	3%	3%	3%	58%
A110. Because you/they are gay or lesbian or someone thought you/they were	16%	16%	1%	1%	1%	63%
A111. A physical or mental disability	18%	19%	1%	6%	1%	54%
A112. Any other reason	19%	16%	0%	7%	4%	53%
A113. How safe do you feel when you are <b>at school</b> ?						
9% Very safe	6% Unsafe					
31% Safe	6% Very unsafe					
49% Neither safe nor unsafe						
A114. During the past 30 days, on how many days did you not go to school because you felt unsafe at school or on your way to or from school?						
76% 0 days	16% 2 or 3 days					
7% 1 day	1% 4 or more days					
A115. During the past 12 months, how many times did other students spread mean rumors or lies about you on the internet (i.e. Facebook, MySpace, email, instant message)?						
79% 0 times (never)	7% 2-3 times					
7% 1 time	7% 4 or more times					
A116. Do you consider yourself a member of a gang?						
84% No	16% Yes					
A117. During the past <b>12 months</b> , did you ever feel so sad or hopeless almost everyday for <b>two weeks or more</b> that you stopped doing some usual activities?						
65% No	35% Yes					
A118. During the past 12 months, did you ever seriously consider attempting suicide?						
90% No	10% Yes					
A119. How many questions on this survey did you answer honestly?						
87% All of them						
10% Most of them						
1% Only some of them						
1% Hardly any						



**Please mark on your answer sheet how you feel about each of the following statements.**

*How true do you feel these statements are about you personally?*

		Not At All True	A Little True	Pretty Much True	Very Much True
B1.	I have goals and plans for the future	3%	4%	14%	78%
B2.	I plan to graduate from high school.	3%	3%	9%	86%
B3.	I plan to go to college or some other school after high school.	9%	6%	7%	78%
B4.	I know where to go for help with a problem.	12%	7%	20%	61%
B5.	I try to work out problems by talking or writing about them.	18%	10%	21%	51%
B6.	I can work out my problems.	9%	19%	16%	57%
B7.	I can do most things if I try.	3%	9%	16%	72%
B8.	I can work with someone who has different opinions than mine.	10%	15%	21%	54%
B9.	There are many things that I do well.	1%	9%	19%	71%
B10.	I feel bad when someone gets their feelings hurt.	10%	25%	17%	48%
B11.	I try to understand what other people go through.	4%	22%	19%	55%
B12.	When I need help, I find someone to talk with.	16%	16%	20%	48%
B13.	I enjoy working together with other students my age.	12%	14%	23%	51%
B14.	I stand up for myself without putting others down.	4%	10%	20%	65%
B15.	I try to understand how other people feel and think.	9%	18%	19%	54%
B16.	There is a purpose to my life.	6%	7%	13%	74%
B17.	I understand my moods and feelings.	10%	17%	12%	61%
B18.	I understand why I do what I do.	10%	7%	15%	68%

*Please turn over. There is one more page.*



### How true are these statements about your FRIENDS?

*I have a friend about my own age...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B19. who really cares about me.	10%	4%	25%	61%
B20. who talks with me about my problems.	12%	9%	23%	57%
B21. who helps me when I'm having a hard time.	13%	7%	25%	55%

*My friends...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B22. get into a lot of trouble.	45%	22%	14%	19%
B23. try to do what is right.	9%	10%	36%	45%
B24. do well in school.	9%	13%	29%	49%

### How true are these statements about your HOME or the ADULTS WITH WHOM YOU LIVE?

*In my home, there is a parent or some other adult...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B25. who expects me to follow the rules.	3%	3%	26%	68%
B26. who is interested in my school work.	6%	14%	22%	58%
B27. who believes that I will be a success.	9%	12%	13%	67%
B28. who talks with me about my problems.	19%	16%	16%	49%
B29. who always wants me to do my best.	4%	13%	20%	62%
B30. who listens to me when I have something to say.	16%	13%	13%	58%

*At home...*

	Not At All True	A Little True	Pretty Much True	Very Much True
B31. I do fun things or go fun places with my parents or other adults.	21%	10%	29%	40%
B32. I do things that make a difference.	13%	19%	26%	41%
B33. I help make decisions with my family.	22%	12%	28%	39%





**Duke Ellington Continuation High  
California Healthy Kids Survey, Spring 2011  
External and Internal Assets – High School (n = 70)**

	Percent of students scoring High, Moderate, and Low in Assets		
	H	M	L
<b>Total External Assets<sup>i</sup></b>	<b>59</b>	<b>36</b>	<b>5</b>
Caring Relationships	71	23	6
High Expectations	78	19	3
Meaningful Participation	28	51	21
<b>School Environment</b>	<b>44</b>	<b>39</b>	<b>17</b>
Caring Relationships: Adults in School <sup>ii</sup>	68	24	8
High Expectations: Adults in School <sup>iii</sup>	68	29	3
Meaningful Participation <sup>iv</sup>	26	37	37
<b>Home Environment</b>	<b>66</b>	<b>22</b>	<b>12</b>
Caring Relationships: Adults in Home <sup>v</sup>	67	19	14
High Expectations: Adults in Home <sup>vi</sup>	83	12	6
Meaningful Participation <sup>vii</sup>	59	26	15
<b>Community Environment</b>	<b>75</b>	<b>18</b>	<b>7</b>
Caring Relationships: Adults in Community <sup>viii</sup>	81	13	6
High Expectations: Adults in Community <sup>ix</sup>	85	9	6
Meaningful Participation <sup>x</sup>	44	28	28
<b>Personal School Connectedness<sup>xi</sup></b>	<b>32</b>	<b>54</b>	<b>14</b>
<b>Peer Environment</b>	<b>71</b>	<b>17</b>	<b>12</b>
Caring Relationships: Peers <sup>xii</sup>	75	13	12
High Expectations: Pro-social peers <sup>xiii</sup>	58	33	9
<b>Total Internal Assets</b>	<b>76</b>	<b>22</b>	<b>1</b>
Cooperation and Communication <sup>xiv</sup>	72	23	4
Self-efficacy <sup>xv</sup>	84	10	6
Empathy <sup>xvi</sup>	62	30	7
Problem Solving <sup>xvii</sup>	71	20	9
Self-awareness <sup>xviii</sup>	76	15	9
Goals and Aspirations <sup>xix</sup>	88	9	3





---

<sup>i</sup> Average of assets in school, home, community, and peer environments.

<sup>ii</sup> Survey items: A10, A12

<sup>iii</sup> Survey items: A11, A13, A15

<sup>iv</sup> Survey items: A16, A17, A18

<sup>v</sup> Survey items: B26, B28, B30

<sup>vi</sup> Survey items: B25, B27, B29

<sup>vii</sup> Survey items: B31, B32, B33

<sup>viii</sup> Survey items: A19, A21, A24

<sup>ix</sup> Survey items: A20, A22, A23

<sup>x</sup> Survey items: A25, A26, A27

<sup>xi</sup> Survey items: A5, A6, A7, A8, A9

<sup>xii</sup> Survey items: B19, B20, B21

<sup>xiii</sup> Survey items: B22, B23, B24

<sup>xiv</sup> Survey items: B8, B13, B14

<sup>xv</sup> Survey items: B6, B7, B9

<sup>xvi</sup> Survey items: B10, B11, B15

<sup>xvii</sup> Survey items: B4, B5, B12

<sup>xviii</sup> Survey items: B16, B17, B18

<sup>xix</sup> Survey items: B1, B2, B3